13TH ANNUAL
PROFESSIONAL
SCHOOL
COUNSELOR
CONFERENCE
EMPOWERING THE LEADER WITHIN!
#TCSA18

FEBRUARY 18-20, 2018 | MOODY GARDENS HOTEL | GALVESTON, TX
GET THE CONFERENCE APP

1 OPEN your device's store:
   a. Apple: App Store
   b. Android: Play Store

2 SEARCH for CrowdCompass AttendeeHub

3 DOWNLOAD / INSTALL

Desktop web version: https://crowd.cc/tsca18

If you’re using a Blackberry or Windows phone you’ll need to use the web version of the app found here: https://crowd.cc/tsca18

Use #TSCA18 to connect with us on social media!

Wi-Fi at Moody Gardens is free and open to the public.
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**13th Annual Professional School Counselor Conference**
LETTER FROM THE PRESIDENT

Welcome to the 2018 Professional School Counselor Conference! I am honored to serve as your Texas School Counselor Association’s President. We share a common goal, to provide our students with the social, emotional, and academic support they need.

TSCA supports all professional school counselors in Texas. We request and listen to your feedback. The programs selected for the 13th Annual Professional School Counselor Conference (#TSCA18) reflect your priorities. Our keynote speakers on Monday, Drs. Ed Jacobs and Christine Schimmel, will discuss creativity in school counseling. On Tuesday, Dr. Omékongo Dibinga will motivate us by focusing on strength, resiliency, and being an UPstander.

Every activity at #TSCA18 is designed to build connections and empower the leader within each of us. Our programs will cover pertinent school counselor topics, including three sessions on the TEA endorsed Texas Model for Comprehensive School Counseling Programs, 5th Edition. This year we are again hosting your administrators for free and have provided a selection of programs that will help them better understand what you do as a professional school counselor.

In addition to recognizing the 70 campuses receiving the prestigious CREST Award, we will honor the winners of the TSCA Rhosine Fleming Professional Recognition Awards.

Thank you for being part of TSCA, the voice of school counseling in Texas. TSCA is 51 years strong! The TSCA board continues to work on your behalf to promote school counselors. Strategic planning is underway for #TSCA2020. Drop by the TSCA booth in the exhibit hall to learn more and share your voice.

TSCA is your advocate, your friend, and your family. I look forward to visiting with you throughout these three days of engagement, professional development, and fellowship.

Sincerely,

Ernest Cox, Jr., TSCA President

#TSCA2020
texasschoolcounselorassoc@gmail.com
## CONFERENCE OVERVIEW

### 13th Annual Professional School Counselor Conference

All events will be held at the Moody Gardens Hotel, Spa & Convention Center. Schedule changes will be posted in the exhibit hall, announced during both General Sessions, and posted in the conference app.

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### SUNDAY, FEBRUARY 18, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>9–11 am</td>
<td>Learning Institutes Registration ONLY</td>
<td>Convention Center, Level 1</td>
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<tr>
<td>11 am–6 pm</td>
<td>Learning Institutes (Additional Fee)</td>
<td>Convention Center, Level 2</td>
</tr>
<tr>
<td>11 am–2 pm</td>
<td>Exhibitor Move In</td>
<td>Expo B</td>
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<tr>
<td>2–6 pm</td>
<td>Conference Registration Open</td>
<td>Expo B</td>
</tr>
<tr>
<td>2–6:30 pm</td>
<td>Exhibit Hall Open</td>
<td>Expo B</td>
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<tr>
<td>2:30–4 pm</td>
<td>1.5-Hour Programs</td>
<td>Meeting Rooms</td>
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<tr>
<td>3–6 pm</td>
<td>3-Hour Programs</td>
<td>Meeting Rooms</td>
</tr>
<tr>
<td>5–6:30 pm</td>
<td>Kick-Off Reception</td>
<td>Expo B</td>
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<tr>
<td>4:30–6 pm</td>
<td>1.5-Hour Programs</td>
<td>Meeting Rooms</td>
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### MONDAY, FEBRUARY 19, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7 am–5 pm</td>
<td>Conference Registration Open</td>
<td>Expo B</td>
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<tr>
<td>7:30 am–6:30 pm</td>
<td>Exhibit Hall Open</td>
<td>Expo B</td>
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<tr>
<td>8–10 am</td>
<td>General Session</td>
<td>Expo C</td>
</tr>
<tr>
<td>10:30 am–Noon</td>
<td>1.5-Hour Programs</td>
<td>Meeting Rooms</td>
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<tr>
<td>12:30–2 pm</td>
<td>1.5-Hour Programs</td>
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<td>1.5-Hour Programs</td>
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<td>3–6 pm</td>
<td>3-Hour Programs</td>
<td>Meeting Rooms</td>
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<tr>
<td>4:30–6 pm</td>
<td>1.5-Hour Programs</td>
<td>Meeting Rooms</td>
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### TUESDAY, FEBRUARY 20, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7–10:30 am</td>
<td>Conference Registration Open</td>
<td>Expo B</td>
</tr>
<tr>
<td>7:30 am–12:30 pm</td>
<td>Exhibit Hall Open</td>
<td>Expo B</td>
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<tr>
<td>8:30–10 am</td>
<td>1.5-Hour Programs</td>
<td>Meeting Rooms</td>
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<tr>
<td>10:30 am–Noon</td>
<td>Second General Session</td>
<td>Expo C</td>
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<tr>
<td>Noon</td>
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<tr>
<td>12:30–5 pm</td>
<td>Exhibitor Move Out</td>
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### CONTINUING EDUCATION RECORD

#### 13th Annual Professional School Counselor Conference
Galveston, Texas – February 18-20, 2018

Retain this Continuing Education Record for at least 5 (five) years. TCA does not provide CE certificates for each conference program. List each program that you attend. Sign in within 15 minutes of the program start time. Initial in the last column upon completion of the program. Save this form to verify your CE hours for the credentialing or licensing boards. Leaving before a program ends may result in the loss of CE hours.

<table>
<thead>
<tr>
<th>Time</th>
<th>Program Title</th>
<th>Speaker</th>
<th># of CE Hours</th>
<th>Initial Upon Completion</th>
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<tr>
<td>SUNDAY, FEBRUARY 18, 2018</td>
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<tr>
<td>11 am-6 pm</td>
<td>Learning Institute</td>
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<td>2:30-4 pm</td>
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| MONDAY, FEBRUARY 19, 2018 |                                |                                  |               |                         |
| 8-10 am         | General Session                | Less Time/More Counseling        | 1.5           |                         |
| 10:30 am-Noon  |                                | Ed Jacobs & Christine Schimmel   |               |                         |
| 12:30-2 pm     |                                |                                  | 1.5           |                         |
| 2:30-4 pm      |                                |                                  | 1.5           |                         |
| 3-6 pm         |                                |                                  | 3             |                         |
| 4:30-6 pm      |                                |                                  | 1.5           |                         |

| TUESDAY, FEBRUARY 20, 2018 |                                |                                  |               |                         |
| 8:30-10 am      | General Session                | The Reinvention Roadmap          | 1.5           |                         |
| 10:30 am-Noon  |                                | Omékongo Dibinga                 |               |                         |

Total CE Hours ________

All programs are eligible for LPC, NBCC, LMFT, SBEC, Social Worker, Psychologist and Licensed Specialist in School Psychology continuing education hours. Programs listed as “Ethics & Legal Issues” or “Counselor Supervision” in the conference program book qualify for Ethics and/or Supervisor CE hours, as listed.

TCA’s CE Hour Provider Numbers: NBCC - 2044; LPC – 231; LMFT – 404; SW – 4822; SBEC – 500344

I certify that the information presented on this form is complete and accurate.

Signature ____________________________ Printed Name ____________________________ License Cert.# ____________________________

Address: __________________________________________________________________________
City: __________ State: _________ Zip: __________
Email: ___________________________________________________________________________
Date: _______________

10% Risk Management Discount, TCA’s 13th Annual Professional School Counselor Conference

Galveston, TX – February 18 - 20, 2018

*Coverage is available to eligible residents of the United States of America and Puerto Rico.
*Discount available for individual policies only and does NOT apply to private practice or business policies (i.e. LLC, PC, INC or practices with multiple employees)
*Discount applies at each renewal for three years

Instructions:
1. You must secure a total of 6.0 Contact Hours (0.6 CEUs) or more by attending a combination of approved Learning Institutes (LiSs), 90 minute and or 60 minute education sessions from the Conference Program Guide. Pre-conference sessions are approved. Poster sessions are not eligible. Sessions that do not grant CE are not inclusive to this discount.
2. Sign the form. Unsigned forms will not be processed.
3. A) If you are a current HPSO customer with an individual professional liability insurance policy then you may fax a copy of this form to 1-800-758-3635. You may also take a picture and email it to service@hpsso.com.
   B) If you are not currently an HPSO customer, please contact www.HPSO.com to apply online for coverage. Once a policy number is obtained, email or scan a picture of this form to service@hpsso.com.
   C) Discount available for individual policies only and does not apply to practice or business policies.

Return the completed application and a copy of this form to HPSO at:
Healthcare Providers Service Organization
1100 Virginia Drive, Suite 250
Fort Washington, PA 19034

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<th>Name:</th>
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<td>Address:</td>
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<tr>
<td>City/State/Zip:</td>
<td>Policy Number:</td>
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Please list the Approved Sessions and/or Workshops you attended below.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Title</th>
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</table>

Total CE Amount (You must secure a total of 6.0 CEUs or more)

I certify that the information I have reported on this form is complete and accurate.
Signature ___________________________ Date: ____________

All sessions are approved.
GENERAL INFORMATION

LOCATION
All programs and events will be held at:

**Moody Gardens Hotel, Spa and Convention Center**
Seven Hope Boulevard, Galveston, TX 77554
888-388-8484

WiFi
Moody Gardens Hotel has open, free public Wi-Fi.

LOCAL ATTRACTIONS
Visit galveston.com for more information.

FOOD AND BEVERAGE
Visit galveston.com/cuisine for a wide range of options to fit everyone's budget and taste. Options on site include:

- **Café in the Park:** Open daily, 6:30 am-10 pm
- **Moody Brews:** Open daily 7 am-4 pm
- **Lobby Bar:** Open Sunday-Thursday, 11 am-Midnight
  Friday-Saturday 11 am-1 am
- **Concessions:**
  - Sunday: N/A
  - Monday: 7 am-2 pm
  - Tuesday: 7 am-12:30 pm

UPDATE AND PROGRAM CHANGES
Program and event changes, updates, and cancellations will be announced at each General Session, posted in the conference app, and posted in the exhibit hall near registration.

CONTINUING EDUCATION HOURS (CE)
Learning Institutes, programs, and Keynote programs are eligible to receive LPC, LMFT, NBCC, SBEC, Social Worker, Psychologist, and Licensed Specialist in School Psychology continuing education hours. Programs listed as "Ethics & Legal Issues" or "Counselor Supervision" qualify for Ethics or Supervision CE hours, as listed.

TCA only provides CE certificates for Learning Institutes. It is your responsibility to track and initial your attendance and hours earned at each session you attend using the Continuing Education Record in this on-site program book. A downloadable Continuing Education Record pdf is available in the conference app.

TRANSPORTATION

AIRPORT
For more information on airports and airport transportation, visit www.txa.org/PSCC and select "Hotel/Travel" from the top menu.

CONFERENCE SHUTTLE
<table>
<thead>
<tr>
<th>2/18/2018</th>
<th>2/19/2018</th>
<th>2/20/2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUNDAY</td>
<td>MONDAY</td>
<td>TUESDAY</td>
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<tr>
<td>10-11 am</td>
<td>7-9 am</td>
<td>7-9 am</td>
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<td>2-6:30 pm</td>
<td>4:30-6:30 pm</td>
<td>11:30 am - 1 pm</td>
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</table>

Please note: Conference shuttles are not continuous and will pick up/drop off once in the morning and once in the evening at the hotels listed below. Confirm shuttle departure times with your hotel on arrival and in the conference app.

- **Best Western PLUS, Galveston Suites**
  8502 Seawall Blvd.
- **Best Western, a Galveston West Beach Hotel**
  8710 Seawall Blvd
- **Courtyard Galveston Island**
  9550 Seawall Boulevard
- **TownePlace Suites Galveston Island**
  9540 Seawall Boulevard

RIDE HAILING SERVICES
Uber and Lyft offer transportation to/in Galveston.

Busy Bee: 409-621-4000
Tropical Taxi: 409-762-8429
Jeff's Cab & Shuttle Service: 409-621-5333 | 866-533-3222
Yellow Cab Company: 409-763-3333

PARKING
Moody Gardens has ample parking:
- Complimentary self-parking in the open-air lot
- Complimentary self-parking in the Hotel Convention Center Parking Garage
- Valet parking is $6 daily or $20 overnight
ADA COMPLIANCE
TCA has made every effort to accommodate all persons with disabilities. We ask each attendee who needs assistance to email Rachel Linder, Rachel@txca.org. Your ADA accommodations must be finalized with a TCA staff member no later than 96 hours before the conference begins. Upon arrival, identify yourself to TCA staff. TCA may not be able to accommodate requests that are not received in advance.

NAME BADGES
Name badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the exhibit hall. For your safety, only those with a valid badge will be allowed to enter conference events. One-day badges are clearly marked and will be valid for admission on that day only.

PHOTOGRAPHY
TCA has contracted with professional photographers and videographers. Registration and participation at the conference, in sessions, meetings, or other conference-related activities constitutes an agreement by you for TCA to use and distribute (both now and in the future) your image or voice in photographs, video, electronic reproductions, social media, and audio reproductions.

EXHIBIT HALL
Please make time to visit our exhibitors! Each exhibitor is carefully vetted to ensure that their products and services are valuable to you. Their participation is vital to the success of this conference. Let them know how much we appreciate their support by spending some time with them.

The distribution of any materials not approved in advance by the Texas Counseling Association is strictly prohibited. The valued exhibitors and sponsors of the Professional School Counselor Conference have invested to support this event. TCA strictly prohibits solicitation, promoting or transacting business by any individual, presenter or attendee who has NOT purchased conference exhibit space or advertising. Anyone found in violation of this policy will be asked to leave immediately. TCA reserves the right to seek additional relief for violation of this policy.

HANDOUTS
TCA asks each presenter to provide electronic program resources in advance of the conference. Handouts that were provided to TCA by presenters as of February 14, 2018 are available through the conference app and on line at www.txca.org/Handouts. Resources received after that date will be posted after the conference concludes.

PROGRAM INFORMATION
Conference programs are offered Sunday, February 18, 2:30-6 pm, Monday, February 19, 8 am-6 pm, and Tuesday, February 20, 8:30 am-Noon.

- Learning Institutes are held on Sunday, February 18 from 11 am-6 pm for an additional fee of $100. Conference registration is not required to attend a Learning Institute.
- Most conference programs provide 1.5 CE hours. Beginning at 3 pm on Sunday, February 18, a limited number of 3-hour CE programs are offered on Sunday and Monday afternoons only.

