JOIN US IN FORT WORTH!

KEY DATES:

OCT 25  FRI
PRE-REGISTRATION ONLINE AND POST MARK DEADLINE

OCT 12  SAT
HOTEL CUT OFF DATE

Stay Up-To-Date!
pgc.txca.org
Like and Follow TCA On:

TEXAS COUNSELING ASSOCIATION #TCAPGC19
INVITATION FROM THE PRESIDENT

The 63rd Annual TCA Professional Growth Conference is quickly approaching. I look forward to seeing each of you in Fort Worth, November 13-16, 2019. Register and book your travel now to take advantage of this great professional development opportunity!

Each TCA president has the special honor of choosing the theme for their presidential year. I selected: Building Counseling Foundations.

Building, as in we continue to grow professionally and in life overall. PGC 2019 is a wonderful opportunity to build on your skills and knowledge. Choose from more than 150 Educational Opportunities vetted to ensure each is relevant to your work and reflective of the high-quality education you deserve. TCA takes special care to ensure all programs are grounded in current research, professional ethics, and innovation.

Counseling is the common passion we share as professional counselors, regardless of work setting. PGC 2019 is the largest annual conference in Texas for all professional counselors and is a great opportunity to expand your counseling networks. Join the thousands of other professional counselors who share your passion. Encourage your co-workers and colleagues to attend with you!

Foundations means the core or essence of who you are and what you do. PGC 19 offers a wealth of activities to strengthen your foundation: outstanding programs and an array of social and networking events. Choose a Learning Institute or a Post Conference Workshop for in-depth training on specific topics. Explore the Exhibit Hall to check out the tools and resources our exhibitors offer to help support and expand your practice.

The First Timer’s Orientation on Wednesday afternoon is a must-do for anyone attending for the first time to help plan your schedule and make the most of this great event. Graduate students won’t want to miss the Graduate Student Breakfast on Friday morning to network with leaders across the professional counseling community. Celebrate the outstanding achievements of professional counselors and our allies at the Awards Ceremony on Thursday evening. Plan to stay afterward for the President’s Reception and Dance. These are just a few of the many exciting events we have scheduled for this year. TCA Division meetings, breakfasts, luncheons and receptions, poster sessions, wellness activities are all designed with you in mind. We have something for everyone!

Finally, be sure to attend the General Sessions on Thursday and Friday to hear our amazing keynote speakers. Tracy Brown, known for her inspiring efforts to end race-based hatred and violence will speak on Thursday. Learn how she helps transform diversity and inclusion conversations to focus on relationships and productivity rather than politics and personality. On Friday, we will hear from Molly Hudgens, winner of the 2017 Congressional Medal of Honor for a Single Act of Heroism. Molly, a professional school counselor and expert in violence prevention and school safety, will share how she applied her training and expertise to prevent a mass shooting at her middle school in Pleasant View, Tennessee.

PGC 2019 is an opportunity to build and expand your professional networks, to strengthen your counseling toolkit, and establish a foundation that will support your work for years to come! I look forward to seeing you there.

Michael Shufelt Moyer, LPC-S
2019-2020 TCA PRESIDENT
WELCOME TO FORT WORTH

Discover the new Fort Worth, Texas – the perfect Texan getaway with an eclectic cultural scene. Sundance Square – just blocks from the convention center and our hotels – offers diverse dining, lively entertainment and great nightlife spots. Designated as the first music-friendly community in Texas, Fort Worth also offers music lovers a range of country western music, R&B, indie rock, opera and more within super-casual outdoor venues and grand music halls.

Indulge your culinary palates at one of the great restaurants on Magnolia Street, Fort Worth’s finest “restaurant row.” Local breweries and the new 112-acre whiskey wonderland “Whiskey Ranch” offer delightful local experiences as well.

The famed Stockyards National Historic District showcases rich western heritage along with the world’s largest honky-tonk and a twice-daily cattle drive. Fort Worth also has a thriving Cultural District, one of the largest of its kind in the nation featuring five internationally recognized museums including the Kimbell Art Museum and the Modern Art Museum. A new epicenter of emerging artists can be found at the Foundry District’s Inspiration Alley.

Fort Worth’s location along the Trinity River features many opportunities for fun on the water including stand-up paddling, kayaking or canoeing, fishing and free concerts on the river.

Find out more information on what Fort Worth has to offer at www.fortworth.com.
WHY ATTEND?

63rd Annual TCA Professional Growth Conference & Membership Meeting

Join more than 2,000 professional counselors who work in a diverse array of settings across Texas.

Choose from more than 150 educational opportunities, including deep-dive Learning Institutes (6.5 CE) on Wednesday, November 13, and Post-Conference Workshops (3.5 CE) on Saturday, November 16.

Explore the more than 50 exhibitors selected to help you take your counseling skills to the next level.

THIS CONFERENCE IS INTENDED FOR PROFESSIONAL COUNSELORS WHO WORK IN:

- Private practice
- Elementary and secondary schools
- College campuses
- Counselor Education programs
- Criminal justice settings
- Community mental health centers, or
- Hospitals, nursing homes and managed care facilities

TOP 3 REASONS TO ATTEND #TCAPGC19

QUALITY CONTINUING EDUCATION

Two distinguished keynote speakers will address culturally sensitive counseling and violence prevention. Programs cover 24 practice topics, selected specifically for professional counselors. A blind review process ensures each program is of the highest quality and directly relevant to professional counselors. Experience exceptional professional development at a very low cost! Conference programs qualify for LPC, NBCC, SBEC, LMFT, LGDC, SW, Psychologist and LSSP continuing education hours.

REASONABLE RATES

This great experience is well within reach! TCA professional members can pre-register for just $210. Student, new professional and retired members pay just $145. Deep dive Learning Institutes (6.5 CE) and in-depth Post-Conference Workshops (3.5 CE) are available for additional, nominal fees. Similar conferences average $430. Our negotiated hotel rates are bargains and just footsteps from the Convention Center.

NETWORKING AND EVENTS

Explore the exhibit hall and catch-up with colleagues at the Kick-Off Celebration on Wednesday. Network at sponsored, practice-specific receptions on Thursday. Celebrate TCA’s Outstanding Professionals at the Awards Ceremony and dance the night away at the President’s Reception and Dance. Luncheons and breakfasts are great ways to network with other professional counselors with similar interests. Be sure to purchase your lunch and breakfast tickets when you pre-register!
PLATINUM
Healthcare Providers Service Organization (HPSO)
www.hpso.com

Healthcare Providers Service Organization (HPSO) offers TCA members a full line of professional liability and practice protection products through long-term, A.M. Best “A-rated” carrier partner and claims-administrator, CNA. For more than 12 years, HPSO has been partnered with TCA, providing professional liability coverage to employed TCA professionals, school counselors, independent private practitioners, and those who own a solo or group counseling practice.

TCA members can rest assured that HPSO provides the most comprehensive coverage possible at a reasonable cost.

SILVER
Texas Tech University - K-12
k12.ttu.edu

TTU K-12 offers a TEA-accredited online K-12 curriculum with full-time and supplemental courses as well as bulk testing options. Full-time students completing the program earn a recognized Texas high school diploma. Supplemental students only take what is needed, to make up failed courses, fill in gaps or even graduate early. We offer CBES and bulk testing solutions as well, for classrooms, schools or even entire districts. Beginning fall of 2019 we also have many enhancements coming, including 24/7 proctoring, AP English courses and more.

SILVER
Sam Houston State University - Counselor Education
shsu.edu/academics/counselor-education

Study with nationally recognized faculty in state of the art facilities at the CACREP accredited doctoral program in Counselor Education at Sam Houston State University.

It’s my first time attending PGC!

You should go to the First Timer’s Orientation on Wednesday!

You’ll get familiar with the conference, network, and be able to make the most of your experience!

First Timer’s Orientation
Wednesday (Nov 13) from 5 - 6 pm in Room 100

This event is presented by the TCA Advisory Council of Past Presidents (ACOPP).
### CONFERENCE OVERVIEW

63rd Annual TCA Professional Growth Conference & Membership Meeting  
November 13-16, 2019 – Fort Worth, Texas