REGISTRATION
Registration hours are listed in the Conference Overview. Registration is required to attend all Learning Institutes, conference programs, and conference events.

- Learning Institute registration only will be open on Sunday, February 18 from 9-11 am at the Expo Desk on the first floor of the Convention Center.
- If you are pre-registered for the main conference, packet pick up will be in the exhibit hall, Expo B.
- If you did not pre-register for the main conference, register on site in exhibit hall, Expo B, during registration hours.
- Programs marked LIVESTREAMING will be available after the conference in the TCA Online Learning Center for an additional fee.

PLEASE NOTE:
Every attempt was made to ensure complete and accurate information.
Given the volume of detailed information, omissions or errors are possible.
Thank you for your consideration.
Origins provides individualized dual diagnosis addiction treatment programs and recovery support services for young adults, adults and older adults.

Hanley Center at Origins™
Hannah’s House by Origins™
HeadWaters at Origins™

Gate Lodge at Origins™
Origins Recovery Center™
Transitions at Origins™

OriginsRecovery.com
888.U.GET.WELL or 888.843.8935
The TCA Wellness Committee would like to invite you to commit to your own wellness in 2018 by providing several opportunities for you to take care of yourself during the conference.

February 19, 6:30 am
Wellness Run/Walk: Meet at the tram stop behind the Moody Gardens Hotel for an enjoyable jog or walk and good fellowship with fellow counselors.

February 19, 10:30 am, Salon A
Mental Floss, a 1.5-hour program to help you manage stress, recommit to your vision at work, and enhance your own mental health.

February 20, 6:45 am, Training Room
Mindfulness Meditation, led by Betty White, to help you wind down and focus on what you have learned at conference and what you plan to accomplish in the coming year.
YOUR TCA MEMBERSHIP IS A VALUABLE ASSET!
Visit www.txca.org/benefits to learn more.

CONTINUING EDUCATION:
Face-to-face at TCA and Division-sponsored conferences or online through TCA’s Online Learning portal.

RESEARCH:
TCA’s informative publications include the Journal of Professional Counseling, monthly Membership eUpdate, weekly Newsbrief, and legislative and public policy updates.

GRANTS:
Educational Endowment Fund Grants of up to $500 support research, graduate studies, or professional development.

ADVOCACY:
Updates on important legislative and public policy issues affecting your profession.

MAKE THE MOST OF YOUR TCA MEMBERSHIP!

REFERRALS:
Make sure your online membership profile is up to date for TCA’s referral database and speakers bureau.

LEGAL CARE:
Unlimited phone consultations with an attorney for professional or personal issues.

NETWORK:
Access TCA’s online job bank, speaker’s bureau and social media to stay connected to opportunities.

Strengthen Your Professional Network
Join a TCA Division

TAACE  Texas Association for Assessment in Counseling and Education
TAADA  Texas Association for Adult Development and Aging
TACES  Texas Association for Counselor Education and Supervision
TALGBTIC  Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
TAHEAD  Texas Association for Humanistic Education and Development
TAMFC  Texas Association of Marriage and Family Counselors
TCCA  Texas College Counseling Association
TCDA  Texas Career Development Association
TexAMCD  Texas Association for Multicultural Counseling and Development
TMHCA  Texas Mental Health Counselors Association
TSCA  Texas School Counselor Association
TxCSJ  Texas Counselors for Social Justice

JOIN ONLINE AT www.txca.org/divisions

CONNECT WITH PROFESSIONALS IN YOUR PRACTICE SPECIALTY OR INTEREST

MEMBERSHIPS COST $5-$25

TCA
Texas Counseling Association
Leading Today, Inspiring Tomorrow.
LEARNING INSTITUTES: Sunday, February 18

11 am-6 pm

Packet pick up and on-site registration for Learning Institutes will be at the Moody Gardens Convention Center, 1st Floor Expo Desk, Sunday, February 18 from 9-11 am. Learning Institutes are not included in conference registration and cost an additional $100. Registration for the conference is not required to attend a Learning Institute. All Learning Institutes are eligible for 6.5 CE hours.

**LI 1. Incorporating Art into the School Counseling Landscape**
- **Where:** Azalea & Rose *(Capacity 80)*
- **Topic(s):** Elementary School Counseling, Spirituality & Wellness
- **Presenter(s):** Megan Guidry, Cally Tilly

Art Therapy is a valuable under resourced tool in the Texas Counseling landscape. It is a longstanding respected modality without credentialing options for Texas School Counselors. Art modalities provide a range of tools to enhance brain engagement, assessment tools and healing in a format and language applicable for all students regardless of culture, ethnicity or ability. Learn from a Certified Art Therapist and School Counselor how to embolden your school counseling program through art.

**LI 2. Getting to Best Behavior-Using Positive Behavioral Supports and Behavioral RtI to Transform Your Campus**
- **Where:** Floral A1 *(Capacity 140)*
- **Topic(s):** Elementary School Counseling, Secondary School Counseling
- **Presenter(s):** Betty White

As the campus counselor, you are in a unique position to positively impact the culture of your campus. Because you are in touch with teachers, administrators, parents, and students, you have special insight into the special needs of each group. Positive behavioral supports, along with behavioral RtI, provide you with a means to transform your campus and improve student behavior, increase student achievement, and provide a positive atmosphere for teachers, students, and parents.

**LI 3. Assessing ADHD: Ethical Considerations for School Counselors**
- **Where:** Floral A2 *(Capacity 140)*
- **Topic(s):** Assessment & Testing, Ethics & Legal Issues
- **Presenter(s):** Jeffrey Gallup

Diagnosing ADHD is a difficult task where accuracy matters. As counselors, it is our ethical obligation to make sure that it gets done right so that we can be effective advocates for our students. An ADHD diagnosis can have an enormous impact on academics and the resources that students need to succeed. In this workshop, we will cover how professionals complete an in-depth assessment of ADHD including the tests utilized. We will also review the neurology of ADHD; why it is commonly misdiagnosed. The information learned in this workshop will empower you to be a leader in your school when helping students with attention problems.
CONCRETE INDUSTRY MANAGEMENT

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Challenging Academics
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- Hands-on / Real World Experience
- Problem Solving Skills
- Business Minor
- Excellent Technical Education

Strong Ties to Industry
- Networking with Industry Leaders
- Travel with Faculty to Local and National Conferences
- Industry-Funded Scholarships
- Exciting Internship Opportunities

Excellent Career Preparation
- Concrete Materials and Production
- Sales and Marketing
- Business Management
- Concrete Construction and Repair
- High Starting Salaries
- Great Advancement Opportunities

For More Information, Contact
Dr. W. James Wilde, P.E.
Professor and CIM Program Director
james.wilde@txstate.edu
512-245-0725

TEXAS STATE UNIVERSITY
The rising STAR of Texas

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CONFLICT MANAGEMENT THAT WORKS...

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*Cannot be combined with other offers, including bundles & digital. Expires 8/31/18

INSTANT DOWNLOAD AT KELSOKITRESOURCES.COM
LI 2. Getting to Best Behavior—Using Positive Behavioral Supports and Behavioral RtI to Transform Your Campus

Learning Institute: Additional Fee $100

Sunday, February 18 | 11 AM - 6 PM

Where: Floral A1 (Capacity 140)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Betty White

As the campus counselor, you are in a unique position to positively impact the culture of your campus. Because you are in touch with teachers, administrators, parents, and students, you have special insight into the special needs of each group. Positive behavioral supports, along with behavioral RtI, provide you with a means to transform your campus and improve student behavior, increase student achievement, and provide a positive atmosphere for teachers, students, and parents.

2. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Monday as program 60.)

Sunday, February 18 | 2:30 - 4 PM

Where: Expo A1 (Capacity 190)

Topic(s): Secondary School Counseling
Ethics & Legal Issues

Presenter(s): Carol Parker   Candy Ratliff

This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

10. TSCA Presents: Designing Effective School Counseling Programs, the 5th Edition of the Texas Model for Comprehensive School Counseling Programs

Sunday, February 18 | 4:30 - 6 PM

Where: Expo A1 (Capacity 190)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Lisa Wines   Le’Ann Solmonson

This dynamic and interactive program will introduce and assist you in utilizing the new organization, competencies, domains, and strategies included in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs. Take the first steps to design an effective, comprehensive school counseling program that aligns with Texas rules and statutes. A must-attend for school counselors, directors of guidance, and counselor educators who aim to bring school counseling programs to the next level.

13. Rural “R” Us

Sunday, February 18 | 4:30 - 6 PM

Where: Salon F (Capacity 110)

Topic(s): Elementary School Counseling
Child & Adolescent Counseling

Presenter(s): Erika Mendez   Mary Cavazos

A School Counselor and a Licensed Professional Counselor (LPC) team up to provide counseling services to students at a rural elementary school. Join us as we discuss the complexities of balancing responsibilities and duties to accommodate all students. We will be discussing strategies and interventions we have found to be effective in a rural elementary school setting. Time will be reserved for a roundtable discussion among participants.

14. Transforming Student Behavior, Motivation, and Academic Performance through Social and Emotional Learning

Sunday, February 18 | 4:30 - 6 PM

Where: Salon G (Capacity 110)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Vickie Gordon   Leigh Ann Turner

Social and emotional learning (SEL) is gaining world-wide attention as a means to teach children and adults essential skills needed for school, work and life. SEL is the missing piece in education that has been proven to decrease aggression, disruptive behavior, and bullying; increase academic achievement and motivation; and promote a more positive school climate and school connectedness. A school counselor and principal will share their implementation experience.

18. David’s Law, Cyberbullying, and Social Media Awareness LIVESTREAMING

Monday, February 19 | 10:30 AM - Noon

Where: Expo A2 (Capacity 160)

Topic(s): Technology

Presenter(s): Scott Kessel

Twenty-first century students have access to an almost unlimited number of technological resources and social media platforms, some of which can be used to harm or defame others. This session is designed to inform participants on the current trends related to cyberbullying, plus increase awareness and prevention strategies reflected in recent legislative actions like SB 179, David’s Law, which aims to prevent online harassment and increase student health and safety.
28. Texas OnCourse: Tools to Help You Prepare Every Student for Life After High School
Monday, February 19 | 10:30 AM - Noon
Where: Salon D (Capacity 130)
Topic(s): Counselor Education
College Counseling
Presenter(s): Kathy Zarate Carrie Proctor
Leticia Santos

As Texas’s definitive resource for college and career preparedness, Texas OnCourse equips middle and high school students for post-graduation success. At this session, counselors, advisors, and any other educators providing college and career preparedness advising can learn about the Texas OnCourse Academy. This free, online professional development program has all the information you need to become an expert on your campus. Learn how to navigate through the Academy and earn rewards.

30. Empowering Counselors to Keep up with Students and Making Four Year Plans/PGPs Fun and Easy
Monday, February 19 | 10:30 AM - Noon
Where: Salon F (Capacity 110)
Topic(s): College Counseling
Career Development Counseling
Presenter(s): Monica Garcia Katie Fang
Michael Discenza

This program is designed to support professional school counselors and district leaders in meeting HB5 requirements and college and career readiness activities. How are you creating four-year plans and Personal Graduation Plans in your district? Make college and career readiness fun using Schoolinks! Students can experience virtual college tours and are a click away from planning their future. Sample of four-year plans and a timeline with events to complete the process will be shared.

35. Counseling Advisory Teams Empower the Leaders within Your District Counseling and Social Services Department
LIVESTREAMING
Monday, February 19 | 12:30 - 2 PM
Where: Expo A2 (Capacity 160)
Topic(s): Counselor Supervision
Child & Adolescent Counseling
Presenter(s): Monica Garcia Ernest Cox
JoAnne Cruz Sophronia Kelly Zion

This program is designed to support professional school counselors, social workers, and district leaders in realigning their comprehensive counseling, guidance and social services programs by using the human resources and untapped potential of district professional school counselors and colleagues. As agents of change the Counseling Advisory Team (CAT) members are the brain trust for moving the department forward.

38. Weathering the School Day: How Counselors Can Impact School Climate
Monday, February 19 | 12:30 - 2 PM
Where: Floral A1 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Robin Creed-McVay Lakittah Eagleton

Discussion of how school climate is impacted by counselors through personal connections with all share-holders including administrators, teachers, and staff members as well as students. Learn ideas on how to create those connections and how they will impact school climate.

42. Tackling the Mandated Guidance Topics 2.0
Monday, February 19 | 12:30 - 2 PM
Where: Salon A (Capacity 110)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Kimberly Campbell Becca Hill
Jessica Wade

In Tackling the Mandated Guidance Topics 2.0, counselors from Northwest, Argyle, and Wills Point ISDs have teamed up to take last year’s elementary only presentation and bring it to all levels. Counselors from elementary, middle, and high school will leave the presentation with ready-to-use, ASCA formatted lessons that cover Texas’s six mandated guidance topics. From age-appropriate suicide awareness in September to anti-victimization in April, students will learn how to handle various situations.

49. Building School Culture from the Inside Out
Monday, February 19 | 12:30 - 2 PM
Where: Salon H (Capacity 110)
Topic(s): Secondary School Counseling
Child & Adolescent Counseling
Presenter(s): JC Pohl

Building a strong school culture should be the first priority of every school leader. It is proven to decrease bullying, enhance academic performance, and increase student engagement. This session reveals a framework for giving students a voice and empowering them to take ownership of their school, so you won’t have to do it all alone! Led by an award-winning producer and experienced counselor, this session focuses on tested methods that build resiliency and develop positive culture.
52. TEC, TAC, Whoa! Finding Success During Your First Year in District Leadership LIVESTREAMING
Monday, February 19 | 2:30 - 4 PM
Where: Expo A2 (Capacity 160)
Topic(s): Counselor Supervision
Secondary School Counseling
Presenter(s): Jennifer Akins  Monya Crow
Leading and supporting school counselors is critical to the effective development of comprehensive school counseling programs. Yet, district-level leadership roles and responsibilities can vary significantly. It can be intimidating to know where to begin! In this workshop, we will share the lessons, strategies and resources that were most helpful during our first year in a district position. Participants will leave with ideas to implement immediately as well as points for growth over time.

53. TEA Curriculum Update
Monday, February 19 | 2:30 - 4 PM
Where: Expo A3 (Capacity 140)
Topic(s): Professional Issues
Elementary School Counseling
Secondary School Counseling
Presenter(s): Jessica Snyder
Staff from the Curriculum Standards and Student Support Division will share the latest TEA curriculum updates, including updates from the 85th Texas Legislature and the State Board of Education.

55. The Usual Suspects: Taking the Bully by Both Horns: Identify-Intervene-Integrate
Monday, February 19 | 2:30 - 4 PM
Where: Floral A1 (Capacity 140)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): David Dye
If it’s not bullying what do you call it? How do you handle it? This presentation provides a clear understanding of Negative Social Interactions including bullying, and other bothersome behaviors. Walk away with the knowledge and resources to teach your school to take bullying by both horns. This session will provide the following researched based concepts: The Five Rules of Bullying, The Usual Suspects and the powerful conflict resolution strategy TALK-WALK-TELL.

60. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Sunday as program 2)
Monday, February 19 | 2:30 - 4 PM
Where: Salon C (Capacity 110)
Topic(s): Secondary School Counseling
Ethics & Legal Issues
Presenter(s): Carol Parker  Candy Ratliff
This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

64. What’s New? What’s Not? A Review of the 2016 ASCA Ethical Standards for School Counselors
Monday, February 19 | 3 - 6 PM (3-Hour Program)
Where: Salon D (Capacity 130)
Topic(s): Ethics & Legal Issues  Professional Issues
Presenter(s): Betty White
The ASCA Ethical Standards for School Counselors are the basis for our ethical practice of school counseling. There have been significant changes in the code from the 2010 version to the 2016 version. This version is more complex, and also much more specific in its guidelines for our practice. This session will review these changes, examine case studies regarding common ethical dilemmas encountered by school counselors, and explore legal issues related to the practice of school counseling.

66. TSCA Presents: Transforming Texas Comprehensive School Counseling Programs: the Fifth Edition of the Texas Model for Comprehensive School Counseling Programs
Monday, February 19 | 3 - 6 PM (3-Hour Program)
Where: Salon H (Capacity 110)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Elias Zambrano  Ernest Cox  Scott Kessel
Take a deep dive into the new organization, competencies, domains, strategies and tools set forth in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs, which has been updated to reflect best practices and statutory requirements for school counseling programs. Whether you are a new or seasoned school counselor, a director of guidance or a counselor educator, this is a must attend session. Learn how to implement the new domains and competencies for student success across all grade levels. Identify ways to appropriately engage parents, administrators, and other educators to support your school counseling program. This session will focus on helping you build award-winning school counseling programs.
80. TSCA Presents: Practical Strategies for Innovative School Counseling Programs: the 5th Edition of the Texas Model for Comprehensive School Counseling Programs LIVESTREAMING

Tuesday, February 20  |  8:30 - 10 AM
Where:  Expo A2 (Capacity 160)
Topic(s):  Elementary School Counseling  Secondary School Counseling
Presenter(s):  Lisa Wines  Le'Ann Solmonson  Scott Kessel

School counseling programs have transformed over the past 25 years. Professional school counselors no longer work in isolation but instead partner with their campus communities to ensure that all children reach their full potential. This program will prepare you to effectively collaborate with your district and campus teams to deliver an effective, intentional comprehensive school counseling program that aligns with Texas statutory requirements. You will learn best practices in program implementation and services to benefit your students and set them on the path to success.

87. Suicide Prevention and Intervention in Schools

Tuesday, February 20  |  8:30 - 10 AM
Where:  Salon A (Capacity 110)
Topic(s):  Grief, Crisis, & Trauma
Presenter(s):  Jamie Farber  Irene Myers

Suicide rates are on the rise, especially in certain demographics/age groups. This session will assist you in identifying recommended best practice-based programs in suicide prevention for your district or campus. Additionally, attendees will receive a copy of one district’s suicide intervention protocol. The session will permit time to review the protocol and the rationale for the steps within the protocol.
1. Getting to Best Behavior—Using Positive Behavioral Supports and Behavioral RtI to Transform Your Campus

Learning Institute: Additional Fee $100

Sunday, February 18 | 11 AM - 6 PM

Where: Floral A1 (Capacity 140)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Betty White

As the campus counselor, you are in a unique position to positively impact the culture of your campus. Because you are in touch with teachers, administrators, parents, and students, you have special insight into the special needs of each group. Positive behavioral supports, along with behavioral RtI, provide you with a means to transform your campus and improve student behavior, increase student achievement, and provide a positive atmosphere for teachers, students, and parents.

2. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Monday as program 60)

Sunday, February 18 | 2:30 - 4 PM

Where: Expo A1 (Capacity 190)

Topic(s): Secondary School Counseling
Ethics & Legal Issues

Presenter(s): Carol Parker Candy Ratliff

This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

10. TSCA Presents: Designing Effective School Counseling Programs, the 5th Edition of the Texas Model for Comprehensive School Counseling Programs

Sunday, February 18 | 4:30 - 6 PM

Where: Expo A1 (Capacity 190)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Lisa Wines Le’Ann Solmonson

This dynamic and interactive program will introduce and assist you in utilizing the new organization, competencies, domains, and strategies included in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs. Take the first steps to design an effective, comprehensive school counseling program that aligns with Texas rules and statutes. A must-attend for school counselors, directors of guidance, and counselor educators who aim to bring school counseling programs to the next level.

14. Transforming Student Behavior, Motivation, and Academic Performance through Social and Emotional Learning

Sunday, February 18 | 4:30 - 6 PM

Where: Salon G (Capacity 110)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Vickie Gordon Leigh Ann Turner

Social and emotional learning (SEL) is gaining world-wide attention as a means to teach children and adults essential skills needed for school, work and life. SEL is the missing piece in education that has been proven to decrease aggression, disruptive behavior, and bullying; increase academic achievement and motivation; and promote a more positive school climate and school connectedness. A school counselor and principal will share their implementation experience.

18. David’s Law, Cyberbullying, and Social Media Awareness LIVESTREAMING

Monday, February 19 | 10:30 AM - Noon

Where: Expo A2 (Capacity 160)

Topic(s): Technology

Presenter(s): Scott Kessel

Twenty-first century students have access to an almost unlimited number of technological resources and social media platforms, some of which can be used to harm or defame others. This session is designed to inform participants on the current trends related to cyberbullying, plus increase awareness and prevention strategies reflected in recent legislative actions like SB 179, David’s Law, which aims to prevent online harassment and increase student health and safety.

20. CREST: Be at the Top of the Wave

Monday, February 19 | 10:30 AM - Noon

Where: Azalea, Rose & Orchid (Capacity 100)

Topic(s): Counselor Education

Presenter(s): Jill Adams Jamie Farber

Counselors Reinforcing Excellence for Students in Texas (CREST) is an award sponsored by TSCA recognizing outstanding comprehensive counseling programs throughout the state. If you would like to learn about the CREST requirements and how to apply, please join us for this session. The presenters will walk you through the seven CREST categories, types of data and examples. Come learn how to document your program and become a better advocate.
25. TCA Presents: Mental Floss-Stress Management and Self-Care for School Counselors  
Monday, February 19 | 10:30 AM - Noon  
Where: Salon A (Capacity 110)  
Topic(s): Spirituality & Wellness  
Professional Issues  
Presenter(s): Betty White Ashley Hamm  
Mental health professionals are susceptible to stress and burn-out at a higher rate than those in less demanding professions. Add to that the requirements placed on school counselors by virtue of their large caseloads, non-counseling duties, and high need populations, and it is clear that school counselors need information on how to manage stress and their own mental health. This program provides practical, easy to implement strategies to help counselors survive and thrive in their jobs.

28. Texas OnCourse: Tools to Help You Prepare Every Student for Life After High School  
Monday, February 19 | 10:30 AM - Noon  
Where: Salon D (Capacity 130)  
Topic(s): Counselor Education  
College Counseling  
Presenter(s): Kathy Zarate Carrie Proctor Leticia Santos  
As Texas’s definitive resource for college and career preparedness, Texas OnCourse equips middle and high school students for post-graduation success. At this session, counselors, advisors, and any other educators providing college and career preparedness advising can learn about the Texas OnCourse Academy. This free, online professional development program has all the information you need to become an expert on your campus. Learn how to navigate through the Academy and earn rewards.

30. Empowering Counselors to Keep up with Students and Making Four Year Plans/PGPs Fun and Easy  
Monday, February 19 | 10:30 AM - Noon  
Where: Salon F (Capacity 110)  
Topic(s): College Counseling  
Career Development Counseling  
Presenter(s): Monica Garcia Katie Fang Michael Discenza  
This program is designed to support professional school counselors and district leaders in meeting HB5 requirements and college and career readiness activities. How are you creating four-year plans and Personal Graduation Plans in your district? Make college and career readiness fun using Schoolinks! Students can experience virtual college tours and are a click away from planning their future. Sample of four-year plans and a timeline with events to complete the process will be shared.

32. How to be a School Counselor and an LPC Too!  
Monday, February 19 | 10:30 AM - Noon  
Where: Salon H (Capacity 110)  
Topic(s): Ethics & Legal Issues  
Professional Issues  
Presenter(s): Laurel Clemen  
I am both an LPC and a licensed attorney. I regularly represent persons before the LPC Board. Following both the Board mandates and the requirements of your school administration can be tricky! This seminar is designed to give you helpful hints about working within both arenas.

35. Counseling Advisory Teams Empower the Leaders within Your District Counseling and Social Services Department  
LIVESTREAMING  
Monday, February 19 | 12:30 - 2 PM  
Where: Expo A2 (Capacity 160)  
Topic(s): Counselor Supervision  
Child & Adolescent Counseling  
Presenter(s): Monica Garcia Ernest Cox JoAnne Cruz Sophronia Kelly Zion  
This program is designed to support professional school counselors, social workers, and district leaders in realigning their comprehensive counseling, guidance and social services programs by using the human resources and untapped potential of district professional school counselors and colleagues. As agents of change the Counseling Advisory Team (CAT) members are the brain trust for moving the department forward.

38. Weathering the School Day: How Counselors Can Impact School Climate  
Monday, February 19 | 12:30 - 2 PM  
Where: Convention Center, 2nd Floor Floral A1 (Capacity 140)  
Topic(s): Secondary School Counseling  
Presenter(s): Robin Creed-McVay Lakittah Eagleton  
Discussion of how school climate is impacted by counselors through personal connections with all share-holders including administrators, teachers, and staff members as well as students. Ideas on how to create those connections and how they will impact school climate.
Give Your Students Access to
All of Their Career Options

ASVAB CAREER EXPLORATION PROGRAM IS:
✓ A multiple-aptitude test
✓ An interest inventory
✓ Career planning tools

3.4 Million
Participants (5 years)

17,329
Schools (SY16-17)

Everything you need is available for free, online or in print.

- **Support** students’ career exploration in the context of their skills and interests.
- **Promote** career literacy through exposure to career-field entry requirements.
- **Guide** students to develop an action plan to share with parents and educators.

To find out more, call **800-323-0513** or visit [www.asvabprogram.com/asvab-cep-at-your-school](http://www.asvabprogram.com/asvab-cep-at-your-school).
42. Tackling the Mandated Guidance Topics 2.0
Monday, February 19  |  12:30 - 2 PM
Where: Salon A (Capacity 110)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Kimberly Campbell  Becca Hill
Jessica Wade
Counselors from Northwest, Argyle, and Wills Point ISDs have teamed up to take last year’s elementary only presentation and bring it to all levels. Counselors from elementary, middle, and high school will leave the presentation with ready-to-use, ASCA formatted lessons that cover Texas’s six mandated guidance topics. Students will learn how to handle various situation, from age-appropriate suicide awareness in September to anti-victimization in April.

52. TEC, TAC, Whoa! Finding Success During Your First Year in District Leadership LIVESTREAMING
Monday, February 19  |  2:30 - 4 PM
Where: Expo A2 (Capacity 160)
Topic(s): Counselor Supervision
Secondary School Counseling
Presenter(s): Jennifer Akins  Monya Crow
Leading and supporting school counselors is critical to the effective development of comprehensive school counseling programs. Yet, district-level leadership roles and responsibilities can vary significantly. It can be intimidating to know where to begin! In this workshop, we will share the lessons, strategies and resources that were most helpful during our first year in a district position. Participants will leave with ideas to implement immediately as well as points for growth over time.

53. TEA Curriculum Update
Monday, February 19  |  2:30 - 4 PM
Where: Expo A3 (Capacity 140)
Topic(s): Professional Issues
Elementary School Counseling
Secondary School Counseling
Presenter(s): Jessica Snyder
Staff from the Curriculum Standards and Student Support Division will share the latest TEA curriculum updates, including updates from the 85th Texas Legislature and the State Board of Education.

55. The Usual Suspects: Taking the Bully by Both Horns: Identify-Intervene-Integrate
Monday, February 19  |  2:30 - 4 PM
Where: Convention Center, 2nd Floor
Floral A1 (Capacity 140)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): David Dye
If it’s not bullying what do you call it? How do you handle it? This presentation provides a clear understanding of Negative Social Interactions including bullying, and other bothersome behaviors. Walk away with the knowledge and resources to teach your school to take bullying by both horns. This session will provide the following researched based concepts: The Five Rules of Bullying, The Usual Suspects and the powerful conflict resolution strategy TALK-WALK-TELL.

60. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Sunday as program 2)
Monday, February 19  |  2:30 - 4 PM
Where: Salon C (Capacity 110)
Topic(s): Secondary School Counseling
Ethics & Legal Issues
Presenter(s): Carol Parker  Candy Ratliff
This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

62. Court Testimony for Counselors
Monday, February 19  |  2:30 - 4 PM
Where: Salon G (Capacity 110)
Topic(s): Ethics & Legal Issues
Presenter(s): Bryan Moffitt
This program is to prepare counselors to go to court. There are multiple liability issues that arise for today’s practitioners in counseling. Identifying the problem areas can help. It is also important to recognize where the legal dangers do not exist, so the practitioner can work with confidence.
SCHOOL COUNSELOR LEADERSHIP PROGRAMS

Monday, February 19 | 3 - 6 PM (3-Hour Program)
Where: Salon D (Capacity 130)
Topic(s): Ethics & Legal Issues
Professional Issues
Presenter(s): Betty White

The ASCA Ethical Standards for School Counselors are the basis for our ethical practice of school counseling. There have been significant changes in the code from the 2010 version to the 2016 version. This version is more complex, and also much more specific in its guidelines for our practice. This session will review these changes, examine case studies regarding common ethical dilemmas encountered by school counselors, and explore legal issues related to the practice of school counseling.

66. TSCA Presents: Transforming Texas Comprehensive School Counseling Programs: the Fifth Edition of the Texas Model for Comprehensive School Counseling Programs
Monday, February 19 | 3 - 6 PM (3-Hour Program)
Where: Salon H (Capacity 110)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Elias Zambrano
Ernest Cox
Scott Kessel

Take a deep dive into the new organization, competencies, domains, strategies and tools set forth in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs, which has been updated to reflect best practices and statutory requirements for school counseling programs. Whether you are a new or seasoned school counselor, a director of guidance or a counselor educator, this is a must attend session. Learn how to implement the new domains and competencies for student success across all grade levels. Identify ways to appropriately engage parents, administrators, and other educators to support your school counseling program. This session will focus on helping you build award-winning school counseling programs.

80. TSCA Presents: Practical Strategies for Innovative School Counseling Programs: the 5th Edition of the Texas Model for Comprehensive School Counseling Programs
LIVESTREAMING
Tuesday, February 10 | 8:30 - 10 AM
Where: Expo A2 (Capacity 160)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Lisa Wines
LeAnn Solmonson
Scott Kessel

School counseling programs have transformed over the past 25 years. Professional school counselors no longer work in isolation but instead partner with their campus communities to ensure that all children reach their full potential. This program will prepare you to effectively collaborate with your district and campus teams to deliver an effective, intentional comprehensive school counseling program that aligns with Texas statutory requirements. You will learn best practices in program implementation and services to benefit your students and set them on the path to success.