Watch the TCA website and social media for updates. Changes during the conference will be announced at the general sessions and posted in the conference app. **All information in this pre-registration book is subject to change.**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NOV 12 TUE</strong></td>
<td>11 AM-6 PM Exhibitor Move-In &amp; Packet Pick-Up</td>
</tr>
<tr>
<td>4-7 PM</td>
<td>Learning Institute Ticket Pick-Up &amp; Satellite Registration</td>
</tr>
<tr>
<td>7-8:30 AM</td>
<td>Learning Institute Ticket Pick-Up &amp; Satellite Registration</td>
</tr>
<tr>
<td>7 AM-2 PM</td>
<td>Exhibitor Move-In &amp; Packet Pick-Up</td>
</tr>
<tr>
<td>8:30 AM-4:45 PM</td>
<td>Learning Institutes</td>
</tr>
<tr>
<td>2-8 PM</td>
<td>Conference Registration &amp; Exhibit Hall Open</td>
</tr>
<tr>
<td>5-6 PM</td>
<td>First Timers’ Orientation</td>
</tr>
<tr>
<td>6-9 PM</td>
<td>TCA Chapter and Division Meetings &amp; Receptions</td>
</tr>
<tr>
<td>6-8 PM</td>
<td>Conference Kick-Off Celebration</td>
</tr>
<tr>
<td><strong>NOV 13 WED</strong></td>
<td>7 AM-6 PM Registration Open</td>
</tr>
<tr>
<td></td>
<td>7 AM-6:30 PM Exhibit Hall Open</td>
</tr>
<tr>
<td>7:30-8:30 AM</td>
<td>Division Breakfast (TALGBTIC &amp; TxCSJ)</td>
</tr>
<tr>
<td>7:30-9 AM</td>
<td>Conference Programs</td>
</tr>
<tr>
<td>9:30-11:30 AM</td>
<td>General Session (Tracy Brown)</td>
</tr>
<tr>
<td>NOON-1:30 PM</td>
<td>TCA Division Sponsored Luncheons</td>
</tr>
<tr>
<td>12:30-6:30 PM</td>
<td>Conference Programs</td>
</tr>
<tr>
<td>12:30-1:30 PM</td>
<td>Poster Displays</td>
</tr>
<tr>
<td>2-7 PM</td>
<td>TCA Committee &amp; Division Meetings</td>
</tr>
<tr>
<td>6-7 PM</td>
<td>TCA Division &amp; Sponsored Receptions</td>
</tr>
<tr>
<td>7-8:30 PM</td>
<td>TCA Awards Ceremony</td>
</tr>
<tr>
<td>8:45-11 PM</td>
<td>TCA President’s Reception &amp; Dance</td>
</tr>
<tr>
<td><strong>NOV 14 THU</strong></td>
<td>7 AM-1 PM Registration Open</td>
</tr>
<tr>
<td></td>
<td>7 AM-3 PM Exhibit Hall Open</td>
</tr>
<tr>
<td>7:30-9 AM</td>
<td>Conference Programs</td>
</tr>
<tr>
<td>8-9 AM</td>
<td>Graduate Student Breakfast</td>
</tr>
<tr>
<td>9:30-11:30 AM</td>
<td>General Session (Molly Hudgens)</td>
</tr>
<tr>
<td>12 PM-1:30 PM</td>
<td>TCA Division Sponsored Luncheons</td>
</tr>
<tr>
<td>12:30-6:30 PM</td>
<td>Conference Programs</td>
</tr>
<tr>
<td>12:30-1:30 PM</td>
<td>Poster Displays</td>
</tr>
<tr>
<td>3-6 PM</td>
<td>Exhibitor Move-Out</td>
</tr>
<tr>
<td><strong>NOV 15 FRI</strong></td>
<td>7-9 AM Post-Conference Workshops Registration Open</td>
</tr>
<tr>
<td>8:30 AM - 12 PM</td>
<td>Post-Conference Workshops</td>
</tr>
</tbody>
</table>

### REGISTRATION HOURS

<table>
<thead>
<tr>
<th>NOV 12 TUE</th>
<th>4 – 7PM (LI)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOV 13 WED</td>
<td>7 – 8:30 AM (LI)</td>
</tr>
<tr>
<td>NOV 14 THU</td>
<td>7AM – 6PM</td>
</tr>
<tr>
<td>NOV 15 FRI</td>
<td>7AM – 1PM</td>
</tr>
<tr>
<td>NOV 16 SAT</td>
<td>7:30 – 8:45AM</td>
</tr>
</tbody>
</table>

### EXHIBIT HALL OPEN

<table>
<thead>
<tr>
<th>NOV 13 WED</th>
<th>2 – 8 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>NOV 14 THU</td>
<td>7AM – 6:30PM</td>
</tr>
<tr>
<td>NOV 15 FRI</td>
<td>7AM – 3PM</td>
</tr>
</tbody>
</table>

### IMPORTANT INFO

All events will be held at the Fort Worth Convention Center.

Purchased tickets for Learning Institutes (6.5 CEs) and Post-Conference Workshops (3.5 CEs) will be included when you pick up your name badge. See the designated registration hours listed above. Tickets are also available for purchase on site. Conference registration is not required to attend a Learning Institute or Post-Conference Workshop.

Tickets for Division breakfasts and luncheons as well as the Graduate Student breakfast must be purchased in advance with your pre-registration and are non-refundable. On site purchase not available.

Poster displays are not eligible for CE hours and will be displayed from 12:30-1:30pm on Thursday and Friday.
GETTING THERE

VENUE
Fort Worth Convention Center

Located in the heart of beautiful downtown Fort Worth, the Fort Worth Convention Center is within walking distance of hotels and a variety of incredible restaurants and shopping destinations.

PARKING

Convention Center Garage
$18, daily, $22 overnight
Entrance on 11th St. between Houston & Throckmorton
1200 Houston St
Fort Worth, TX 76102

Commerce Street Garage
$18, daily, $22 overnight
Entrance on Commerce St. at the corner of 14th St.
1301 Commerce Street
Fort Worth, TX 76102

Visit the Downtown Fort Worth Website for additional parking options at www.dfwi.org/go/fort-worth-convention-center.

HOTELS
TCA has negotiated discounted rooms at hotels within walking distance of the Fort Worth Convention Center. Mention “Texas Counseling Association / Professional Growth Conference 2019” if calling to make your reservation. You can also book your hotel online. Each hotel’s unique registration links can be found at www.txca.org/pgctravel.

Sheraton Fort Worth Downtown
1701 Commerce St.
Fort Worth, TX 76102
Phone: (888) 627-8556

$159/night
Rooms available:
Mon, Nov 11 - Fri, Nov 15

Reserve room before October 21, 2019

PARKING:
Self - 20% off posted pricing, currently at $15-day use / $22 overnight
Valet - $28/day

Hampton Inn
1001 Commerce Street
Fort Worth, TX 76102
Phone: (817) 332-5300

$179/night
Rooms available:
Mon, Nov 11 - Thurs, Nov 14

Reserve room before October 12, 2019

PARKING:
Self - $25/day
Valet - not available

Fairfield Inn & Suites Fort Worth
1010 Houston St.
Fort Worth, TX 76102
Phone: (888) 236-2427

$169/night
Rooms available:
Wed, Nov 13 - Thurs, Nov 14

Reserve room before October 23, 2019

PARKING:
Self - not available
Valet - $28/day

Hilton Fort Worth Downtown
815 Main St.
Fort Worth, TX 76102
Phone: (800) 445-8667

$165/night
Rooms available:
Tues, Nov 12 - Thur, Nov 14

Reserve room before October 11, 2019

PARKING:
Self - not available
Valet - $20 day use / $30 overnight guests

Fairfield Inn & Suites Fort Worth
1010 Houston St.
Fort Worth, TX 76102
Phone: (888) 236-2427

$169/night
Rooms available:
Wed, Nov 13 - Thurs, Nov 14

Reserve room before October 23, 2019

PARKING:
Self - not available
Valet - $28/day
GETTING AROUND

AIRPORTS

Dallas/Fort Worth Airport (DFW)

Dallas Area Rapid Transit (DART) Light Rail – Orange Line  
www.dfwairport.com/PublicTransit

Cost: $2.50/two-hour pass; $5.00/day pass – Passes can be purchased at DFW Airport Station kiosks or with the GoPass app (available for iPhone and Android Smart Phones only). Access: 4:00am to 1:00am; 7-days a week. First train arrives at 3:00am and departs at 4:00am.

ARRIVING PASSENGERS: Exit your terminal and proceed to lower level A10. If you arrived at Terminal B, C, D or E, ride the Terminal Link Shuttle to Terminal A and proceed to the DFW Airport Station. Take the TEXRail from DFW and get off at the Fort Worth Intermodal Transportation Center downtown. It’s a 6-minute walk down W 9th St. to the Convention Center.

DEPARTING PASSENGERS: From DFW Airport Station follow signs to Terminal A departures. For departing gates other than A, ride the Terminal Link Shuttle to Terminal B, C, D or E.

Dallas Love Field Airport (DAL)

DART’s Love Link 524 connects to the DART Green Line and Orange Line. Both lines provided direct access to DFW and Fort Worth

Cost: $2.50/two-hour pass; $5.00/day pass

Passes can be purchased at DAL Airport Station kiosks or with the GoPass app (available for iPhone and Android Smart Phones only). Access: 5:00 am to 1:00 am, weekdays and 4:20 am to 12:40 am on weekends

PUBLIC TRANSPORTATION

DART Light Rail System – Find more information at www.dart.org/maps/downtownfortworthmap.asp.

Molly Trolley – A complimentary transportation service around downtown Fort Worth. Check out the ‘Bus System Map’ online to view the route and stops at www.ridetrinitymetro.org

Car Services – Uber and Lyft operate in Fort Worth. Taxis are also available.

Supershuttle – Go to supershuttle.com and use code YSCUY for 10% off.
Make sure your school counseling and counselor educator programs align with Texas law! Order your copy of the Texas Model for Comprehensive School Counseling Programs, 5th Edition. The Texas Education Code now requires all Texas school counselors to use the Texas Model as the framework for their comprehensive school counseling programs.