86. Texas OnCourse: Middle School Career Resources and Course Planning
Tuesday, February 10 | 8:30 - 10 AM
Where: Ivy (Capacity 160)
Topic(s): College Counseling
Career Development Counseling
Presenter(s): Lara Gueguen
Elizabeth Reed

Texas On Course is the definitive resource across the state for educators, students, and parents for college and career preparedness. This workshop will focus primarily on Middle School resources as we take a closer look at our career exploration game Middle Galaxy, and the endorsement and course planning tool, Map My Grad. Middle to High School transition is a crucial time and students have to make planning decisions early on to ensure success.
WE’VE GOT THE FREE TOOLS YOU NEED TO HELP YOUR STUDENTS GEAR UP FOR COLLEGE.
No logins. No paywalls. Just super-helpful resources made specifically for middle- and high-school educators, students and their families.

INCLUDING:

• Monthly College-Prep Checklists
• College Transition Tools
• Engaging TEKS-Aligned Lesson Plans & Classroom Activities
• Important College Dates & Deadlines
• How-To Videos
• In-Depth Career Profiles

STOP BY THE TEXAS GEAR UP BOOTH TO GET STARTED TODAY!
2:30 - 4 pm

1. You ARE Their Bridge Over Troubled Water: How Structurally Sound Are You?
   2:30 - 4 PM
   Where: Salon H (Capacity 110)
   Topic(s): Secondary School Counseling, Ethics & Legal Issues
   Presenter(s): Joan Strutton Virginia Mann

As counselors, we often find ourselves listening to the tragic events that our students experience. We MUST practice self-care to be able to help others. This presentation examines the impact that this daily stream of events has on counselors, and how we are ethically bound to prevent being emotionally impaired. Attendees will learn techniques and activities that will help them re-fill their emotional, physical, mental, and spiritual wells so that we can be responsive to students' needs.

2. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Monday as program 60)
   Sunday, February 18 | 2:30 - 4 PM
   Where: Expo A1 (Capacity 190)
   Topic(s): Secondary School Counseling, Ethics & Legal Issues
   Presenter(s): Carol Parker Candy Ratliff

This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

3. Relieving Test Anxiety for Students Taking High Stakes Exams
   2:30 - 4 PM
   Where: Blue Bonnet & Jasmine (Capacity 60)
   Topic(s): Secondary School Counseling
   Presenter(s): Kira Holt

This workshop will provide resources and tools counselors can use to help reduce test anxiety among their students. Emphasis placed on high stakes exams such as TSI, ACT, SAT as well as steps students can learn to reduce their anxiety in test situations.

4. Is it Rude, Mean or Bullying?
   2:30 - 4 PM
   Where: Iris & Tulip (Capacity 80)
   Topic(s): Elementary School Counseling, Child & Adolescent Counseling
   Presenter(s): Teri Marrow

This program will provide school counselors with tools, activities, and strategies to help students identify the differences between rude, mean, and bullying behaviors. This program will present material that can be used in a guidance lesson for elementary and middle school students.

5. How Can I Better Prepare to Meet the Needs of LGBTQQAAA Students? The Affirmative Approach and How to Display Safe Zones
   2:30 - 4 PM
   Where: Salon F (Capacity 110)
   Topic(s): Gay, Lesbian, Bisexual & Transgender Multicultural & Social Justice
   Presenter(s): Lorraine Dinkel Angeles Coss Jacqueline Pena

Have you wondered how to help a student navigate their sexual orientation or gender identity development? This presentation will provide you with terminology, developmentally appropriate interventions, décor ideas for your office, and affirmative techniques/mindfulness interventions to prepare you for assisting with students who identify as Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Asexual, and Ally. Practicing scenarios to assist you with skills will round out the presentation.

6. In Case of Emergency: Handling Student Crisis in Schools
   2:30 - 4 PM
   Where: Salon G (Capacity 110)
   Topic(s): Grief, Crisis, & Trauma Child & Adolescent Counseling
   Presenter(s): Stephanie Lerner

Dealing with student crises is a very important part of our job as school or clinical counselors. Do you have a set protocol for dealing with student crises, or “3 Hurts Emergencies” as they are often called? This presentation provides counselors with a blueprint for creating a crisis intervention/prevention protocol. Participants in this program will learn how to identify, respond to, and prevent student crises. Having an effective crisis protocol in place is the key to student safety!
7. Can’t We All Just Get Along? Encouraging positive and open communication between school and community providers

2:30 - 4 PM

Where: Training Room (Capacity 70)

Topic(s): Child & Adolescent Counseling
Professional Issues

Presenter(s): Katye Galloway-Clark
Charles Crews

Come learn how to have productive communication with other school personnel, professional counselors in community agencies, and other parties involved in stressful events affecting students and their families. You will learn how to use encouraging, positive, and effective ways of communicating between school counselors, educators, administrators, and counselors practicing in community mental health settings, and other agencies in social justice and diversity-focused ways.

3 - 6 pm

8. Exploring the Brainforest

3 - 6 PM (3-Hour Workshop)

Where: Ivy (Capacity 160)

Topic(s): Secondary School Counseling

Presenter(s): Lesa Pritchard
Matt Smith

Differences among brains are as enriching and essential as differences among plants and animals. Come with us as we explore the field of neurodiversity, where neurological differences are to be as recognized and respected as any other human variation. Learn how to help each student become successful by understanding how to adapt his/her unique brain to the environment as well as constructing an environment where his/her unique brain thrives. Grow your counseling practice in the Brainforest!

9. Visit the college cafe: Preparing the best college application ever!

3 - 6 PM (3-Hour Workshop)

Where: Vine (Capacity 160)

Topic(s): College Counseling
Secondary School Counseling

Presenter(s): Linda Hart

Essays, and FAFSA, and applications, OH MY! How do students choose colleges and majors? What makes a great essay? How does the FAFSA work? What application does a college accept? Which is better; the ACT or SAT? What is an academic resume? AP or DC? How do students find scholarships? All of these questions, and more, will be answered during this presentation. So many aspects go into a great college application. This program is designed to help counselors help students with the college apps.

4:30 - 6 pm

10. TSCA Presents: Designing Effective School Counseling Programs, the 5th Edition of the Texas Model for Comprehensive School Counseling Programs

4:30 - 6 PM

Where: Expo A1 (Capacity 190)

Topic(s): Elementary School Counseling
Secondary School Counseling

Presenter(s): Lisa Wines
Le'Ann Solmonson

This dynamic and interactive program will introduce and assist you in utilizing the new organization, competencies, domains, and strategies included in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs. Take the first steps to design an effective, comprehensive school counseling program that aligns with Texas rules and statutes. A must-attend for school counselors, directors of guidance, and counselor educators who aim to bring school counseling programs to the next level.

11. Using 10 CBT Coping Skills “Rules” to help youth deal more effectively with life issues

4:30 - 6 PM

Where: Blue Bonnet & Jasmine (Capacity 80)

Topic(s): Elementary School Counseling
Child & Adolescent Counseling

Presenter(s): Bert Allain

We all need Rules to live by to provide guidance. These “10 Life Rules” were developed to address many of the issues that cause youth and adult significant life difficulties. These rules can be woven into stories to help youth see ways to more effective deal with issues such as fear of failure and being overly needy of approval. They can also be “cues” to correspond to guidance provided in therapy sessions. Participants will be provided materials to implement this strategy.
12. WATCH D.O.G.S. (Dads Of Great Students) Building family and community engagement through fathers and father-figures
4:30 - 6 PM
Where: Iris & Tulip (Capacity 80)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Eric Snow

Through a structured interactive strategy session, supported by testimonials and time-proven best practices, the participants will learn how to utilize the WATCH D.O.G.S. program to reach out to the fathers and father-figures of their students, and invite those men to volunteer a full day during the school year. They will also learn the steps required to identify a qualified parent program coordinator, build a team of advocates, create a successful launch event, and schedule and organize parent

13. Rural “R” Us
4:30 - 6 PM
Where: Salon F (Capacity 110)
Topic(s): Elementary School Counseling
Child & Adolescent Counseling
Presenter(s): Erika Mendez
Mary Cavazos

A School Counselor and a Licensed Professional Counselor (LPC) team up to provide counseling services to students at a rural elementary school. Join us as we discuss the complexities of balancing responsibilities and duties to accommodate all students. Moreover, we will be discussing strategies and interventions we have found to be effective in a rural elementary school setting. Time will be reserved for a roundtable discussion among participants.

14. Transforming Student Behavior, Motivation, and Academic Performance through Social and Emotional Learning
4:30 - 6 PM
Where: Salon G (Capacity 110)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Vickie Gordon
Leigh Ann Turner

Social and emotional learning (SEL) is gaining world-wide attention as a means to teach children and adults essential skills needed for school, work and life. SEL is the missing piece in education that has been proven to decrease aggression, disruptive behavior, and bullying; increase academic achievement and motivation; and promote a more positive school climate and school connectedness. A school counselor and principal will share their implementation experience.

15. Inspiring to Make a Difference Despite the Deadlines
4:30 – 6 PM
Where: Salon H (Capacity 110)
Topic(s): Counselor Education
Child & Adolescent Counseling
Presenter(s): Christy Vasquez

As school counselors, we juggle many deadlines that seem to take away our time to address our students’ emotional needs as well as our own. Come learn how one counselor took it upon herself, despite the demands of the job, to design and deliver a girls’ leadership program that inspired and empowered girls to feel and know their worth. Learn how you can create your own kind of BeautyFull in your schools that will inspire them and you!!

16. Essential Group Leadership Skills for School Counselors
4:30 - 6 PM
Where: Training Room (Capacity 70)
Topic(s): Group Work
Presenter(s): Ed Jacobs & Christine Schimmel

This presentation will highlight essential skills for leading groups in schools. The presenters will offer and demonstrate many practical suggestions for forming, planning, and leading groups in ways that have lasting meaning with group members. The goal of this session is to leave you excited about leading groups in schools.
KEYNOTE PRESENTERS
Ed Jacobs and Christine Schimmel

LESS TIME/MORE COUNSELING: A Creative Approach to Helping Students

By thinking creatively, school counselors can help students in a very short amount of time – even when they have only 5-10 minutes. This keynote presentation will highlight and demonstrate many useful, engaging techniques that have been helping school counselors improve responsive services in districts all over the United States. You will leave with techniques and skills you can use your next day back at school!

ED JACOBS
Ed Jacobs is the coordinator of the masters’ program in the Counseling, Counseling Psychology, and Rehabilitation Department at West Virginia University. Professional publications include 30 articles in books and journals as well as six books on counseling techniques. He has been recognized for his outstanding teaching and contribution to the field. Ed is a Licensed Professional Counselor and has maintained a small private practice for over 25 years.

CHRISTINE SCHIMMEL
Christine Schimmel is assistant department chair and the coordinator of the school counseling master’s program at West Virginia University. She serves on the counseling licensure board for the state of West Virginia and is on the task force that is updating the state standards for school counselors in West Virginia. Christine is co-author of Group Counseling: Strategies and Skills, which came out in the 8th edition in November 2014 with two accompanying DVDs which she co-produced with Ed. Christine was a school counselor at all three levels and teaches courses in group counseling, counseling children, play therapy, and parenting.

GENERAL SESSION PROGRAM

Welcome: Ernest Cox, TSCA President
Greetings: Carrie Proctor, TCA President-elect and Gerard Lawson, ACA President
CREST Awards Recognition: Jill Adams, CREST Committee Chair
TSCA Professional Awards Recognition: Levi McClendon, Professional Recognition & Scholarships Committee Chair
Keynote Presentation: Ed Jacobs and Christine Schimmel
Closing: Ernest Cox, TSCA President
17. Supporting Students with Multiple Exceptionalities
10:30 AM - Noon
Where: Expo A1 (Capacity 190)
Topic(s): Counselor Education
Presenter(s): Caprice Day-Borgeson

Across the state of Texas, students with multiple exceptionalities too often fall through the cracks. Gifted students who might also have a masked learning disability may appear to be lazy and unmotivated to learn. Students who are on the Autism spectrum might get overlooked for gifted services because the focus has only been on supporting behavior and social skills.

18. David’s Law, Cyberbullying, and Social Media Awareness LIVESTREAMING
10:30 AM - Noon
Where: Expo A2 (Capacity 160)
Topic(s): Technology
Presenter(s): Scott Kessel

Twenty-first century students have access to an almost unlimited number of technological resources and social media platforms, some of which can be used to harm or defame others. This session is designed to inform participants on the current trends related to cyberbullying, plus increase awareness and prevention strategies reflected in recent legislative actions like SB 179, David’s Law, which aims to prevent online harassment and increase student health and safety.

19. One Size Doesn’t Fit All: Dual Credit, Certifications and Finding the Perfect Fit for Your Campus
10:30 AM - Noon
Where: Expo A3 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Charlotte Metcalf

The program will focus on developing and growing dual credit partnerships and certifications that will enable your students to be successful upon high school graduation. Choosing what to offer your students can be a challenging process and many factors must be considered including maturity level, career investigations, desired long-term goals of individual students, and local workforce needs. All schools are unique and can benefit from their own strengths!

20. CREST: Be at the Top of the Wave
10:30 AM - Noon
Where: Azalea, Rose & Orchid (Capacity 100)
Topic(s): Counselor Education
Presenter(s): Jill Adams Jamie Farber

Counselors Reinforcing Excellence for Students in Texas (CREST) is an award sponsored by TSCA recognizing outstanding comprehensive counseling programs throughout the state. If you would like to learn about the CREST requirements and how to apply, please join us for this session. The presenters will walk you through the seven CREST categories, types of data and examples.

21. 5 Star School Climate and Culture Made Easy!
10:30 AM - Noon
Where: Floral A1 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Deronda Pitre Emily Cruz

Our counseling program encompasses different systematic programs, incentives, and organizations that get real results. These programs continue to build our positive school culture and climate which in turn influences our students, staff, and parents to buy into these positive programs and make gains. Our programs include intrinsic and extrinsic motivation, student centered behavior incentives, club organizations imbedded into the school day, and relationship building through campus-wide events.

22. Solution-Focused Therapy Tips and Tools to Use with Middle School Students
10:30 AM - Noon
Where: Floral A2 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Tonya Romine

This program gives counselors the opportunity to add various SFBT techniques to their toolbox to use with their middle school students. Some of these techniques that will be introduced include the miracle question, scaling question, listening for exceptions, creating a list to lift self-esteem, grade checks to guide students in their academics, and simple using a post-it to create value and a visual after a session.
23. Emotional Anorexia  
10:30 AM - Noon  
Where: Iris & Tulip (Capacity 80)  
Topic(s): Elementary School Counseling, Secondary School Counseling  
Presenter(s): Jill Riethmayer  

More is known than ever about effective parenting. However, growing numbers of children are starving to death emotionally - emotional anorexics! Learn what is vital emotionally - having 6 life-long psychological needs met from our first breath until our last breath. We never outgrow these needs: affirmation need; twinship need; idealization need; adversarial need; need for impact and the need for merger. Learn the impact of NOT having these met appropriately. Identify ways to get needs met.

24. Sexual Abuse? In MY School?  
10:30 AM - Noon  
Where: Ivy (Capacity 160)  
Topic(s): Child & Adolescent Counseling, Ethics & Legal Issues  
Presenter(s): Karen Frederick  

How do we recognize sexual abuse in our students? What can/should/must we do about it? What resources do we have? Answers to your questions about sexual abuse of children.

25. TCA Presents: Mental Floss-Stress Management and Self-Care for School Counselors  
10:30 AM - Noon  
Where: Salon A (Capacity 110)  
Topic(s): Spirituality & Wellness, Professional Issues  
Presenter(s): Betty White, Ashley Hamm  

Mental Health professionals are susceptible to stress and burn-out at a higher rate than those in less demanding professions. Add to that the requirements placed on school counselors by virtue of their large caseloads, non-counseling duties, and high need populations, and it is clear that school counselors need information on how to manage stress and their own mental health. This program provides practical, easy to implement strategies to help counselors survive and thrive in their jobs.

26. Neurodiversity: Utilizing Strengths to Build Capacity, by Developing Strengths Based Interventions  
10:30 AM - Noon  
Where: Salon B (Capacity 110)  
Topic(s): Elementary School Counseling, Counselor Education  
Presenter(s): Deanne Moore  

Humble ISD is looking at behavioral intervention through the lens of student strengths. Participants attending this session will learn the value of neurodiversity in developing strengths-based behavioral interventions. Participants will add tools to their toolbox to identify and celebrate individual strengths. Discover how to utilize these tools to build capacity and develop intervention plans to develop student’s social emotional skills. Help students discover the power within to be successful.

27. Social Emotional Learning PLCs-Turning Private and Quiet into Collaborative  
10:30 AM - Noon  
Where: Salon C (Capacity 110)  
Topic(s): Secondary School Counseling  
Presenter(s): Ruby Bible, Evelyn Crespo  

The innovative approach of a school counselor led PLC (Professional Learning Community) can be strategic and systemic, where continuous collaboration is key. Learn how to conduct a Social Emotional Learning (SEL) PLC where the school counselor’s role is that of a facilitator creating a collaborative culture that is results-oriented, student focused and brings awareness to students’ social/emotional and academic needs.

28. Texas OnCourse: Tools to Help You Prepare Every Student for Life After High School  
10:30 AM - Noon  
Where: Salon D (Capacity 130)  
Topic(s): Counselor Education, College Counseling  
Presenter(s): Kathy Zarate, Carrie Proctor, Leticia Santos  

As Texas’s definitive resource for college and career preparedness, Texas OnCourse equips middle and high school students for post-graduation success. At this session, counselors, advisors, and any other educators providing college and career preparedness advising can learn about the Texas OnCourse Academy. This free, online professional development program has all the information you need to become an expert on your campus. Learn how to navigate through the Academy and earn rewards.
29. We Are All in This Together: Building Effective Principal-Counselor Partnerships  
10:30 AM - Noon  
Where: Salon E (Capacity 130)  
Topic(s): Secondary School Counseling  
Presenter(s): Tiffany Simon, Ebony Morrow, Jana McLain, Letitia Powell  

Some say, “it takes a village to raise a child.” When working with students, it is imperative that school counselors and principals are working collaboratively to create a safe and secure environment for students. Open dialog and well-defined roles help the counselor-principal partnership. Session leaders (professional school counselors) will share their experience in working in a collaborative partnership and strategies to help work through obstacles.

30. Empowering Counselors to Keep up with Students and Making Four Year Plans/PGPs Fun and Easy  
10:30 AM - Noon  
Where: Salon F (Capacity 110)  
Topic(s): College Counseling, Career Development Counseling  
Presenter(s): Monica Garcia, Katie Fang, Michael Discenza  

This program is designed to support professional school counselors and district leaders in meeting HB5 requirements and college and career readiness activities. How are you creating four-year plans and Personal Graduation Plans in your district? Make college and career readiness fun using Schoolinks! Students can experience virtual college tours and are a click away from planning their future. Sample of four-year plans and a timeline with events to complete the process will be shared.

31. APPsolutely Essential APPS  
10:30 AM - Noon  
Where: Salon G (Capacity 110)  
Topic(s): Child & Adolescent Counseling, Technology  
Presenter(s): Jessica Casteel, Brenna Monaghan  

With our busy schedules, it can be difficult to navigate all of the applications available to counselors. This presentation focuses on using applications to promote effective coping strategies with clients. These downloadable apps can be useful both in sessions and outside of the therapeutic setting. Attendees will gain a better understanding of when and why to use apps in their practice and leave with resources for apps suited for a range of ages and client concerns.

32. How to be a School Counselor and an LPC Too!  
10:30 AM - Noon  
Where: Salon H (Capacity 110)  
Topic(s): Ethics & Legal Issues, Professional Issues  
Presenter(s): Laurel Clement  

I am both a LPC and a licensed attorney. I regularly represent persons before the LPC Board. Following both the Board mandates and the requirements of your school administration can be tricky! This seminar is designed to give you helpful hints about working within both arenas.

33. Neuroscience for School Counselors  
10:30 AM - Noon  
Where: Vine (Capacity 160)  
Topic(s): Secondary School Counseling  
Presenter(s): Jennifer Akins  

Is your campus on fire about restorative practices, community circles, positive behavior intervention strategies, or trauma informed care? Has your study of mindful practices led you to explore more about the brain? Have you wondered about growth mindset and neuroplasticity? This is the workshop for you! In this session, counselors will review major brain structures, explore new research on emotional regulation and brain based interventions, and more.
34. Creating Career Day Events Your Students Will Never Forget
12:30 - 2 PM
Where: Expo A1 (Capacity 190)
Topic(s): Elementary School Counseling
Secondary School Counseling
Presenter(s): Karen Powell  Scott Sterrantino

This will be an interactive session that will equip you with the knowledge and tools needed to create a memorable career day that students, staff, and presenters will enjoy. We will discuss career day styles, determining student interest, finding ideal presenters, minimizing cancellations and no-shows, timeline for specific implementation steps, use of technology to create schedules, evaluation, and follow up from students.

35. Counseling Advisory Teams Empower the Leaders within Your District Counseling and Social Services Department
LIVESTREAMING
12:30 - 2 PM
Where: Expo A2 (Capacity 160)
Topic(s): Counselor Supervision
Child & Adolescent Counseling
Presenter(s): Monica Garcia  Ernest Cox
JoAnne Cruz  Sophronia Kelly  Zion

This program is designed to support professional school counselors, social workers, and district leaders in realigning their comprehensive counseling, guidance and social services programs by using the human resources and untapped potential of district professional school counselors and colleagues. As agents of change the Counseling Advisory Team (CAT) members are the brain trust for moving the department forward.

36. Child Centered Play Therapy for Elementary School Counselors
12:30 - 2 PM
Where: Expo A3 (Capacity 140)
Topic(s): Play Therapy
Presenter(s): Cynthia Anderson

The focus of the training will be on children who need an outlet for expression in order to cope more effectively with numerous life stressors. The presenter will utilize a variety of instructional approaches to facilitate learning toward the presentation objectives, including lecture, group discussion, and hands-on activities. Recommended items for play therapy will be discussed from categories such as realistic, nurturing, creative, aggressive, fantasy, sensory, building, and games.

37. For The Love of Counseling
12:30 - 2 PM
Where: Azalea, Rose & Orchid (Capacity 100)
Topic(s): Secondary School Counseling
Presenter(s): Errin French  Cathy DeLisle

As counselors we want to provide great guidance lessons, have awesome parent academies, support college and career readiness, and help our teachers understand the benefits of relationships. Come to our session where you will walk away with hands on activities, websites, books, video clips, and ideas for implementation!

38. Weathering the School Day: How Counselors Can Impact School Climate
12:30 - 2 PM
Where: Floral A1 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Robin Creed-McVay  Lakittah Eagleton

Discussion of how school climate is impacted by counselors through personal connections with all share-holders including administrators, teachers, and staff members as well as students. Ideas on how to create those connections and how they will impact school climate.

12:30 - 2 PM
Where: Floral A2 (Capacity 140)
Topic(s): Professional Issues
Spirituality & Wellness
Presenter(s): Patricia Cryer

This program will demonstrate the role of acute v. chronic stress in daily life and the work place, how it affects the body and mind, and tools to handle stress on the go as well as long term. Focus will be specifically for the schedule and workload faced by the school counselor. Participants will take away research based strategies for stress management to put into practice immediately.
40. College-Bound Student-Athletes: Helping Students and Parents Navigate the Challenges of Unique College Planning
12:30 - 2 PM
Where: Iris & Tulip (Capacity 80)
Topic(s): Secondary School Counseling
Presenter(s): Kira Holt

College planning for Student-Athletes starts early and requires specific steps that students and parents need to take prior to the formal NCAA/NAIA recruitment periods. This is especially true for students who aren’t high profile and heavily recruited. This session will help counselors learn how they can better serve their students through the athletic recruiting process.

41. Catch the WAVE! RISD’s Data Driven Journey
12:30 - 2 PM
Where: Ivy (Capacity 160)
Topic(s): Counselor Education, Ethics & Legal Issues
Presenter(s): Laura Blatzheim, Niky Howell, Robin Fishman

This presentation will share our journey to create a use-of-time tool to help us evaluate and advocate for our school counseling. We will explain how you can use data to evaluate your school counseling program to identify areas of strength and improvement. We will also learn some ways to document how much time is being spent towards the recommended percentages in each of the categories (guidance curriculum, responsive services, individual planning, system support).

42. Tackling the Mandated Guidance Topics 2.0
12:30 - 2 PM
Where: Salon A (Capacity 110)
Topic(s): Elementary School Counseling, Secondary School Counseling
Presenter(s): Kimberly Campbell, Becca Hill, Jessica Wade

Counselors from Northwest, Argyle, and Wills Point ISDs have teamed up to take last year’s elementary only presentation and bring it to all levels. Counselors from elementary, middle, and high school will leave the presentation with ready-to-use, ASCA formatted lessons that cover Texas’ six mandated guidance topics. Students will learn how to handle various situation. from age-appropriate suicide awareness in September to anti-victimization in April.

43. The Changing Face of ADHD As Our Children Grow
12:30 - 2 PM
Where: Salon B (Capacity 110)
Topic(s): Secondary School Counseling, Counselor Education
Presenter(s): Meredith Deemer, Stephanie Robertson

As ADHD children grow they experience new and different symptoms of the disorder. Explore the executive functioning and self-regulation challenges that ADHD teens experience as they move into adulthood. This session will give new insight into helping students transition from high school to college. High school counselors and parents will learn about common pitfalls of college age ADHD students and practical ways to avoid them.

44. Personal Planning for Refugees and Linguistic, Cultural, and Ethnic Minorities: Advocating for voices of every language
12:30 - 2 PM
Where: Salon C (Capacity 110)
Topic(s): Multicultural & Social Justice, Child & Adolescent Counseling
Presenter(s): Arlette Back, Charles Crews, Paula Abbott

This program shares best practices when working with refugee populations in our schools. The United States officially has close to 100k refugees annually from a variety of situations. A majority of documented Immigration in the USA come from south east Asia and Africa. Come learn about how a Texas public school has handled over 30 documented languages in their school district. Does anyone speak Karenni in our school?

45. Unity Conference: Building an Appreciation for Diversity Across the District
12:30 - 2 PM
Where: Salon D (Capacity 130)
Topic(s): Multicultural & Social Justice
Presenter(s): Oteka Gibson, Cynthia Suarez, Leanne Burge

Our Unity Conference involves twenty-five students from each of our 7 comprehensive high schools coming together annually to learn about inclusiveness and to celebrate diversity. These students, in turn, are voices for acceptance and tolerance back at their campuses.
46. When Trauma Comes to School: Are School Counselors Prepared to Work with Traumatized Students?
12:30 - 2 PM
Where: Salon E (Capacity 130)
Topic(s): Elementary School Counseling
Counselor Education
Presenter(s): Angela Powell

School counselors are tasked with providing strategies for all students including those who may be experiencing various types of trauma symptomatology. While there is a high expectation of providing quality care, there is a question of how well school counselors are prepared to work with those traumatized students. This presentation will describe the perceptions of school counselors of how well they were prepared by their graduate counseling programs to work with students with trauma.

47. Help! There is only one of me! Social Emotional Guidance Lessons that Utilize your Advisory Time
12:30 - 2 PM
Where: Salon F (Capacity 110)
Topic(s): Secondary School Counseling
Presenter(s): Tracy Skripka Kelley Rullman

In this lively session, explore and practice how to best utilize your advisory time to teach social emotional lessons to 700 plus students when there is only one counselor. Team up with classroom teachers to deliver lessons and help to build class families. Lessons shared.

48. What School Counselors Need to Know About the New ESSA Requirements for Educating Homeless and Foster Children
12:30 - 2 PM
Where: Salon G (Capacity 110)
Topic(s): Multicultural & Social Justice
Child & Adolescent Counseling
Presenter(s): Jeanne Stamp

The Elementary and Secondary Education Act was reauthorized by the Every Student Succeeds Act of 2015. ESSA also contains important amendments to the McKinney-Vento Homeless Education Act, and the Title I Part A provisions for educating homeless children and children in foster care. This workshop will identify the changes required of school districts to comply with the new law, and address evidence-based practices in providing services that assist highly mobile children to succeed in school.

49. Building School Culture from the Inside Out
12:30 - 2 PM
Where: Salon H (Capacity 110)
Topic(s): Secondary School Counseling
Child & Adolescent Counseling
Presenter(s): JC Pohl

Building a strong school culture should be the first priority of every school leader. It is proven to decrease bullying, enhance academic performance, and increase student engagement. This session reveals a framework for giving students a voice and empowering them to take ownership of their school, so you won’t have to do it all alone! Led by an award-winning producer and experienced counselor, this session focuses on tested methods that build resiliency and develop positive culture.

50. Josie’s Journey - The Impact of Therapy Dogs in the School Setting
12:30 - 2 PM
Where: Vine (Capacity 160)
Topic(s): Child & Adolescent Counseling
Presenter(s): M. Kim Pruitt

Meet Josie, a Golden Retriever who works with children of various ages in the school setting. Learn the development of Josie’s integration onto four campuses in two school districts, providing guidance in introducing Animal-Assisted Intervention. Hear from Josie’s partner as she discusses the impact on multiple layers of the school environment. Experience positive changes on campuses in leadership practices and student response due to the counseling partnership with canine co-counselors.
51. Trauma-Informed and Grief-Informed Schools
2:30 - 4 PM
Where: Expo A1 (Capacity 190)
Topic(s): Grief, Crisis, & Trauma
Presenter(s): Lesley Casarez, Anne Hardegree, Lezli Real, Michael O'Briant

With many recent events, students need educators who have developed practices and procedures regarding mental health, which include grief-informed and trauma-informed practices. This presentation focuses on childhood traumatic stress, identifying trauma-informed practices, grief, and identifying grief-informed practices. Helpful resources will be provided.