Knowledge of the Texas Model for Comprehensive School Counseling Programs is also one of the school counselor competency standards adopted by the State Board for Education Certification.

Recently enacted legislation mandates training for school counselors and principals on the Texas Model.

With new organization, competencies, domains, strategies and tools, the 5th Edition of the Texas Model for Comprehensive School Counseling Programs will take your program to the next level. It reflects best practices as well as statutory requirements for school counseling programs in Texas. Strategies for designing comprehensive school counseling programs that meet the unique needs of your campus and district are included.

Whether you are a new or seasoned school counselor, a director of guidance, a campus administrator, or a counselor educator, this publication is for you! Implement the new domains and competencies for students’ success across all grade levels and identify ways to engage parents, administrators, teachers, and your local community to support your school counseling program.

Order your copy at txca.org/TexasModel

TCA 2019 EMPTY PLATE RECIPIENT: Donate With Your Pre-Registration!

THANK YOU!

Thank you TEXAS COUNSELING ASSOCIATION for the support of a Wish with Wings, and for believing in the magic of a wish. We grant magical wishes for young Texans with life-threatening medical conditions. YOU make them possible.

aWish with Wings
awww.org
817.469.9474
3751 West Freeway
Fort Worth, TX 76107
Tracy Brown | See Me

In the Kwa-Zulu Province of South Africa, the greeting Sawu Bono means “I see you.” The response to that greeting is “Sikhona,” which means, “I am here.” Tracy Brown believes culturally sensitive counseling relies on the willingness to see clients as complex individuals influenced by all aspects of their life experience. Tracy will share three strategies we all can use to validate the humanity of our clients while guiding them to live their best lives.

Tracy Brown is an accomplished speaker and author who is known for her ability to engage people in sensitive conversations. Her “What Is Mine to Do” TEDx talk inspired an active group on Facebook focused on ending race-based hatred and violence. She has been featured in Dallas CEO, HR Magazine, Money Magazine, Texas Business Monthly and many other publications.

In addition to her business experience, Tracy has served as a board member for more than a dozen professional associations or nonprofit organizations. She co-founded Dallas Dinner Table, co-designed The Certificate in Nonprofit Leadership curriculum sponsored by SMU and The Center for Nonprofit Management and currently serves as the Chair of the governing board for Centers for Spiritual Living worldwide.

Molly Hudgens | Saving Sycamore: The School Shooting that Never Happened

Molly Bradley Hudgens is in her twenty-first year as an educator in the Cheatham County School System where she works as a professional school counselor at Sycamore Middle School in Pleasant View, Tennessee. In addition to her counseling role, Mrs. Hudgens is also a member of SMS’s Crisis Management and Response Team and Leadership Team.

After a personal experience in college, her interest in violence prevention and safety sparked a desire to educate others who work with intervening in the lives of potentially violent teenagers. Her in-depth study on school shootings and the teenagers who commit these acts, “Recognizing Red Flags,” has been utilized to train professionals in the fields of education, law enforcement, juvenile probation, and juvenile court. The training focuses on understanding the three types of school shooters and how to use threat assessment tools as an intervention to prevent violent acts in a school and community setting.

Mrs. Hudgens put her training to use on September 28, 2016, when she talked a student with a loaded handgun out of committing a mass shooting at Sycamore Middle School. Hudgens, the 2004-2005 and 2016-2017 Sycamore Middle School and Cheatham County Middle School Teacher of the Year, became a Congressional Medal of Honor Citizens Honor recipient for a Single Act of Heroism from the Congressional Medal of Honor Foundation in March of 2017. She is also the 2017 recipient of the Tennessee School Counseling Association’s Phoebe White Award for Excellence in School Counseling and the 2019 Mental Health America of the MidSouth’s I.C. Hope Award for bringing mental health awareness to schools. She is the owner of Molly B. Hudgens Communications and is a motivational speaker as well as a violence prevention specialist.
GENERAL INFORMATION

3 EASY WAYS TO PRE-REGISTER!

1. Register online at www.txca.org/pgc
2. Pay by mail using the enclosed registration form
3. Call the TCA office at 800.580.8144 or 512.472.3403

Pre-Registration Payment
Payment in full is required to process pre-registration. The pre-registration deadline is October 25, 2019. Mailed registration forms MUST be postmarked by October 25, 2019 to avoid paying onsite registration rates. Purchase orders and faxed registrations are not accepted.

Confirmations
Confirmations are sent to the email listed on your registration form. Check your confirmation to ensure that there are no errors. Mailed registration forms will receive a confirmation within 20 business days of receipt. Online registrations will receive confirmation after credit card payment is processed. Be sure to mark our domain (txca.org) as a safe sender to ensure timely receipt of our emails.

Conference Registration Fee Includes
Pre-registration fees are listed on the pre-registration form in this booklet and include admittance to conference programs on November 14-15, Kick-Off Celebration in the exhibit hall on November 13, two general sessions, poster sessions, the Awards Ceremony, and the President’s Reception and Dance.

Single-day registration fees include admittance to programs and events on that day only.

Additional fees are required for Learning Institutes (November 13), Post-Conference Workshops (November 16), Division breakfasts and luncheons, Graduate Student breakfast, on-site program books, and conference t-shirts.

Membership
All attendees must be members of TCA. If you are not yet a member of TCA, you must pay the non-member rate (which includes a one-year TCA membership in addition to your conference registration). For information about membership, please visit www.txca.org, or email membership@txca.org.

Learning Institutes ($130)
Learning Institutes will be held on Wednesday, November 13, 2019 from 8:30 am – 4:45 pm and provide 6.5 CE hours. Tickets for Learning Institutes may be purchased in advance with your pre-registration or on-site. Conference registration is not required to attend a Learning Institute.

Post-Conference Workshops ($75)
Post-Conference Workshops will be held on Saturday, November 16, 2019, from 8:30 am – Noon. Tickets for Post-Conference Workshops may be purchased in advance with your pre-registration or on-site. Conference registration is not required to attend a Post-Conference workshop.

Meal Functions
Division meal function tickets must be purchased in advance with pre-registration and are non-refundable.

PGC 2019 T-shirts
Conference t-shirts must be purchased in advance with pre-registration and are non-refundable. T-shirts may be available for purchase on site, but it is best to pre-order to guarantee availability.

Pre-purchased t-shirts not picked up by noon on Friday, November 15, 2019 will be available for sale.

$15 each
Available in Sizes: S-XXXL

On-Site Registration
Save money by pre-registering! If, however, you plan to register on site, the following rules will apply:

• On-site registration rates will apply.
• Pre-registration forms will not be accepted for on-site registration.
• Cash, check, money order, or major credit card accepted. Purchase orders are NOT accepted.
• Students must provide proof of current enrollment in a counseling related program.

On-Site Registration Rates

• Learning Institute: $130
• Post-Conference Workshop: $75
• Professional/Affiliate Member Registration: $260
• Student Member Registration: $195
• Retired/Emeritus/Life Member Registration: $195
• New Professional Member Registration: $195
• Single Day Member Registration: $175
• * Professional Non-Member Registration: $470
• * Student Non-Member Registration: $310
• * Retired Non-Member Registration: $310
• * New Professional Non-Member Registration: $310

* Non-member registration rates includes a 12-month membership in TCA.
Refunds & Substitutions
Refund requests MUST be submitted in writing to www.txca.org/refund by November 1, 2019. Requests after this date will not be processed. Refunds are subject to a $50 administrative fee and will be processed 6-8 weeks after the conference has concluded. Meal function tickets, on-site program books, and t-shirt purchases are non-refundable. Substitutions are permitted and must be submitted to patricio@txca.org by November 1, 2019.

Stay Informed
The free conference app, going live in October, will have the most current information. An onsite printed program book may be pre-ordered for $25. Once the conference begins, changes, updates, and cancellations will be posted in the conference app and announced at each General Session.

Continuing Education Hours (CE)
All Learning Institutes, Post-Conference Workshops, and conference programs are eligible to receive LPC, LMFT, LCDC, NBCC, SBEC, Social Worker and Psychologist/LSSP continuing education hours. Ethics are offered on specific programs marked as “Ethics.” Supervision hours are offered on specific programs marked as “Counselor Supervision.”

Attendance will be tracked through your conference name badge (QR code). You must scan into each session within 15 minutes of the program start time and remain through the entirety of the program to receive full credit for the session. Partial credit will not be granted. After the conference, an email with a CE certificate for the programs you attended will be sent to the email on file with TCA.

ADA Compliance
We make every effort to accommodate all persons. If you need assistance, email Cody Matkin, cody@txca.org by October 1, 2019, with specific requests.

TCA and Division Elections
You can vote at designated areas in the exhibit hall or by logging into your TCA member profile at www.txca.org. TCA and Division nominations run from August 13 - September 18. Elections will open on October 16 and run through 2 pm on Thursday, November 14. TCA results will be announced during the Annual Membership Meeting at the General Session on Friday, November 15.

Name Badges
All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the exhibit hall. Your name badge will also include a QR code used to scan into programs for CE hours. For your safety, no one will be allowed to enter without a proper badge. Single-day badges will be valid for admission on that day only.