52. TEC, TAC, Whoa! Finding Success During Your First Year in District Leadership LIVESTREAMING
Monday, February 19 | 2:30 - 4 PM
Where: Expo A2 (Capacity 160)
Topic(s): Counselor Supervision, Secondary School Counseling
Presenter(s): Jennifer Akins, Monya Crow

Leading and supporting school counselors is critical to the effective development of comprehensive school counseling programs. Yet, district-level leadership roles and responsibilities can vary significantly. It can be intimidating to know where to begin! In this workshop, we will share the lessons, strategies and resources that were most helpful during our first year in a district position. Participants will leave with ideas to implement immediately as well as points for growth over time.

53. TEA Curriculum Update
Monday, February 19 | 2:30 - 4 PM
Where: Expo A3 (Capacity 140)
Topic(s): Professional Issues, Elementary School Counseling, Secondary School Counseling
Presenter(s): Jessica Snyder

Staff from the Curriculum Standards and Student Support Division will share the latest TEA curriculum updates, including updates from the 85th Texas Legislature and the State Board of Education.

54. The Trauma Chrysalis: Traumatized Children Developing into Adults
2:30 - 4 PM
Where: Azalea, Rose & Orchid (Capacity 100)
Topic(s): Grief, Crisis, & Trauma, Lifespan Development
Presenter(s): Katye Galloway-Clark, Charles Crews

Come learn how counselors can build developmental bridges for children who experience trauma as the child matures. You will learn to use encouraging positive and effective communication between counselors, schools, and other agencies in a social justice and diversity focused way. Interdisciplinary dialogue will be conducted between participants, to provide implications for counselors to dispel the “Us vs. Them” attitude when working together for the best outcomes for children and families.

55. The Usual Suspects: Taking the Bully by Both Horns: Identify-Intervene-Integrate
2:30 - 4 PM
Where: Floral A1 (Capacity 140)
Topic(s): Elementary School Counseling, Secondary School Counseling
Presenter(s): David Dye

If it’s not bullying what do you call it? How do you handle it? This presentation provides a clear understanding of Negative Social Interactions including bullying, and other bothersome behaviors. Walk away with the knowledge and resources to teach your school to take bullying by both horns. This session will provide the following researched based concepts: The Five Rules of Bullying, The Usual Suspects and the powerful conflict resolution strategy TALK-WALK-TELL.

56. You Have to ‘See’ Them to Save Them
2:30 - 4 PM
Where: Floral A2 (Capacity 140)
Topic(s): Grief, Crisis, & Trauma, Child & Adolescent Counseling
Presenter(s): Jeff Grote

SUICIDE; every counselor’s least favorite topic, yet the most important. “13 Reasons Why” has catapulted the topic to the forefront of teen awareness, while shedding a negative light on counselors. Increasing the number of conversations with students is step one. Then ‘seeing’ them, for who they are, where they are, allows for logical problem solving and life. Strategies will be presented via real stories. A technique to “stop the spinning”, and focus on priorities, will be outlined.
57. Moving Beyond the Title: Mindset, Methods, and Motivation for School Counselors who Want More
2:30 - 4 PM
Where: Iris & Tulip (Capacity 100)
Topic(s): Spirituality & Wellness
Presenter(s): Holly Coneway

Are you sick and tired of being sick and tired? The ideas presented in this program help school counselors shift from feeling stressed and overworked to a position of leadership and authority in both the workplace and their own lives. We will learn practical lifestyle and mindset shifts for counselors who are ready to stop feeling overwhelmed by their jobs and their lives. Counselors will be led in a meditation to practice the all-important mindfulness skill of slowing down.

58. Perspectives Across Texas: Tips, Tricks, and Best Practices in Advocating and Implementing Your School Counseling Program
2:30 - 4 PM
Where: Salon A (Capacity 110)
Topic(s): Elementary School Counseling, Secondary School Counseling
Presenter(s): Elizabeth Rogers, Kathy Stringfellow, LaTrenda Watson, Stephanie Lerner

Are you struggling with how to implement a comprehensive school counseling program at your school? Do you feel like you need help advocating for your role and appropriate duties as a school counselor? If so, this program is right up your alley! The 4 TSCA Emerging Leaders, each representing a different school level and a different region of Texas, will share their most tried and trusted tips for setting up their counseling programs and for advocating for the true role of the school counselor!

59. Your Zip Code Shouldn’t Define Your Access: Online Learning Makes the Difference
2:30 - 4 PM
Where: Salon B (Capacity 110)
Topic(s): Secondary School Counseling
Presenter(s): Beth Cooper

Participants will explore online learning and digital resources available to expand students' access to a wide array of high school courses, including options for Advanced Placement, Dual Credit, and specialty courses to ensure students can engage in coursework aligned to their interests, no matter where they live. Also, investigate additional online, open educational resources (OERs) to support students in mastering content and succeeding on AP exams.

60. Improper Teacher-Student Relationships: A Counselor’s Response (Also offered on Sunday as program 2)
Monday, February 19 | 2:30 - 4 PM
Where: Salon C (Capacity 110)
Topic(s): Secondary School Counseling, Ethics & Legal Issues
Presenter(s): Carol Parker, Candy Ratliff

This session will review ASCA Ethical Standards, the Section 21.12 of the Texas Penal Code (improper relationships), ACA Code of Ethics and Texas State Board of Examiners of Professional Counselors rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

61. Compassion Fatigue: Who’s helping the helping Professional?
2:30 - 4 PM
Where: Salon F (Capacity 110)
Topic(s): Professional Issues
Presenter(s): Michelle Wilkinson

So often in the helping profession, whether counselor, clergy, teacher, or even the IT guy there is a need to have all the answers. But what happens when you could use a little help to cope with the day-to-day stress of giving and then giving some more? Often isolation and burnout are the result. Who can the helper turn to for help? This program offers an overview of compassion fatigue and practical steps for prevention and recovery through self-care for the helping professional.

62. Court Testimony for Counselors
2:30 - 4 PM
Where: Salon G (Capacity 110)
Topic(s): Ethics & Legal Issues
Presenter(s): Bryan Moffitt

This program is to prepare counselors to go to court. There are multiple liability issues that arise for today’s practitioners in counseling. Identifying the problem areas can help. It is also important to recognize where the legal dangers do not exist, so the practitioner can work with confidence.
3 - 6 pm

63. What is a School Based-Registered Play Therapist? Come Find Out!

3 - 6 PM (3-Hour Workshop)
Where: Ivy (Capacity 160)
Topic(s): Play Therapy Child & Adolescent Counseling
Presenter(s): Linda Hart

This workshop is designed to introduce the new credential from The Association for Play Therapy! Professional school counselors may now become an SB-RPT. This experiential presentation will include the credential requirements and offer a hands-on approach to play therapy activities that may be used in school settings with individual students, groups, classrooms, and families. Participants will leave the workshop with at least ten different ideas to use in their schools. Come play with us!

64. What’s New? What’s Not? A Review of the 2016 ASCA Ethical Standards for School Counselors

3 - 6 PM (3-Hour Workshop)
Where: Salon D (Capacity 130)
Topic(s): Ethics & Legal Issues Professional Issues
Presenter(s): Betty White

The ASCA Ethical Standards for School Counselors are the basis for our ethical practice of school counseling. There have been significant changes in the code from the 2010 version to the 2016 version. This version is more complex, and also much more specific in its guidelines for our practice. This session will review these changes, examine case studies regarding common ethical dilemmas encountered by school counselors, and explore legal issues related to the practice of school counseling.

65. Creative Arts Based Cognitive Restructuring as a Clinical Technique for Common Childhood Mental Health Problems

3 - 6 PM (3-Hour Workshop)
Where: Salon E (Capacity 130)
Topic(s): Child & Adolescent Counseling
Presenter(s): Hulya Ermis Demirtas Jennifer Gerlach Ajitha Chandrika Prasanna Kumaran

This workshop will focus on the use of creative arts-based cognitive restructuring as a clinical technique for common childhood mental health problems or behavioral issues. Attendees will have an opportunity to learn how to help children identify their dysfunctional thoughts, refute these thoughts, generate more balanced thoughts, and increase their positive self-talk by using creative arts based cognitive restructuring.

66. TSCA Presents: Transforming Texas Comprehensive School Counseling Programs: the Fifth Edition of the Texas Model for Comprehensive School Counseling Programs

3 - 6 PM (3-Hour Workshop)
Where: Salon H (Capacity 110)
Topic(s): Elementary School Counseling Secondary School Counseling
Presenter(s): Elias Zambrano Ernest Cox Scott Kessel

Take a deep dive into the new organization, competencies, domains, strategies and tools set forth in the 5th Edition of the Texas Model for Comprehensive School Counseling Programs, which has been updated to reflect best practices and statutory requirements for school counseling programs. Whether you are a new or seasoned school counselor, a director of guidance or a counselor educator, this is a must attend session. Learn how to implement the new domains and competencies for student success across all grade levels. Identify ways to appropriately engage parents, administrators, and other educators to support your school counseling program. This session will focus on helping you build award-winning school counseling programs.

67. Trauma-Informed Care: Brain-Based Strategies for Challenging Behaviors

3 - 6 PM (3-Hour Workshop)
Where: Vine (Capacity 160)
Topic(s): Child & Adolescent Counseling Counselor Education
Presenter(s): Sarah Garrett

This workshop will explain the major tenets of trauma-informed care, the neurobiology of trauma, and offer practical, ready-to-use solutions to increase regulation and decrease challenging and explosive behaviors in the classroom. Participants will leave with an understanding of why behavioral tools and strategies that work for most children are often inadequate and ineffective with children who have experienced trauma.
4:30 - 6 pm

68. Go the Distance: On your Marks, Get Set, Go!
4:30 - 6 PM
Where: Expo A1 (Capacity 190)
Topic(s): Secondary School Counseling
Presenter(s): Jana McLain, Kaci Sheridan, Matt Smith

Participants will dig deeper into themselves to gain greater self-awareness by learning techniques that can be immediately brought back to students. Counselors will continue to go the distance both for themselves and their student clients through understanding mindfulness, temperaments, and methods for creating effective boundaries. This fun and interactive session will provide strategies that are utilized in Humble ISD classrooms and counseling services.

69. Get Your Group On: Facilitating Psychoeducational Groups in Schools LIVESTREAMING
4:30 - 6 PM
Where: Expo A2 (Capacity 160)
Topic(s): Group Work, Child & Adolescent Counseling
Presenter(s): Stephanie Lerner

Psycho-educational counseling support groups are an amazing tool to support children and teach them the skills they need to thrive. This program provides counselors with a blueprint for planning and facilitating psycho-educational groups. Participants in this program will learn various strategies and activities that they can use in their own group sessions. Participants will also learn techniques for continuing to support group members after the group ends.

70. Eliciting Change Talk: Using Motivational Interviewing to Treat Excessive Technology Use in Middle and High School Students
4:30 - 6 PM
Where: Expo A3 (Capacity 140)
Topic(s): Secondary School Counseling, Child & Adolescent Counseling
Presenter(s): Nikki Kordzik

Adolescents’ frequent technology use has led to several symptoms, such as educational, sleep, emotional, and relational concerns (Kuss, 2013). Participants will discuss symptoms that stem from students’ excessive technology use and will learn how to incorporate motivational interviewing techniques to decrease the frequency of students’ technology use. Didactic teaching, role playing, and scaling activities will be used to accomplish this goal.

71. Mindfulness: Make the Most of Every Moment
4:30 - 6 PM
Where: Azalea, Rose & Orchid (Capacity 100)
Topic(s): Spirituality & Wellness, Child & Adolescent Counseling
Presenter(s): Barbara Gruener

In a world where students are increasingly anxious and stressed, practicing mindfulness is more important now than ever. How do you help students and school family stay in the moment, fully aware, mindfully present, and without judgement? What are your best practices for staying mindful when your mind gets full? Walk mindfully into this interactive session for some intriguing integration ideas as we journey through the research and unpack some new mindfulness resources.

72. Schoolwide Social Emotional Learning Strategies to Support Student Success
4:30 - 6 PM
Where: Convention Center, 2nd Floor, Floral A1 (Capacity 140)
Topic(s): Elementary School Counseling, Secondary School Counseling
Presenter(s): Jennifer Sanderlin, Monya Crow

Social Emotional Learning at a schoolwide level is sometimes a daunting task. How do we make the case? Where will we find the time? How will we get teachers or administrators on board? Counselors and other professionals caring for student well-being are often the champion for SEL, but are sometimes seen as the only one whose job it is to teach these important skills. Join this session to learn about recent research and practical strategies to start or reinvigorate your schoolwide SEL efforts.

73. From Wellness to Practice: Stress Management Techniques for the Real World School Counselor
4:30 - 6 PM
Where: Floral A2 (Capacity 140)
Topic(s): Spirituality & Wellness, Professional Issues
Presenter(s): Serena Flores

The construct of wellness has been emphasized heavily in counseling based literature within recent decades; from wellness based models to best practices for implementation towards an enhanced lifestyle. The emphasis of this presentation is to scaffold upon the understanding of wellness and focus upon stress management application practices for the real world school counselor.
74. Boys Will Be Boys: Or is There Something Else Going On?
4:30 - 6 PM
Where: Iris & Tulip (Capacity 100)
Topic(s): Child & Adolescent Counseling
Presenter(s): Katrina Tie Karla King

The behavior of boys is often adversely affected by external factors. The rough and rowdy behavior we associate with boys is many times a sign of deeper issues. We need to recognize this behavior and work to manage it specifically with these gender differences. Counselors need to utilize different strategies to help boys both in the classroom and outside of the classroom. We need to change our mindset when we have boys in the office and keep them in mind when creating groups and activities.

75. Mandalas: Reflection and Meaning
4:30 - 6 PM
Where: Salon A (Capacity 110)
Topic(s): Elementary School Counseling Secondary School Counseling
Presenter(s): Megan Guidry Cally Tilly

Mandalas are a longstanding artistic tool. Learn about the rich cultural history of mandalas, their purpose and therapeutic qualities. There are numerous ways this art form can be utilized in counseling. This session is designed to inform School Counselors how to adapt the elements of mandalas to meet the diverse needs of students.

76. No Cost/Low Cost Take Aways for the Elementary School Counselor
4:30 - 6 PM
Where: Salon B (Capacity 110)
Topic(s): Elementary School Counseling
Presenter(s): Monica Taylor Jennifer Wilson

Do you wish you could leave a conference session with just ONE practical idea that you could go back to your campus and present the next day? How about over 50 ideas that could use right away? Then this session is for YOU! Come and join Monica and Jennifer as they take you through a whirlwind of activities and give you all of the information you need to make the magic happen for your counseling program.

77. How to Manage Movement within the Classroom as an Intervention: Tools not Toys
4:30 - 6 PM
Where: Salon C (Capacity 110)
Topic(s): Counselor Education
Presenter(s): Deanne Moore

Come explore the brain body connection to learning. See how integrating movement increases cognitive capacity and retention of information. Learn the science behind our bodies dynamic need for movement to sustain attention. Get your synapses firing and increase your BDNF. Learn easy purposeful movement strategies and management procedures to use in classrooms and with individual students as behavioral interventions. Increase the success of your small groups with these research based strategies.

78. Having the Courage to Grow your Guidance Program: Making High School Guidance a Reality
4:30 - 6 PM
Where: Salon F (Capacity 110)
Topic(s): Secondary School Counseling Counselor Education
Presenter(s): Jo Anne Cruz Misty Ornelas-Servin Velma Lopez

Conducting classroom guidance in a 6A high school is a reality for these professional school counselors. Learn how they implemented a comprehensive guidance program while facing the challenges of existing in a high stakes assessment atmosphere. In this interactive session, participants will gain skills to have crucial conversations, gain insight into scheduling, create lessons that are data driven and address both academic and social/emotion skill goals while garnering stake holder support.

79. Want to See the World? Ethical Issues in International School Counseling Settings
4:30 - 6 PM
Where: Salon G (Capacity 110)
Topic(s): Ethics & Legal Issues
Presenter(s): Bonnie King Carlos Rios

This presentation will focus on ethical issues that emerge in international school counseling contexts. The goals of this presentation are: 1) to describe common ethical issues faced by school counselors in international settings; 2) to apply the ASCA National Model, the ASCA Ethical Standards for School Counselors, and the ACA code of ethics to common ethical issues faced by international school counselors; 3) to explore an ethics case study and utilize an ethical decision-making model.
8:30 - 10 am

80. TSCA Presents: Practical Strategies for Innovative School Counseling Programs: the 5th Edition of the Texas Model for Comprehensive School Counseling Programs LIVESTREAMING
8:30 - 10 AM
Where: Expo A2 (Capacity 160)
Topic(s): Elementary School Counseling  Secondary School Counseling
Presenter(s): Lisa Wines  Le’Ann Solmonson  Scott Kessel

School counseling programs have transformed over the past 25 years. Professional school counselors no longer work in isolation but instead partner with their campus communities to ensure that all children reach their full potential. This program will prepare you to effectively collaborate with your district and campus teams to deliver an effective, intentional comprehensive school counseling program that aligns with Texas statutory requirements. You will learn best practices in program implementation and services to benefit your students and set them on the path to success.

81. Even MORE Alphabet Soup-Classroom Guidance Lessons Letters K-O
8:30 - 10 AM
Where: Expo A3 (Capacity 140)
Topic(s): Elementary School Counseling  Child & Adolescent Counseling
Presenter(s): Betty White

School counselors are mandated to use the bulk of their time delivering a comprehensive, needs based classroom guidance program. The problem is, with all of the other needs on campus, few counselors have the time to develop quality lessons. In addition, budgetary restrictions prevent many counselors from purchasing ready-made materials. This session provides 25 memorable lessons developed by a school counselor with 26 years of experience and are brief, easy to prep, and inexpensive.

82. The Role of Leadership in Surviving a School Shooting
8:30 - 10 AM
Where: Azalea, Rose & Orchid (Capacity 100)
Topic(s): Grief, Crisis, & Trauma
Presenter(s): Carleton Brown

This program describes the lived experience of a principal collaborating with counselors to survive a school shooting. The case highlights the challenges that school leaders may face such as making quick decisions, managing volunteers, and assisting faculty, staff, students and parents in returning to a level of normalcy.

83. B.O.S.S Transformation
8:30 - 10 AM
Where: Floral A1 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Norma Wright  Domonique Mack  Ellyn Favors  Tracie Washington

Attendees will become motivated by the vision to become purpose driven leaders that serve with a sense of urgency through the key BOSS strategies of Building Relationships, Overcoming Obstacles, Setting the Standard of Excellence, and Sustaining Success. This workshop will clearly define the necessity of the principal-counselor-teacher-community relationship as it serves as a spring board to empower all scholars to reach their fullest potential.

84. A Heartful Approach In & Out of the Office: managing toxic stress and thriving in daily life through mindfulness and self-care
8:30 - 10 AM
Where: Floral A2 (Capacity 140)
Topic(s): Secondary School Counseling
Presenter(s): Carrie Edmond

Participants will explore the research and benefits of mindfulness. Due to the nature of the counselor’s job, toxic stress is a concern. Participants will assess self-care practices and explore ways to manage stress. Participants will be guided through exercises that are beneficial to both the counselor and the client. The session will be interactive and experiential. We will explore techniques and content through group exercises, personal exploration, and the practice of mindful exercises.

85. Hurricane Harvey: Standing Back Up (Trauma)
8:30 - 10 AM
Where: Iris & Tulip (Capacity 80)
Topic(s): Secondary School Counseling
Presenter(s): Jill Riethmayer

In our current world, trauma is no longer distant - one only has to turn on CNN to have the world’s trauma in the living room. Trauma today, both man-made & natural, seems to be more pervasive. We have only begun to absorb one traumatic event, before another arrives. The cumulative impact of trauma can, in time, be overwhelming. The only way to get “past” or “out” of the trauma is by walking through the emotional impact of the current trauma which often activates our old unresolved traumas.
86. Texas OnCourse: Middle School Career Resources and Course Planning
8:30 - 10 AM
Where: Ivy (Capacity 160)
Topic(s): College Counseling Career Development Counseling
Presenter(s): Lara Gueguen Elizabeth Reed

Texas OnCourse is the definitive resource across the state for educators, students, and parents for college and career preparedness. This workshop will focus primarily on Middle School resources as we take a closer look at Middle Galaxy, our career exploration game, and the endorsement and course planning tool, Map My Grad. Middle to High School transition is a crucial time and students have to make planning decisions early on to ensure success.

87. Suicide Prevention and Intervention in Schools
8:30 - 10 AM
Where: Salon A (Capacity 110)
Topic(s): Grief, Crisis, & Trauma
Presenter(s): Jamie Farber Irene Myers

Suicide rates are on the rise, especially in certain demographics/age groups. This session will assist you in identifying recommended best practice-based programs in suicide prevention for your district or campus. Additionally, attendees will receive a copy of one district’s suicide intervention protocol. The session will permit time to review the protocol and the rationale for the steps within the protocol.

88. Surviving and Thriving Girls Group
8:30 - 10 AM
Where: Salon B (Capacity 110)
Topic(s): Group Work Child & Adolescent Counseling
Presenter(s): Misty Ornelas-Servin Leslie McClellan Tammy Cantu

This presentation will focus on the increasing challenges brought on by today’s society and the impact of the day to day stress of a female student. Some of the obstacles that students may face daily may include self-esteem, family environment, peer relations, assertive communication, difference between a healthy and unhealthy relationship. In this interactive session, participants will gain a better understanding of how to work with female students in a group setting.

89. When I Grow Up: College and Career Readiness for Elementary and Middle School Counselors
8:30 - 10 AM
Where: Salon C (Capacity 110)
Topic(s): Elementary School Counseling
Presenter(s): Tiffany Simon Ebony Morrow

Our youngest learners have so many ideas on who they want to be, how can school counselors assist? We will explore methods to help make your career awareness campaign out of this world to meet the needs of your youngest scholars! We will discuss innovative ways to create resource guides which can be used with elementary school students to promote career awareness. We will share user friendly media resources that may help to attract both students and parents to learn more about careers.

90. Why it’s important to better understand Non-Suicidal Self Injury in adolescents and the reasons behind its use
8:30 - 10 AM
Where: Salon D (Capacity 130)
Topic(s): Secondary School Counseling Child & Adolescent Counseling
Presenter(s): Michelle Tubilla

By fully understanding Non-Suicidal Self Injury (NSSI) in adolescents and the reasons for it, we can become better practitioners and more comfortable in addressing these tough topics. Often in the school setting there is an avoidance of these tough topics both by counselors and students.

91. Trauma and Minority Youth: The Effects of Post-Traumatic Symptoms on the Academic Success of Young African American Males
8:30 - 10 AM
Where: Salon F (Capacity 110)
Topic(s): Elementary School Counseling Child & Adolescent Counseling
Presenter(s): Angela Powell

More than 27% of African Americans live in impoverished areas and are disproportionately more susceptible to neglect, sexual abuse, physical abuse, and violence than their counterparts. Young African American males from lower socioeconomic backgrounds face additional barriers in education and academic success. Prolonged exposure to complex trauma may have detrimental effects causing social, emotional, and academic learning difficulties that could inhibit academic success, particularly reading.
92. Understanding Why Students (and Adults) Behave the Way They Do; What Can I Do About It?
8:30 - 10 AM
Where: Salon G (Capacity 110)
Topic(s): Secondary School Counseling
Presenter(s): Tracy Skripka Kelley Rullman

Understanding why people behave the way they do is the first step toward knowing how to handle misbehavior. This session will teach you about the brain, how it works, what three brain states dictate behavior, and how to shift people into a higher brain state so they are able to problem solve conflicts that arise. Learn to respond more positively to everyday upsets rather than react impulsively and negatively when life doesn't go their way.

93. Responsive or Preventive Services: Using Pop culture informed crisis counseling PCICC
8:30 - 10 AM
Where: Salon H (Capacity 110)
Topic(s): Grief, Crisis, & Trauma
Child & Adolescent Counseling
Presenter(s): Stephenie Jones Charles Crews Jacqueline Gilmer

The effect of a crisis on a student can be mitigated if the student has the skills necessary to cope with the event. This program will help you to prepare your students in response to the inevitable crisis event. Using a variety of popular culture items such as mobile apps, entertainment, and other media, the presenters will share interventions used to prepare students for the inevitable crisis, thus making the crisis impact less severe.

94. Emotional Mindfulness Group Intervention for Preteens
8:30 - 10 AM
Where: Vine (Capacity 160)
Topic(s): Elementary School Counseling
Child & Adolescent Counseling
Presenter(s): Ajitha Chandrika Prasanna Kumaran Hulya Ermis Demirtas Jennifer Gerlach

This presentation will illustrate a 5-week emotional mindfulness group intervention designed to assist preteens in building knowledge of emotion regulation, mindfulness practices, and self-awareness. This group intervention will be useful for school counselors in helping preteens integrate mindfulness practices for perceiving, understanding, and regulating emotions of self and others. The presentation includes case study, group session plans, and suggestions for parents.
Dr. Dibinga will provide you with the steps needed to bounce back from any setback, be it personal or professional. During this interactive program, participants will be able to first probe into the circumstances that led to their setback, and then embark on a 4-step reinvention road map that will keep them focused and ready to adapt to new challenges. As the saying goes, either you expand or you are expendable, you will leave knowing how to expand and G.R.O.W. towards your greatness!

Omékongo Dibinga is the UPstander. His life’s mission is to inspire people across the globe to take a stand when they witness an injustice, no matter how small or large. He is a motivational speaker, trilingual poet, TV talk show host, rapper, and professor of cross cultural communication at American University.

His writings and performances have appeared in O Magazine, as well as on TV and radio from CNN, BET, and the BBC to NPR, Music Choice, and Voice of America in millions of homes in over 150 countries.

Dr. Dibinga has published and produced seven books, seven fusion music and motivational CDs, and one independent DVD. His motivational book G.R.O.W. Towards Your Greatness! 10 Steps to Living Your Best Life has received praise from great motivational speakers such as Willie Jolley. His most recent book The UPstander’s Guide to an Outstanding Life is a life balance book for students. For more information, please visit www.upstander-international.com.
Subject to Change

EXHIBIT HALL MAP

CONFERECE REGISTRATION

A1

121 220
119 218
221 320
219 318
321 420
319 418

A2

115 214
113 212
111 210
109 208
107 206
315 414
313 412
311 410
309 408
307 406

A3

103 202
101 200
203 302
201 300
303 402
301 400

Expo A

Expo B

Expo C

Entrance

Entrance
Addi, The Admissions Prep App
BOOTH: 121
Addi is a college admissions preparatory app that is completely new and unique. It will make the lives of busy high school counselors much easier by helping to keep their students on track for college. This program can be used by counselors, parents and high school students grades 9-12. When application time arrives, Addi provides comprehensive checklists and calendars to keep students, parents, and their counselors organized.
meetaddi.com

American Income Life Insurance Company
BOOTH: 402
All partners with TCA to offer a no cost AD&D policy benefit to active TCA members. AIL also provides partner discounts and child safety kits.
ailife.com

Aperture Education
BOOTH: 418
Aperture Education is a company focused on addressing the whole child through the Evo Social/Emotional Online Assessment and Intervention System, or Evo SEL. Evo SEL features the Devereux Student Strengths Assessment (DESSA), a standardized, strengths-based measure of critical social and emotional skills such as self-management, relationship skills, personal responsibility, and responsible decision-making.
apertureed.com

Association for Family and Community Integrity (AFCI)
BOOTH: 410
AFCI is a non-profit organization that seeks to reduce rejection among LGBTQ youth by educating families. AFCI offers free resources for parents and support for professionals who interact with students and parents.
afchouston.org

Claire Lynn Designs
BOOTH: 414
Apparel & Accessories
clairelynn.com

Coping Skills LLC
BOOTH: 315
Membership website, providing CBT therapeutic fables to teach effective life coping skills
copingskillsllc.com

Cowgirl Peg Books
BOOTH: 111
Publisher of children's character building book series
cowgirlpeg.com

Discover Student Loans
BOOTH: 207
College Covered is brought to you by Discover Student Loans, one of the largest providers of private student loans in the United States. Discover Student Loans believes in responsible borrowing and encourages students to maximize scholarships, grants and other free financial aid before taking private loans.
collegetcovered.com

EPIC Entertainment
BOOTH: 319
EPIC Entertainment offers high-energy, interactive assemblies for all grade levels K-12! We combine a mascot and a motivational speaker performing funny skits and exciting games like toilet paper launchers and bumper balls to engage your students on topics like Bullying Prevention, Anti-drugs/Red Ribbon Week, STAAR Testing, Leadership, Character Development, Self Esteem, Dealing with Stress/Anxiety, and more.
epicenterertainment.com

Got2 Bling IT!
BOOTH: 303
Custom rhinestone t-shirts and apparel
got2blingit.net

Grace and Grit Box
BOOTH: 300
Gift boxes for girls based on the true stories of women in history
graceandgritbox.com

Healthcare Providers Service Organization (HPSO)
BOOTH: 101
For over 25 years, Healthcare Providers Service Organization (HPSO) has been helping to safeguard counselors from medical malpractice lawsuits and regulatory board complaints. HPSO is endorsed by the Texas Counseling Association and American Counseling Association as well as 30+ additional professional healthcare associations.
hpsocom

hyperTechnologies, LLC - School Career Day!
BOOTH: 301
A software tool that takes the work out of scheduling the career day. Enter your speakers and your students (and the choices of professions they want to see), and the software puts the entire schedule together, taking into account desired number of sessions and session sizes.
hypertechnologies.net