Advertisements
Any reference to a product, service, exhibitor, activity, or website in any 63rd Annual TCA Professional Growth Conference materials does not imply endorsement by the Texas Counseling Association. These are advertisements only.

Photography
Registration and participation in the conference, programs, meetings, or other conference-related activities constitutes an agreement by you for TCA to use and distribute (both now and in the future) your image or voice in photographs, video, electronic reproductions, and audio of such events and activities.

On-Site Registration and Name Badge Pick Up
Attendees are required to register and pick up their name badge and materials before they may attend any conference events. See CONFERENCE OVERVIEW for registration hours.

Exhibitors and Sponsors
Exhibitors and sponsors support your work and offer valuable resources. Each vendor has been carefully vetted. Please make time in your schedule to visit with them. See CONFERENCE OVERVIEW for exhibit hall hours.

Volunteers/Facilitators
Volunteers and program facilitators make our conferences a success! Watch your email, www.txca.org, and social media for more information on volunteering. Volunteers assist with registration and on-site support, or facilitate programs. Graduate students who volunteer for at least three hours at the conference will receive a $25 gift card!

PLEASE NOTE: Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Please send corrections to avery@txca.org. Thank you for your patience and consideration.
A. TACES Presents: TEMPSC III- A Model to Evaluate School Counselor Performance

**TOPIC(S):** Secondary School Counseling

**PRESENTER(S):** Tiffany Simon; Elias Zambrano; Ernest Cox; Salvador Acosta

The Texas Model for Comprehensive School Counseling Programs (5th edition) is currently available and in use in school districts across Texas. As a recommended companion resource, the Texas Evaluation Model for Professional School Counselors (TEMPSC)-III, can be used to evaluate counselors in the ten domains included within a comprehensive school counseling program. TCA taskforce members will provide detailed information on the evaluation cycle and strategies for evaluating school counselors.

B. Buzzards Don't Have Burnout-How Ethical Practices and Wellness Can Keep You From Becoming Roadkill at Work

**TOPIC(S):** Ethics & Legal Issues; Spirituality & Wellness

**PRESENTER(S):** Betty White

No one wants to feel like roadkill! Buzzards can teach us a lot about ethics AND wellness. While most counselors do a pretty good job of following the appropriate ethical guidelines, there is one area in which most of us fall short: self-care. What do the animals know that we don’t? In this session, a former biologist turned counselor will use animals to help you learn principles that will permit you to have a burn-out free, ethical practice. After all, self-care is an ethical imperative.

C. Using Integrative Interventions in Brief/Time-Limited Counseling

**TOPIC(S):** Community & Clinical Counseling; Secondary School Counseling

**PRESENTER(S):** Richard Watts; Jennifer Boswell; Sinem Akay-Sullivan; Susan Henderson

Many counselors work in settings that require brief or time-limited practice. This demonstration-focused learning institute provides attendees with (a) information on and application of techniques from Adlerian, cognitive-behavioral, humanistic, and constructivist approaches that are particularly useful for brief/time-limited counseling, and (b) understanding of where and how these procedures may be used in the counseling process based on clients’ readiness for change.

D. Advanced Psychopharmacology for Counselors: A Look at the Brain and Behavior

**TOPIC(S):** Professional Issues; Community & Clinical Counseling

**PRESENTER(S):** Richard Henriksen; Dusanka Armstrong

This session includes a discussion of neurophysiology with an emphasis on psychopharmacological interactions with neurotransmitters and how medication affects brain functioning. Training will focus on understanding the primary medications prescribed to adults, adolescents, and children, prescription issues, and how those medications affect neurological issues, thoughts, feelings, and behaviors as well as medication interactions. A basic knowledge of brain cells is expected.

E. Supervisor Refresher Course

**TOPIC(S):** Counselor Supervision; Ethics & Legal Issues

**PRESENTER(S):** Kate Walker

The LPC rules overhaul and Sunset review mean big changes for LPC Supervisors. This pre-conference workshop is designed to give LPC Supervisors current information about how the 2019 rule changes impact supervision practice. Topics will include systems to navigate new paperwork requirements, discussion about ‘what’s missing’ in the new rules, and guidelines for technology. Participants will gain practical tools to incorporate quickly and ethically into an existing supervision practice.

---

**LEARNING INSTITUTES ($130)**

**WED NOV 13 2019**

8:30 AM - 4:45 PM – 6.5 CE

Take your skill set to the next level by attending one of the pre-conference Learning Institutes. These deep dive programs offer 6.5 CE hours and are available for an additional fee of $130. Conference registration is not required to register for a Learning Institute.

---

14 TEXAS COUNSELING ASSOCIATION #TCAPGC19
POST-CONFERENCE WORKSHOPS ($75)

SAT NOV 16 2019

8:30 AM - NOON – 3.5 CE
Top off your conference experience at one of the Post-Conference Workshops on Saturday, November 16. These in-depth programs offer 3.5 CE hours and are available for an additional fee of $75. Conference registration is not required to register for a Post-Conference Workshop.

F. Art-Mind-Ed: Innovative Assessments and Creative Connections

**TOPIC(S):**
- Elementary School Counseling;
- Secondary School Counseling

**PRESENTER(S):** Megan Guidry; Cally Tilly

Words, in the form of self-reporting or outcries, are often the only medium counselors have to navigate our populations. Art offers school counselors a powerful medium to understand students and their needs. Learn from a School Counselor and Art Therapist about the research benefits of art therapy and how you can apply it to your program.

G. Testifying in Court, Developing Credibility and Bullet Proofing Your Testimony

**TOPIC(S):** Ethics & Legal Issues; Professional Issues

**PRESENTER(S):** Jeffrey Gallup

A counselor must be prepared to testify in court or at a deposition, under oath. Although some therapists and counselors may not like to testify and may find it disruptive to their practices, there is sometimes no choice. As the number of health-related and family law lawsuits increases, the chance of counselors appearing in court increases. How do we show credibility to a jury or judge, and bulletproof our testimony and practices to remain ethical in court or depositions?

H: TAADA Presents: Counseling Ethics Across the Lifespan: Issues in Developmental Ethics

**TOPIC(S):** Ethics & Legal Issues; Lifespan Development

**PRESENTER(S):** Bret Hendricks

The Texas Association of Adult Development and Aging presents this workshop about ethical issues related to developmental stages of clients. This presentation will provide participants with knowledge and tools to assist clients with topics related to age, gender and gender identity, and cognitive and emotional development. The presenters will discuss common ethical case conceptualization related to developmental issues. Handouts will be provided and audience participation will be encouraged.

I: Little Kids-Big Challenges-Combining Social-Emotional Learning Strategies and Behavior Management to Advantage Our Youngest Learners

**TOPIC(S):** Elementary School Counseling; Child & Adolescent Counseling

**PRESENTER(S):** Betty White

Young children are entering school with fewer social and emotional skills and more behavioral issues than ever before. Research based, meaningful interventions delivered comprehensively as soon as these children start school and continuing through their early elementary years can help these children become successful learners throughout their educational careers. This workshop will help counselors learn techniques to build social-emotional skills, well-being, and academic success.

J: A Path to Exemplary School Counseling Programs: A Side by Side Look at the Texas Model, the Newly Revised TEMPS, and the CREST Award Program

**TOPIC(S):** Elementary School Counseling; Secondary School Counseling

**PRESENTER(S):** Elias Zambrano; Ernest Cox; Jennifer Akins

Learn ideas and tools to help your school counseling program become an award-winning Exemplary School Counseling Program! The Texas Model for Comprehensive School Counseling Programs, 5th Edition—now codified in law, TCA’s newly published Texas Evaluation Model for Professional School Counselors, 3rd Edition, and TSCA’s Counselors Reinforcing Excellence for Students in Texas (CREST) awards program are completed and ready for your use! Learn how these tools align with each other to support and guide your school counseling program to reach new levels of excellence. Discover how these tools can collectively support your professional skills to deliver high quality, student-oriented services through a comprehensive school counseling program!
Enjoy a meal and connect with colleagues.
Tickets must be purchased in advance with your pre-registration and are non-refundable.

Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (TALGBTIC) and Texas Counselors for Social Justice (TxCSJ) Breakfast
7:30 – 8:30 am | $25
Connect and discover new ways to network with the Texas Counselors for Social Justice and the Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. Join us for breakfast, division updates, and a chance to win door prizes!

Texas Association for Multicultural Counseling and Development (TexAMCD) Luncheon
Noon – 1:30 pm | $40.00
It’s the annual TexAMCD Luncheon and Meeting. Come enjoy a great lunch, reconnect, and celebrate one another!

Texas Mental Health Counselors Association (TMHCA) Luncheon
Noon – 2:00 pm | $40.00
This luncheon will feature news and updates. TMHCA members and non-members are highly encouraged to attend.

Texas Association of Marriage & Family Counselors (TAMFC) Luncheon
12:30pm – 1:30pm | $40.00
Join TAMFC for lunch!

Graduate Student Breakfast (Hosted by the TCA Graduate Student Committee)
8 – 9 am | $20.00
Join us for a lively meeting and continental breakfast. All graduate students, committee, and faculty members are welcome. Door prizes will be awarded!

Texas College Counseling Association (TCCA) Luncheon
Noon – 1:30 pm | $40.00
Join TCCA for our Business Luncheon to learn about important updates and win prizes!

Texas Association for Counselor Education and Supervision (TACES) Luncheon
Noon – 1:00 pm | $40.00
TACES Luncheon and business meeting. Members and non-members are welcome.
Last Name ____________________________  First Name ____________________________

EMAIL: Work _________________________________ Home _________________________________ Preferred: □ Work □ Home

PHONE: Work _________________________________ Home _________________________________ Home Preferred: □ Work □ Home □ Cell

WORK ADDRESS:                                                                 
City ____________________________________________________________________________ State ______________________ Zip ____________  County ___________________

HOME ADDRESS:                                                                 
City ____________________________________________________________________________ State ______________________ Zip ____________  County ___________________

Preferred Mailing Address: □ Work □ Home  □ Do not give my information to entities requesting TCA membership lists.

Pursuant to the Americans with Disabilities Act, do you require specific aids or services? _______________________________________________

Pre-Registration: TCA Member
□ Professional $210  $____
□ Retired/Emeritus/Life $145  $____
□ Student $145  $____
□ New Professional* $145  $____
□ Single Day (THU or FRI):____ $125  $____

Pre-Registration: Non-Member
(Includes one-year of TCA membership! • www.txca.org/benefits)
□ Non-Professional $420  $____
□ Non-Retired $260  $____
□ Non-Student $260  $____
□ Non-New Professional* $260  $____

*Individuals who have graduated with a masters or doctorate degree in the area of human development in the past 12 months. This membership status is renewable one time for two years or until completion of internship or associate supervision requirements.

Learning Institutes/Post Conference Workshops
□ Learning Institute Wed.11/3 • 8:00a-4:45p $130  $____
Program Choice: ________(A,B,C,D,E) $____
□ Post-Conference Sat.11/16 • 8:30a-Noon $75  $____
Program Choice: ________(F,G,H,I,J) $____
□ TALGBTIC & TxCSJ Breakfast (Thu. 11/14) $25  $____
□ TexAMCD Luncheon/Program (Thu. 11/14) $40  $____
□ TMHCA Luncheon/Program (Thu. 11/14) $40  $____
□ TAMFC Luncheon (Thu. 11/14) $40  $____
□ TACES Luncheon/Program (Fri. 11/15) $40  $____
□ TCCA Luncheon/Program (Fri. 11/15) $40  $____
□ Graduate Student Breakfast (Fri. 11/15) $20  $____
□ Conference T-Shirt (S-3XL) Size: _______ $15  $____
□ Conference Printed Program $25  $____
(Program will be available online for free. A conference app will also be available.)

The cut-off date for pre-registration is 10/25/19. After this date, you are required to register on site. Please do not mail pre-registration payments to TCA after 10/25/2019. If payment is postmarked after 10/25/19, you will be required to pay the full on-site registration rate. Any duplicate payments will be refunded 6-8 weeks after the conference, and a $50 processing fee will be deducted from the refund.

You will receive an emailed confirmation. Refund requests must be made online at www.txca.org/refund on or before November 1, 2019. Refund requests received after this date will not be considered. No phone or email cancellations are accepted. Please allow 6-8 weeks after the conference concludes for processing. A $50 processing fee will be deducted from all refunds. Ticketed events, luncheons, t-shirts, and program book purchases are non-refundable.

Conference Program books will no longer be included with conference registration. If you would like a program book on-site, please select it as an additional item with your registration ($25). The program book will be posted online before the conference. All schedule information will also be available in our conference app for free.

Total Payment: $___________

Payment Method: PURCHASE ORDERS ARE NOT ACCEPTED
□ Check payable to TCA. Check # ____________
Mail registration form and payment, postmarked no later than 10/25/2019, to:
TCA
P.O. Box 2566
San Antonio, TX 78299-2566

□ Credit Card (Visa, MasterCard, American Express, Discover)
Submit Payment Online @ www.txca.org/pgc
TCA Use Only: LB/Batch ID: ____________________________
Notes: ________________________________________________________________

Conference Program books will no longer be included with conference registration. If you would like a program book on-site, please select it as an additional item with your registration ($25). The program book will be posted online before the conference. All schedule information will also be available in our conference app for free.
66.7% of malpractice claims involve counselors in an office-based setting.

32.0% of allegations are due to ‘inappropriate relationship’ with the client.

6.9% of licensing board complaints result in loss of license.

HPSO offers up to $1 million each claim (up to $5 million annual aggregate) of medical malpractice insurance, plus it pays your legal expenses.

When you add up all the numbers, HPSO equals peace of mind.


Healthcare Providers Service Organization is a registered trade name of Affinity Insurance Services, Inc. (TX 13695), (AR 100106022); in CA, MN, AIS Affinity Insurance Agency, Inc. (CA 0795465); in OK, AIS Affinity Insurance Services, Inc.; in CA, Aon Affinity Insurance Services, Inc. (CA 0G94493); Aon Direct Insurance Administrators and Berkely Insurance Agency; and in NY, AIS Affinity Insurance Agency.

© 2019 Affinity Insurance Services, Inc.
FREE EVENT ON WEDNESDAY

KICK-OFF CELEBRATION!

- Pick up your name badge.
- Network with colleagues!
- Visit with our exhibitors and sponsors!
- Enjoy complimentary refreshments!
- Attire is casual.

EXHIBIT HALL
6 - 8 PM

2019 TCA
AWARDS CEREMONY & PRESIDENT’S RECEPTION

Thursday (Nov 14) | 7 - 11 pm

Celebrate the work of amazing counselors and counselor advocates in Texas with complimentary refreshments and a cash bar!
Our conference programs are blind reviewed by professional counselors to ensure quality and relevance. All conference programs are eligible to receive 1.5 or 3 CE hours. 3 hour programs are noted. Program topics are self-selected by the presenter. All programs are subject to change. Only primary presenters are listed.

**THU NOV 14 2019 1.5 CE/3 CE**

- **3 R’s of Remediation: Review, Remediate, Re-Evaluate**
  Gay McAlister
  Counselor Supervision; Ethics & Legal Issues

- **A Developmental Approach to Transracial Adoption: Building Strong Transracial Adoptive Families**
  Torrey Carroll
  Counselor Education; Multicultural & Social Justice

- **A Guide to Ethical Decision-Making in the Practice of Animal-Assisted Counseling**
  Cynthia Chandler
  Ethics & Legal Issues; Counselor Education

- **A Model for Comprehensive Response to Mass Shootings in the Communities and Schools**
  Derek Robertson
  Grief, Crisis, & Trauma; Secondary School Counseling

**FRI NOV 15 2019 1.5 CE/3 CE**

- **A Safe Space: School Counselor Training**
  Beck Munsey
  Gay, Lesbian, Bisexual & Transgender; Secondary School Counseling

- **Adolescent Males: Confronting Personal Bias through an Adlerian/Feminist Lens**
  Heather Lindstrom
  Child & Adolescent Counseling; Counselor Education

- **An Untapped Market, Adding Career Counseling To Your Private Practice**
  Greta Davis
  Career Development Counseling; Private Practice

- **Autism and Law Enforcement: A Counselor’s Role in Advocacy for Autism**
  Amanda Beeman
  Secondary School Counseling; Child & Adolescent Counseling

- **Avoiding Supervision Traps: A Salient Issue in Supervision**
  Loretta Bradley
  Counselor Supervision; Professional Issues

- **Beyond Cultural Competence: Providing Anti-racist, Trauma-informed Counseling**
  Candice Holloway
  Multicultural & Social Justice; Counselor Education

- **Billing, CPT Codes, and Taxes, Oh My! Private Practice Secrets Revealed**
  Wayne Smith
  Private Practice; Professional Issues

- **Braving the Elements: Counseling Toward Resilience**
  Heather Quast
  Professional Issues; Counselor Education
### CONFERENCE PROGRAMS