It’s A Hoot!
BOOTH: 119
Fun and trendy fashion jewelry, essential oil lockets and diffusers
itsahoot4us@yahoo.com

Joint Admission Medical Program
BOOTH: 109
Program aimed at helping economically disadvantaged students pursue a career in medicine
texasjamp.org

Kate Walker Training
BOOTH: 107
Continuing education for counselors and supervisor training
katewalkertraining.com
KIS Jewelry
BOOTH: 406
Motivational, family and fun fashion jewelry
lbueltel@austin.rr.com

Manners of the Heart
BOOTH: 408
Manners of the Heart provides a grade level curriculum for children Pre-K through 5th grade taught by classroom teachers as a core subject. MOH teaches children to esteem others and respect themselves. Our mission is to restore respect and civility in our society by equipping schools, encouraging families and engaging communities in respect-based Heart Education.
mannersoftheheart.org

Marco Products, Inc.
BOOTHs: 313, 311
Publisher of counselor-written materials and supplier of practical, affordable, ready-to-use resources for busy educators and other professionals who work with children. Materials include: guidance programs, activity books, games, storybooks and DVDs on character education, careers, social skills, bullying, anger, conflict resolution, grief, self-esteem, and more.
marcoproducts.com

Mesa Springs Hospital - Innovations
BOOTH: 200
Mesa Springs and Innovations is a newly constructed, 72-bed behavioral health hospital offering inpatient and outpatient mental health and addiction treatment to adults, children, adolescents and their families. Our goal is to consistently deliver quality, evidence-based treatment using a program centered approach intended to reach beyond the typical crisis stabilization model commonly used throughout the industry.
mesasprings.com

New Dimensions
BOOTH: 400
New Dimensions Day Treatment Centers provide partial day and intensive outpatient treatment for adults and adolescents who are struggling with emotional, behavioral and addiction issues.
nndtreatment.com

Origins Behavioral HealthCare ***Silver Sponsor***
BOOTH: 307
Origins Behavioral HealthCare is one of the nation’s best known age and gender-specific alcohol and drug addiction treatment centers, with locations in Florida and Texas.
originsrecovery.com

Rhino Insights, Inc.
BOOTH: 318
Randy Guttenberger, Certified Professional Behavioral Analyst for 22 years, and author of Managing Your Crazy Self, brings new tools and insights to help you understand your thoughts and emotions, improve communication, and stop reacting to protective emotions. These insights can help counselors and teachers work with students and parents understanding communication, discipline styles, study habits, learning styles, and build self-esteem in students. The program is TEA certified for CE hours.
managingyourcrazyself.com

Rock Solid Character
BOOTH: 203
The field trip that comes to YOUR school! The Character Education program that utilizes a 25' portable rock wall to teach your K-12 students how to get a GRIP on good character using the 7 Handholds for Success! Over 400,000 students served since 2000! Half, full, & multiple day programs available. Field day and school carnival rental, too! We travel all over Texas.
rocksolidcharacter.com

SchooLinks
BOOTH: 420
SchooLinks is a modern, AI-powered college and career readiness platform that helps counselors streamline their process and become data driven.
schoolinks.com

St. John’s Northwestern Military Academy
BOOTH: 306
St. John’s Northwestern Military Academy is a private, all-male college preparatory and leadership development school serving young men in grades 7th-12th.
www.sjnma.org

TEEN TRUTH
BOOTH: 412
TEEN TRUTH is an educational services company focused on empowering student voice, enhancing school culture, and building student resilience. Developed from the success of an award winning student-shot film series, TEEN TRUTH boasts North America’s best school assemblies, youth leadership summits, and SEL curriculum.
teentruth.net

Texas Association of College Admission Counselors (TACAC)
BOOTH: 113
TACAC serves all K-12 and higher education counselors to offer outstanding professional development for professionals who work with students in the transition from secondary to post-secondary education. We also provide opportunities for counselors to network with each other and resources to assist students in accomplishing their dreams for a brighter future.
tacac.org

Texas ChalleNGe Academy
BOOTH: 302
Alternative education program of the Texas National Guard, for youth 16-18 years old who are at-risk of not finishing high school
tmd.texas.gov/texas-challenge-academy

Texas Education Agency
BOOTH: 220
Overview of new statewide college and career readiness initiatives
te茶.texas.gov
EXHIBITORS

Texas GEAR UP
BOOTH: 218
Texas GEAR UP is a federally-funded grant in partnership with the Texas Education Agency that is focused on building a college-going culture for all Texans. We offer FREE and easy-to-use college-prep tools for educators, students, and their families.
texasgearup.com

Texas Legal Services Center - LASSA
BOOTH: 201
LASSA, Legal Aid for Survivors of Sexual Assault, is a program of Texas Legal Services Center. Our free legal hotline is answered directly by trained attorneys. These attorneys provide callers with legal information, advice, and referrals about issues that may arise following a sexual assault. The hotline number is 844-303-SAFE.
texaslawhelp.org

Texas School Counselor Association (TSCA)
BOOTH: 221
TSCA is a division of the Texas Counseling Association, and supports Texas Professional School Counselors through leadership, advocacy, and professional development.
txca.org/tsca

Texas State University - Concrete Industry Management Program
BOOTH: 219
The accredited bachelor of science degree in concrete industry management prepares students grounded in basic construction management, who are knowledgeable in concrete technology and techniques, and who are able to manage people and systems to advance to leadership and ownership positions within the concrete industry.
txstate.edu/technology/cim/

Texas Tech University K-12 (TTU K-12)
BOOTH: 321
The Texas Tech University High School Program was established by legislative and state board action in 1993 as a “Special Purpose District” designed to educate students with special situations whose educational needs are not adequately met by traditional school districts. Texas Tech University Independent School District (TTU K-12) now serves students in kindergarten through 12th grade.
dep.ts.ttu.edu/ttuisd/

The ASVAB Career Exploration Program
BOOTH: 309
The ASVAB Career Exploration Program is a free nationwide career planning program for 10th-12th graders.
asvabprogram.com

The Gift Solution
BOOTH: 206, 208
Unique women’s clothing, accessories, & shoes. We carry sizes petite to 3X.
austinboutique@gmail.com

The University of Texas at Austin - UT High School
BOOTH: 202
School district partnership services include online and counselor teacher professional development, online high school credit courses, credit by exams, and specialty student services to support gifted, advanced, and English language learners.
highschool.utexas.edu

The Woodlands School of Massage Therapy
BOOTH: 115
The Woodlands School of Massage Therapy A 500 clock hour program licensed by the state of Texas
woodlandsmassageschool.com

US Army - Houston
BOOTH: 320
Department of Defense - US Army Houston
goarmy.com

U.S. Army ROTC ***Silver Sponsor***
BOOTH: 103
Army ROTC is one of the most demanding and successful leadership programs in the country. For years, Army ROTC has been creating leaders who go on to rewarding careers in the military and civilian worlds.
goarmy.com/rotc/tca

YouthLight, Inc.
BOOTH: 210, 212, 214
YouthLight is an educational publishing company dedicated to providing counselors, educators and other professionals with useful materials to help maximize their effectiveness with youth. We provide exciting books, interactive lessons, games and other products relating to topics such as Relational Aggression, Self-Regulation, Social Skills, Biblio-Guidance and other Developmental Counseling Tools.
youthlight.com
RHOSINE FLEMING
PROFESSIONAL RECOGNITION AWARDS

- 2017-2018 -

ELEMENTARY SCHOOL COUNSELOR OF THE YEAR
Jennifer Vandenbrook

MIDDLE/JUNIOR HIGH SCHOOL COUNSELOR OF THE YEAR
Errin French
Jennifer Burch

HIGH SCHOOL COUNSELOR OF THE YEAR
Karen Kruger

COUNSELOR SUPERVISOR OF THE YEAR
Janet Graczyk

COUNSELOR ADVOCATE OF THE YEAR
Thomas Price

ADMINISTRATOR OF THE YEAR
Lori Barton

Awards presented on Sunday, February 18, 2018 in Galveston, Texas.

Do you know an award-winning professional school counselor?
Find out more about the annual TSCA Professional Awards at www.txca.org.
The CREST awards recognize schools across Texas that appropriately utilize their Professional School Counselors and demonstrate a continuous commitment to building a campus team and programs based on the Texas Model for Comprehensive School Counseling Programs, endorsed by the Texas Education Agency. Awards presented on Sunday, February 18, 2018 in Galveston, Texas.

These award-winning campuses engage their Professional School Counselors to provide students with the classroom guidance, college and career readiness and social/emotional skills needed to be academically successful and well-prepared for life. Professional School Counselors receiving the CREST award use data-driven results to show the effectiveness of their comprehensive guidance and counseling program.

### YELLOW ROSE LEVEL

**Denton ISD**
- Harpool Middle School

**CREST**

**Alief ISD**
- Kerr High School
- Klentzman Intermediate

**Austin ISD**
- Hill Elementary

**Dallas ISD**
- Emmett J. Conrad High School
- Onesimo Hernandez Elementary
- The Dr. Billy E. Dade Middle School

**Del Valle ISD**
- Del Valle Middle School

**Denton ISD**
- Denton High School
- McMath Middle School

**Ft. Worth ISD**
- Western Hills High School

**Garland ISD**
- Classical Center @ Brandenburg Middle School
- Coyle Middle School
- Florence Parsons Pre-K
- Garland Alternative Education Center
- Garland High School
- Kimberlin Academy for Excellence
- Naaman Forest High School
- Northlake Elementary
- Rowlett Elementary
- Walnut Glen Academy of Excellence

**Grapevine-Colleyville ISD**
- Bransford Elementary School
- Colleyville Middle School
- Heritage Middle School

**Humble ISD**
- Kingwood High School
- Kingwood Park High School
- Oaks Elementary
- Pine Forest Elementary
- Riverwood Middle School

**Judson ISD**
- Converse Elementary
- Judson High School

**Keller ISD**
- Trinity Meadows Intermediate School

**LeThirwsville ISD**
- Castle Hills Elementary
- Coyote Ridge Elementary
- Downing Middle School
- Flower Mound High School
- Garden Ridge Elementary
- Hebron High School
- Homestead Elementary
- Lamar Middle School
- LHS Harmon Campus
- Marcus High School
- Rockbrook Elementary

**McKinney ISD**
- Bryan Nelson High School
- Coke Stevenson
- Earl Warren High School & Construction Trades Academy
- Eaton High School
- Nellie M. Reddix Center
- S & A Nance Elementary
- Vega Elementary

**Pasadena ISD**
- Rick Schneider Middle School

**Richardson ISD**
- Berkner High School
- Forest Meadow Junior High School
- JJ Pearce High School
- Richardson High School

**Rockwall ISD**
- Rockwall High School

**Temple ISD**
- Bonham Middle School
- Hector P. Garcia Elementary
- Jefferson Elementary School
- Kennedy-Powell Elementary School
- Lamar Middle School
- Raye-Allen Elementary School
- Scott Elementary
- Temple High School
- Thornton Elementary
- Western Hills Elementary
- Travis Science Academy

**Van Vleck ISD**
- Van Vleck High School
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Early-Bird Registration Form: Deadline Sept. 30, 2018

Each attendee must complete a registration form and submit with payment by mail or online by 9/30/18.

Do not mail forms and/or payment after September 30th.

Last Name  First Name  Badge Name (if different)

Email: Work  Home
Preferred:  Work  Home

Phone: Work  Home  Cell:
Preferred:  Work  Home

Work Address:

City  State  Zip  County

Home Address:

City  State  Zip  County

Preferred Mailing Address:  Work  Home

Early Bird Conference Registration Only  $125

Early-Bird Conference Registration/Membership Combos

Registration w/1-year TCA Professional Membership  $250
Registration w/1-year Student Membership  $185
Registration w/1-year TCA Retired Membership  $185
Registration w/1-year TCA New Professional Membership*  $185

* Individuals who have graduated with a masters or doctorate degree in the area of human development in the past 12-months.

TSCA Membership Combos

TSCA Division membership is only available to TCA members. Division membership dates will coincide with your TCA membership dates.

TSCA Professional, New Professional, or Retired Membership  $20
TSCA Student Membership  $5

Learning Institute - Sunday 11 AM - 6 PM  $100

Total Payment:  $_______

Payment Method Purchase Orders Are Not Accepted

☐ Check payable to TCA:  Check #  $_______
☐ Credit Card: Submit Payment Online at www.txca.org/SCC
LB Batch ID#:  __________________________  TCA Use Only
Note:  __________________________

Payment Instructions

Mail completed Early-Bird Registration to:

Texas Counseling Association
PO Box 2566
San Antonio, TX 78299-2566

Once your registration has been processed, you will receive a confirmation email.

Refund requests must be made online at www.txca.org/refund on or before February 1, 2019. Refund requests received after this date will not be considered.

No phone cancellations will be accepted.

Please allow 6 to 8 weeks after the conference concludes for processing. A $50 processing fee will be deducted from all refunds, including refunds for duplicate payments.

Texas Counseling Association
www.txca.org  |  www.txca.org/SCC

2019 Professional School Counselor Conference is sponsored by the Texas School Counselor Association and the Texas Counseling Association.
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TEXAS SCHOOL COUNSELOR ASSOCIATION
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Elizabeth Rogers

EMPOWERING THE LEADER WITHIN!

TSCA needs strong leaders, willing to step up and speak out on behalf of Professional School Counselors!

BECOME A PART OF THE TCA/TSCA LEADERSHIP TEAM!
• Help develop programs and services to meet the needs of Professional School Counselors
• Work with other leaders in the profession to develop a strong association
• Speak up for Professional School Counselors
• Develop your leadership skills and make a difference

GO TO WWW.TXCA.ORG TO FIND OUT MORE ABOUT JOINING OUR TEAM AND EMPOWER THE LEADER WITHIN YOU!
Go to www.txca.org for more information and to register online.
Psychiatric and Substance Abuse Treatment  
for Adolescents and Adults

New Dimensions specializes in helping individuals and families develop the skills they need to cope with life’s challenges. Some of the areas that we treat include: suicidal ideation, depression, anxiety, panic attacks, trauma, addictions, bipolar disorder, substance abuse, anger issues, OCD, and behavioral problems.

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- Chemical Dependency Intensive Outpatient Program
- Mental Health Partial Hospitalization Programs
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If you or someone you know is in crisis, New Dimensions can help!

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800-685-9796  
www.nddtreatment.com
The Texas Model for Comprehensive School Counseling Programs, 5th Edition

The Texas Model outlines a process for tailoring school counseling programs to meet the varying needs of students in school districts across Texas.

With new organization, competencies, domains, strategies and tools, the 5th Edition of the Texas Model for Comprehensive School Counseling Programs has been updated to reflect best practices and statutory requirements for school counseling programs.

Whether you are a new or seasoned school counselor, a director of guidance, a campus administrator, or a counselor educator, this publication will help you implement the new domains and competencies for students’ success across all grade levels as well as identify ways to appropriately engage parents, administrators, teachers and your local community to support your school counseling program.

ORDER ON LINE AT: txca.org/TexasModel

NOTES