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bridging the Gap: How Well do Counselors Understand African American Clients &amp; Improvement Strategies</td>
<td>Damion Davis</td>
<td>Multicultural &amp; Social Justice; Ethics &amp; Legal Issues</td>
</tr>
<tr>
<td>Broken Crayons, Not Broken Children</td>
<td>Megan Guidry</td>
<td>Elementary School Counseling</td>
</tr>
<tr>
<td>CBD Oil: To Use or not to Use?</td>
<td>Katie Neff</td>
<td>Professional Issues; College Counseling</td>
</tr>
<tr>
<td>Child and Adolescent Sex Trafficking for School Counselors</td>
<td>Claudia Interiano-Shiverdecker</td>
<td>Grief, Crisis, &amp; Trauma; Child &amp; Adolescent Counseling</td>
</tr>
<tr>
<td>Clinician Burnout: Strategies to Promote Longevity</td>
<td>Candace Chuyou-Campbell</td>
<td>Professional Issues; Spirituality &amp; Wellness</td>
</tr>
<tr>
<td>Collaboration with a Purpose: How UT Austin and The Texas Education Agency are Addressing Middle School College and Career Readiness</td>
<td>Jaslyn Greene</td>
<td>Secondary School Counseling; Research &amp; Evaluation</td>
</tr>
<tr>
<td>Complex PTSD: The Attachment Trauma and what Counselors Need to Know</td>
<td>Jonna Byars</td>
<td>Community &amp; Clinical Counseling; Private Practice</td>
</tr>
<tr>
<td>Counseling Approaches for Helping Latinx First-Generation Students Transfer from Community Colleges to Four-Year Universities</td>
<td>Angelica Tello</td>
<td>College Counseling; Multicultural &amp; Social Justice</td>
</tr>
<tr>
<td>Counseling at the Community College: Adding Value for Students</td>
<td>Michele Mastick</td>
<td>College Counseling</td>
</tr>
<tr>
<td>Counseling Cancer Patients</td>
<td>Steven Vazquez</td>
<td>Private Practice</td>
</tr>
<tr>
<td>Counselors, Clients, and Cults: What Counselors Do and What Former Cult-Member Clients Want from Therapy</td>
<td>Cyndi Matthews</td>
<td>Spirituality &amp; Wellness</td>
</tr>
<tr>
<td>Couples' Sex Therapy 101</td>
<td>Amir Abbassi</td>
<td>Couple &amp; Family Counseling; Community &amp; Clinical Counseling</td>
</tr>
<tr>
<td>Creative and Expressive Arts: Tools for Counselors (3-hours)</td>
<td>Patricia Johnson</td>
<td>Play Therapy; Spirituality &amp; Wellness</td>
</tr>
<tr>
<td>Creative and Playful Approaches in Clinical Supervision</td>
<td>Jennifer Boswell</td>
<td>Counselor Supervision; Play Therapy</td>
</tr>
<tr>
<td>Dancing Mindfulness: A Trauma-Informed Approach to Healing and Wellness (3-hours)</td>
<td>Nicole Allen</td>
<td>Community &amp; Clinical Counseling</td>
</tr>
<tr>
<td>Discerning Generational Shifts in Child and Adolescent Susceptibility to Sex Trafficking: A Prevention Model</td>
<td>Krystal Humphreys</td>
<td>Child &amp; Adolescent Counseling; Secondary School Counseling</td>
</tr>
<tr>
<td>Don’t Forget to Pack Your Childhood Adversity! The Impacts of Early Adversity on College Students (3-hours)</td>
<td>Eitandria Tello</td>
<td>Grief, Crisis, &amp; Trauma; College Counseling</td>
</tr>
<tr>
<td>Don’t Put Your License at Risk: Common Malpractice Claims &amp; Board Actions against Counselors</td>
<td>Chris Buseman</td>
<td>Professional Issues; Counselor Education</td>
</tr>
</tbody>
</table>

TEXAS COUNSELING ASSOCIATION #TCAPGC19
CONFERENCE PROGRAMS

EAGALA Horse Model Horses as Helpers (3-hours)
Ruth Whitely
Community & Clinical Counseling

Embodied Diversity: Transforming Marginalized Experience Through the Body
Nevine Sultan
Grief, Crisis, & Trauma; Multicultural & Social Justice

Enticing Administration to Bring Play Therapy to Schools
Pedro Blanco
Elementary School Counseling; Play Therapy

Ethical Considerations when Working with Immigrant Students
Valerie Martinez
Ethics & Legal Issues; Group Work

Ethical Courage: Resilience from Perceived Counselor Failure
Cyndi Doyle
Ethics & Legal Issues; Professional Issues

Ethics and Supervision: Five Things Every Beginning Intern Must Know
Kate Walker
Counselor Supervision; Ethics & Legal Issues

Ethics for LPC’s and LPC Supervisors: Frequent Ethics Problems and How to Solve Them (3-hours)
Bret Hendricks
Ethics & Legal Issues; Grief, Crisis, & Trauma

Ethics with Horses (3-hours)
Ruth Whitely
Ethics & Legal Issues

Everything is Bigger in Texas: Exploring Texas Ethics Beyond the ACA Code
Deena Shelton
Ethics & Legal Issues; Professional Issues

Expanding the Relationship: Integrating Play Therapy, EMDR, and TFCBT for Traumatized Children
Sinem Akay-Sullivan
Play Therapy

Gaming Addictions Across the Lifespan: An Experiential Approach
Adrian Warren
Addiction & Offender Counseling; Couple & Family Counseling

Generation Z: An Exploration into Who this Generation is and How They Will Impact the Counseling Profession in Theory and in Practice
Nolan Jones
Community & Clinical Counseling; Counselor Education
CONFERENCE PROGRAMS

Goodbye Burnout and Helper Fatigue
Jae Carter
Professional Issues

Grabbing A Life Preserver: Helping our Supervisees Prevent Burnout
Julia Ayraud
Counselor Supervision; Spirituality & Wellness

Healing Betrayal Trauma and Shame: Relational Body-Centered Approaches
Nevine Sultan
Grief, Crisis, & Trauma; Lifespan Development

Hearing The Unheard: Bringing Awareness Of Undocumented Women Who Are Victims of Sexual Assault While Crossing The U.S./Mexico Border
Angela Thompson
Multicultural & Social Justice

Holistic Treatment for Victims of Domestic Violence with Co-occurring Substance Use Disorder: Looking Through a Humanistic Lens
Jacqueline Gilmer
Grief, Crisis, & Trauma; Addiction & Offender Counseling

Horses and Wounded Warriors
Steven Neal
Private Practice

How to Help The Dying - and in the Process, the Living
Jill Riethmayer
Grief, Crisis, & Trauma; Lifespan Development

How to Thrive in Private Practice
Deborah Roberson
Private Practice; Community & Clinical Counseling

I Can’t Wrap My Head Around It!
Beck Munsey
Gay, Lesbian, Bisexual & Transgender; Multicultural & Social Justice

I Got Your Six: Unique Challenges When Working with Law Enforcement Couples
Cyndi Doyle
Couple & Family Counseling; Private Practice

I Teach Behavior: What’s Your Superpower?
Lisa Pritchard
Elementary School Counseling

I Want To Be Like You! Confronting Supervisee Perfection and Comparison
Cyndi Doyle
Counselor Supervision; Counselor Education
Strengthen Your Professional Network
Join a TCA Division

TAACE  Texas Association for Assessment in Counseling and Education
TAADA  Texas Association for Adult Development and Aging
TACES  Texas Association for Counselor Education and Supervision
TALGBTIC  Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling
TAHEAD  Texas Association for Humanistic Education and Development
TAMFC  Texas Association of Marriage and Family Counselors
TCCA  Texas College Counseling Association
TCDA  Texas Career Development Association
TexAMCD  Texas Association for Multicultural Counseling and Development
TMHCA  Texas Mental Health Counselors Association
TSCA  Texas School Counselor Association
TxCSJ  Texas Counselors for Social Justice

Join online at www.txca.org/divisions

LEAD ON
TO A BRIGHT FUTURE.

Earn your Ph.D. in Counseling and Counselor Education from Texas Christian University with the help of a supportive community and world-class faculty, with unique opportunities for mentoring and meaningful research.

Significant financial aid available
coe.tcu.edu
If I only had the Nerve! The Courage Needed for Grant Writing to Expand Programming and Services
Brenda Faulkner
College Counseling; Professional Issues

I’m fine... (Or am I? I wish I knew): Self-Awareness & Self-Care for Counselors with Grief and Loss Experiences
Kelly Guidry
Secondary School Counseling; Professional Issues

I’m Grieving as Fast as I Can - About Life and Loss
Jill Riethmayer
Elementary School Counseling

Implementing a Comprehensive School Counseling Program in Texas: The Voices of Professional School Counselors
Abran Rodriguez
Secondary School Counseling; Research & Evaluation

Informed Consent, the Good, the Bad and the Misunderstood
Melissa Kummer Dague
Ethics & Legal Issues

Infusing Cultural Competencies into Career Counseling
Greta Davis
Career Development Counseling; Multicultural & Social Justice

Integrating Neuroscience into Trauma Counseling
Paul Carrola
Grief, Crisis, & Trauma

Intentional Education: School Counselors and Comprehensive SEL Integration
Heather Quast
Secondary School Counseling

Interests and Aptitudes in Career Assessment: Facilitating Career Decision-Making
Greta Davis
Career Development Counseling; College Counseling

Lawyers, Subpoenas, and Testimony, OH MY!: Ethical Issues to Consider and Understand When Working with Court-Involved Families (3-hours)
Jennifer Gomez
Ethics & Legal Issues; Child & Adolescent Counseling

Let's Get Creative: Using 15 Experimental Techniques for Working With Families and Children in Crisis
Brande' Flamez
Couple & Family Counseling

Love Languages in the School Setting
Amanda Sieg
Elementary School Counseling

LPC-Supervisors Beware: Case Studies and Ethical Dilemmas
John Spoede
Counselor Supervision; Ethics & Legal Issues
CONFERENCE PROGRAMS

Martial Arts as a Creative Intervention for Optimism, Locus of Control, and Grit: An Exploratory Study
Adrian Warren
Professional Issues; Spirituality & Wellness

Menopause: The Female Metamorphosis and Implications for Contemporary Counselors
Naomi Medina
Lifespan Development; Community & Clinical Counseling

Multi-tiered Intensive Supervision - A New Approach to Address Culture in Supervision
Chandra Carey
Multicultural & Social Justice; Grief, Crisis, & Trauma

MYCS: A Neuro-Psychological Approach to Help Your Clients Improve Quickly!
Lydia Giordano
Counselor Education; Assessment & Testing

Navigating the Family Jungle - A Compass, Map, and Survival Guide for Helping Stepfamilies
Jayna Haney
Couple & Family Counseling; Counselor Education

Out of The Box Ways to Finance College
Jessica Davis
College Counseling; Secondary School Counseling

Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness
Kristina Nelson
Child & Adolescent Counseling; Community & Clinical Counseling

Proceed with Caution
Rebecca Smith
Couple & Family Counseling; Ethics & Legal Issues

Pro-Eating Disorder Online Media - Consequences for Clients and Implications for Counselors
Kimberlee Mincey
Community & Clinical Counseling

Protecting and Improving the School Counseling Profession through Gatekeeping
Timothy Brown
Secondary School Counseling; Ethics & Legal Issues

Protecting and Improving the School Counseling Profession through Gatekeeping
Timothy Brown
Secondary School Counseling; Ethics & Legal Issues

Psycological Comfort: A Neuro-Psychological Approach to Help Your Clients Improve Quickly!
Kimberlee Mincey
Community & Clinical Counseling

Promoting Counselor Self-Care through Encouragement and Positive Psychology
Reade Dowda
Spirituality & Wellness

Quick Tricks of the Elementary Trade
Megan Guidry
Elementary School Counseling; Child & Adolescent Counseling

Rapid Treatment of ADHD Without Drugs
Steven Vazquez
Private Practice

Realities of LGBTQ Clients: Ethics and Practices
Bill Stone
Ethics & Legal Issues; Gay, Lesbian, Bisexual & Transgender

Remembering the Basic Principles of Counseling When Treating Persons With Addictions
Michael Schmit
Addiction & Offender Counseling; Community & Clinical Counseling

The purpose of Gladney University is to equip professionals and families with the knowledge and skills they need to provide healthy outcomes for children. Gladney University provides cutting edge Continuing Education programs through in-person workshops and live-streamed trainings.

Visit GladneyUniversity.org to register for upcoming trainings or recommend a speaker.
Learn more about equine therapy and earn CEs!
Programs will be held in the Exhibit Hall.
CONFERENCE PROGRAMS

Salud Mental: Mental Health among Undocumented Mexican Immigrants
Edith Gonzalez
Multicultural & Social Justice; Couple & Family Counseling

Self Determination Theory as a School Counseling Approach
Jeff Cranmore
Secondary School Counseling; Child & Adolescent Counseling

Serving Sensitive Populations: Improving Counselor Cultural Competency for LGBTQ+ Clients
Gerald Pennie
Gay, Lesbian, Bisexual & Transgender; Multicultural & Social Justice

Social and Emotional Guidance at the High School Level
Jeff Cranmore
Secondary School Counseling; Child & Adolescent Counseling

Social Learning, Marital Satisfaction and Modeling for Offspring
Amir Abbassi
Couple & Family Counseling; Community & Clinical Counseling

Solution Focused Play Therapy: Creative Approaches for Building Strengths (3-hours)
Elizabeth Taylor
Child & Adolescent Counseling; Play Therapy

Special Education Counseling
Mary Donaghey
Child & Adolescent Counseling

Spirituality and Religion in Counseling: A Look at the ACA Code of Ethics
Richard Watts
Ethics & Legal Issues; Spirituality & Wellness

Sports Counseling: Wining With Collegiate Athletes
Magdalena Hernandez
College Counseling

TAADA Presents: Healthily Ever After - Meet and Beat the Challenges to Wellness at Every Life-Stage
Patricia Johnson
Lifespan Development; Spirituality & Wellness

TAHEAD Presents: Refreshing the Foundation of Humanistic Counseling
Ajitha Chandrika Prasanna Kumaran
Community & Clinical Counseling; Counselor Education

Take a Time Out From Burnout! Creating Self-Care for the Private Practitioner
Julia Ayraud
Private Practice; Spirituality & Wellness

WE’RE GOING GREEN!
Use our free app to build your schedule and stay up to date.

FREE

Program books can be purchased for $25 with your pre-registration.
The program book will also be available online for free.

FOLLOW TCA ON SOCIAL MEDIA.

Texas Counseling Association
TCA leads, educates, and advocates to advance the counseling profession, to increase access to professional counselors, and to promote wellness.
<table>
<thead>
<tr>
<th>Title</th>
<th>Presenter</th>
<th>Focus Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>TCCA Hot Topics: Supporting LGBTQ College Students from a Counselors Perspective</td>
<td>Adriana Cantu</td>
<td>College Counseling; Gay, Lesbian, Bisexual &amp; Transgender</td>
</tr>
<tr>
<td>Teaching Group Therapy Using Reflecting Teams</td>
<td>Elizabeth Taylor</td>
<td>Counselor Education; Group Work</td>
</tr>
<tr>
<td>TEMPSC-III: Enhancing School Counselor Practice Through Job-related Performance Evaluation (3-hours)</td>
<td>Elias Zambrano</td>
<td>Elementary School Counseling; Secondary School Counseling</td>
</tr>
<tr>
<td>Terminating Therapy: Ethical Considerations When Ending the Counseling Relationship</td>
<td>Ruben Gomez</td>
<td>Ethics &amp; Legal Issues; Professional Issues</td>
</tr>
<tr>
<td>Texas Education Code and the Texas Model for Comprehensive School Counseling Programs: What To Know and Do!</td>
<td>Elias Zambrano</td>
<td>Elementary School Counseling; Secondary School Counseling</td>
</tr>
<tr>
<td>The Bottom of the Bowl-Alphabet Soup Guidance Lessons from U Through Z</td>
<td>Betty White</td>
<td>Elementary School Counseling; Child &amp; Adolescent Counseling</td>
</tr>
<tr>
<td>The Buildings of Rural Mental Health: Visibility, Accessibility, and Invite-ability</td>
<td>Karl Witt</td>
<td>Community &amp; Clinical Counseling; Professional Issues</td>
</tr>
<tr>
<td>The Future is Out There: How to Help Students Dream Big and Achieve their Career Goals</td>
<td>Jaslyn Greene</td>
<td>Secondary School Counseling; Career Development Counseling</td>
</tr>
<tr>
<td>The Impostor Syndrome: Building Counseling Foundations That Overcome Shame and Self-Doubt</td>
<td>Wayne Smith</td>
<td>Professional Issues; Counselor Education</td>
</tr>
<tr>
<td>The Invisible Wall: Refugee Resettlement in Texas Under the Trump Administration</td>
<td>Claudia Interiano-Shiverdecker</td>
<td>Multicultural &amp; Social Justice; Research &amp; Evaluation</td>
</tr>
<tr>
<td>The Melting Pot That Isn’t: The Lived Experiences of Black Female Graduate Students Attending a Predominantly White Counseling Program in Texas</td>
<td>Shay Carper</td>
<td>Multicultural &amp; Social Justice; Counselor Education</td>
</tr>
<tr>
<td>The Power of Career Counseling: A Strategy in Sex Trafficking Prevention and Restoration</td>
<td>Krystal Humphreys</td>
<td>Grief, Crisis, &amp; Trauma; Career Development Counseling</td>
</tr>
</tbody>
</table>

**CONFERENCE PROGRAMS**
CONFERENCE PROGRAMS

The Rise in Educator Sexual Misconduct by Females: Implications for Intervention and Counseling
Jessica Davis
Ethics & Legal Issues; Professional Issues

The Special Mix for an Extraordinary Grief Support Group (a mixture of fun interactive activities, discussion, education and rituals) (3-hours)
Barbara Petsel
Grief, Crisis, & Trauma; Group Work

They Don’t Tell You This Stuff in Grad School: A Collaborative Discussion for New Counselors
Magdalena Hernandez
Professional Issues

Time to get Woke! Promoting Social Justice and Counselor Advocacy
Wayne Smith
Multicultural & Social Justice; Counselor Education

TMHCA Presents: Connecting to Your Licensing Board: Updates from the Texas State Board of Examiners of Professional Counselors
Cristina DeLuna
Professional Issues

To Report or not to Report, that is the [Ethical] Question
Megan Smith
Ethics & Legal Issues; Child & Adolescent Counseling

Transition: From Married to Not
Laurel Clement
Ethics & Legal Issues; Lifespan Development

Trauma-Focused Interventions: Implications for College Counselors
Magdalena Hernandez
College Counseling

Treating Grief and Trauma through Activation of the Mirror Neuron Network
Mark Rider
Grief, Crisis, & Trauma

Trust Based Relational Intervention (TBRI) - An Introduction
Anne Lehew
Child & Adolescent Counseling

TxCSJ Presents: How to be a Social Justice Counselor!
Sarah Stillwell
Multicultural & Social Justice

TxCSJ Presents: School Counselors as Social Justice Advocates
LeAnn Solmonson
Multicultural & Social Justice; Secondary School Counseling

Use of “I-Poems” in Counselor Education and Supervision
Shannon Williams
Counselor Education; Grief, Crisis, & Trauma

Using Sandtray to Promote Practicum Students’ Awareness and Confront Barriers
Ya-Wen (Melissa) Liang
Counselor Education; Grief, Crisis, & Trauma

Using Visual Aids to Enhance Understanding and Healing
Ronda Hayes
Private Practice; Secondary School Counseling

Utilizing Cultural Wealth Model and Narrative Therapy in Supporting Latinx Clients in Re-Authoring their Testimonios
Angelica Tello
Multicultural & Social Justice; Community & Clinical Counseling

What are Your Clients Signing Up For? A Discussion Regarding the Legal, Ethical, and Professional Requirements of Informed Consent
Mario De La Garza
Ethics & Legal Issues; Professional Issues

What is “Equine Therapy” Anyway? Partnering with Equines in Counseling
Hallie Sheade
Community & Clinical Counseling; Ethics & Legal Issues

What’s My Anchor? Current Grief Theories and Effective Creative Counseling Activities
Susan Adams
Grief, Crisis, & Trauma; Professional Issues

Working with Clients in Correctional Settings
Rochelle Cade
Addiction & Offender Counseling; Community & Clinical Counseling

Working with High Conflict Clients, Colleagues, or Family Members
Jayna Haney
Professional Issues; Child & Adolescent Counseling

You Can Earn A CREST!
Jennifer Akins
Elementary School Counseling; Secondary School Counseling

TAMFC Presents: Your Connection to the MFT Licensing Board
Jennifer Smothermon
Ethics & Legal Issues; Professional Issues

Your Group Counseling Toolkit: Fostering Change through Experiential Activities
Susan Henderson
Group Work; Community & Clinical Counseling
POSTER SESSIONS

Applying Ethical Standards to the Treatment of Dissociative Identity Disorder

**TOPIC(S):** Ethics & Legal Issues  
**MAIN PRESENTER:** Savilla Davis

Bias, Power, and Privilege: The Unholy Trinity

**TOPIC(S):** Community & Clinical Counseling; Counselor Education  
**MAIN PRESENTER:** R.J. Davis

Creative Counselor Education

**TOPIC(S):** Counselor Education; Ethics & Legal Issues  
**MAIN PRESENTER:** Ya-Wen (Melissa) Liang

Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls

**TOPIC(S):** Career Development Counseling; Child & Adolescent Counseling  
**MAIN PRESENTER:** Nora Maza

Going With the Flow: A Review of the Relationship Between Yoga-Based Interventions and Generalized Anxiety Disorder

**TOPIC(S):** Community & Clinical Counseling; Research & Evaluation  
**MAIN PRESENTER:** Christopher Wilder

Integrated Care and You: The Benefits and Barriers to Applying Principles of Integrated Care in Your Practice Setting

**TOPIC(S):** Community & Clinical Counseling  
**MAIN PRESENTER:** Sarah Silveus

Lived Experiences of Professional Counselors Repeatedly Impacted by Hurricanes

**TOPIC(S):** Grief, Crisis, & Trauma; Professional Issues  
**MAIN PRESENTER:** Sarah Krennerich

Prescribing Emotional Support Animals: Uncovering the Counselor’s Role

**TOPIC(S):** Professional Issues; Ethics & Legal Issues  
**MAIN PRESENTER:** Christopher Wilder

Research to Practice Gap: Engaging Professional Counselors in the Research Process

**TOPIC(S):** Research & Evaluation; Professional Issues  
**MAIN PRESENTER:** Erika Schmit

Running to Recovery: Ultra-Marathon Running as an Adjunct to Substance Abuse Treatment

**TOPIC(S):** Addiction & Offender Counseling; Community & Clinical Counseling  
**MAIN PRESENTER:** Paul Cherry

The Counseling Profession Through the Lenses of Multicultural Students and Faculty

**TOPIC(S):** Multicultural & Social Justice; Professional Issues  
**MAIN PRESENTER:** Terra Wagner

The Lived Experiences of Administrators on the Provision of Mental Health Services for Students in Public Schools

**TOPIC(S):** Secondary School Counseling; Child & Adolescent Counseling  
**MAIN PRESENTER:** Dr. Siobhan Flowers

12:30 – 1:30 pm — Conference poster sessions present research data to support effective counseling, intervention and therapeutic strategies across many specialties within the counseling profession. Grab some lunch, network, learn and relax! Conference poster displays are included with your registration. CE hours are not awarded for viewing poster sessions.
Feel like you’re about to go over The Falls?

Grab your life-raft...

Join the premiere mental health professionals association in Texas. Enjoy our network of professional connections who truly understand your needs...get early news about licensure changes, pending legislation that can change your life, and so much more!

Add a TMHCA luncheon ticket to your conference registration NOW and get the inside skinny on our latest member news.

Visit our booth in the Exhibit Hall to learn more & join!

• Share concerns
• Catch best practice secrets
• Learn how the LPC board actually governs

Learn more about TMHCA at txca.org/tmhca.
Association for Family and Community Integrity
understandinggay.org

Brandy's BOA (Bag of Air)
bagofair.com

Brookhaven Youth Ranch
brookhavenyouthranch.org

Children's Medical Center Plano - Center for Pediatric Eating Disorders
childrens.com/eatingdisorders

Community Healthcare
jobs-chc.com

CompassionWorks
compassionworks.com

Duke University Talent Identification Program
tip.duke.edu

Got2 Bling IT!
got2blingit.net

Healthcare Providers Service Organization (HPSO)
hpso.com

It's a Hoot!
bella-hoot.myshopify.com

Jill Riethmayer Resources
Kate Walker Training
katewalkertraining.com

La Hacienda Treatment Center
lahacienda.com

Maq Innovations
trupulseusa.com

Methodist Children’s Home
mch.org

Origins Behavioral Health
originsrecovery.com

Sam Houston State University - Counselor Education
shsu.edu/academics/counselor-education

Solmonson Growth Academy
solmonsongrowthacademy.com

Southern Counselor Chics
southerncounselorchics.com

St. Mary’s University
stmarytx.edu

Stephanie’s Selections
stephaniesselections.com

Steve’s Cool Stuff / Christi’s Taylor Counseling Group
taylorcounselinggroup.com

Texas A&M University - Corpus Christi
cnep.tamucc.edu

Texas Association for Assessment in Counseling and Education (TAACE)
txca.org/taace

Texas Association for Multicultural Counseling and Development (TexAMCD)
txca.org/texamcd

Texas Association of Adult Development and Aging (TAADA)
txca.org/taada

Texas Association of Counselor Education and Supervision (TACES)
txca.org/taces

Texas Association of Humanistic Education & Development (TAHEAD)
txca.org/tahead

Texas Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling (TALGBTIC)
txca.org/talgbtic

Texas College Counseling Association (TCCA)
txca.org/tcca

Texas Counseling Association (TCA) - Elections
txca.org

Texas Counselors for Social Justice (TxCSJ)
txca.org/txcsj

Texas Mental Health Counselors Association (TMHCA)
txca.org/tmhca

Texas School Counselor Association (TSCA)
txca.org/tasca

Texas State Board of Examiners of Professional Counselors
dshs.texas.gov/counselor

Texas Wesleyan University
txwes.edu

TTU K-12
k12.ttu.edu

Winning The Fight
wtf-winningthefight.org

YouthLight, Inc.
youthlight.com
YOUR TCA MEMBERSHIP IS A VALUABLE ASSET TO YOUR PROFESSIONAL GROWTH!

Visit www.txca.org to learn more about your member benefits.

CONTINUING EDUCATION:
Face-to-face at TCA or Division-sponsored conferences or online through TCA’s Online Learning portal.

ADVOCACY:
Keep informed on important legislative and public policy issues affecting your profession.

INFORMATION:
Receive TCA’s informative publications including the Journal of Professional Counseling, monthly Membership eUpdate, weekly Newsbrief, legislative and public policy updates, and social media.

MAKE THE MOST OF YOUR TCA MEMBERSHIP!

NETWORK:
Make sure your online membership profile is up to date for TCA’s referral database and speakers’ bureau.

LEGAL CARE:
Provides unlimited phone consultations with an attorney for professional or personal issues.

FUNDS:
Apply for an Educational Endowment Fund Grant of up to $500 to support research, graduate studies or professional development.

CAREER:
Access TCA’s online job bank and speaker’s bureau.
STAY UP TO DATE WITH OUR APP!

Stay Up-To-Date!
pgc.txca.org

Like and Follow TCA On:

HELPFUL LINKS

CONFERENCE INFORMATION
www.txca.org/pgc

CONFERENCE HOTELS
www.txca.org/pgctravel

CONFERENCE REFUND REQUESTS
www.txca.org/refund

FORT WORTH CONVENTION AND VISITORS BUREAU
www.fortworth.com

The most up to date information at your fingertips! Build your schedule, learn about exhibitors, and connect with other attendees!

Watch your email, check pgc.txca.org, and TCA social media for more information.
PRE-REGISTRATION BOOK

63rd ANNUAL
TCA PROFESSIONAL GROWTH CONFERENCE

BUILDING COUNSELING FOUNDATIONS

NOVEMBER 13-16, 2019