The 63rd Annual TCA Professional Growth Conference
Fort Worth, Texas
November 13-16, 2019
- Build your Schedule
- Connect with Other Attendees
- Stay up to date with push notifications
- Post to the event feed
Access on your mobile device or online.
www.txca.org/pgcapp
ABOUT THIS CONFERENCE

The 63rd Annual TCA Professional Growth Conference is the Texas Counseling Association’s largest annual conference. The four-day event features more than 150 educational opportunities, including pre-conference Learning Institutes and Post-Conference Workshops.

The Professional Growth Conference provides continuing education and networking opportunities to professional counselors working in …

• Private practice
• Elementary and secondary schools
• College campuses
• Criminal justice settings
• Community mental health centers, hospitals, nursing homes and managed care facilities
• Numerous other settings across Texas!

Conference programs are eligible for LPC, NBCC, SBEC, LMFT, SW, LCDC, Psychologist, and LSSP continuing education hours.

Stay up to Date!
Download the conference app to your mobile device or view the app in your mobile or desktop browser at www.txca.org/pgcapp.

Conference Website:
www.txca.org/pgc

Like and Follow TCA!
#TCAPGC19
TCA LEADERSHIP PROFILES

Michael Shufelt Moyer, LPC-S
TCA President

Michael Moyer is a Professor and Associate Department Chair in the Department of Counseling, Health & Kinesiology at Texas A&M University – San Antonio. He received his master’s in counseling and doctorate in counselor education and supervision from Texas A&M University–Corpus Christi. As a professor, Michael has taught a broad range of courses, however, most often enjoys teaching courses in ethics, practicum, and counseling techniques. Some of his primary research interests include ethical decision-making, non-suicidal self-injury and counselor education. In addition to his teaching and research at Texas A&M – San Antonio, Michael supervises LPC-Interns and maintains a small private practice in San Antonio where he specializes in working with individuals who self-injure.

Michael has been involved in TCA leadership for the past 12 years. During that time, he has served as president of Texas Counselors for Social Justice and the South Texas Counseling Association. Michael has also served on the TCA board as TCA secretary and parliamentarian. He has also been active on numerous committees including strategic planning, research, ethics and finance. Outside of work, Michael enjoys exercising, playing golf, and spending time with his wife Alyson and three children, Quentin, Delilah and Emmeline.

Michael DeVoll, LPC-S
TCA President-Elect

Michael DeVoll works in private practice, with over 10 years prior experience counseling, and 19 years teaching, in a private school. He specializes in working with men in their 20’s and with the LGBTQ community. He is currently a co-owner of The Wellness Collective, a diverse group of mental healthcare professionals with an eclectic range of approaches, providing holistic care for the greater Houston community. Additionally, he is one of the co-founders of This Side of the Rainbow, a week-long summer day camp for LGBTQ+ teens. Michael earned a BFA in Photography/Video (1990) and an M.Ed. in Educational Psychology/Counseling (2002), both from the University of Houston. Previously, Michael served as Senator, President, and Director for TALGBTIC, as Trustee for State Branches and Membership for ALGBTIC, and as Region 1 Director for TCA. He currently is co-chair of the State Branch Development Committee for the American Counseling Association.

In addition to his direct counseling work, Michael is founder of Pathfinders Retreats, creating specialized retreats to inspire personal and professional growth. These group experiences foster connection and collaborative exploration to catalyze passion for purpose in life or work. He also offers a range of educational programs for mental health care providers and others as a CE provider for LCPS in Texas. When he’s not working, he will probably be at the movies, singing with his church choir, or eating the wonderful food cooked by his husband of 21 years, Gary Gee.
The 63rd Annual TCA Professional Growth Conference is finally here! It is very exciting to have all of you here in Fort Worth this week. Each TCA president has the special honor of choosing the theme for their presidential year. I selected: **Building Counseling Foundations**.

**Building**, as in we continue to grow professionally and in life overall. I hope you will take advantage of the over 150 educational opportunities to build on your skills and knowledge. Each one has been vetted to ensure it is relevant to your work and reflective of the high-quality education you deserve. TCA takes special care to ensure all programs are grounded in current research, professional ethics, and innovation.

**Counseling** is the common passion we share as professional counselors, regardless of work setting. PGC is the largest annual conference in Texas for all professional counselors and is a great opportunity to expand your counseling networks. I hope you will find time in your schedule this week to meet and get to know some of the thousands of other professional counselors who are here and share your passion.

**Foundations** means the core or essence of who you are and what you do. Throughout the week we have activities scheduled to strengthen your foundation. Be sure to explore the Exhibit Hall to check out the tools and resources our exhibitors offer to help support and expand your practice. In addition to the outstanding educational programs there are also an array of social and networking events to attend. Below are just a few events to make sure to have on your schedule.

These are just a few of the many exciting social events we have scheduled this week. TCA Division meetings, breakfasts, luncheons and receptions, poster sessions, wellness activities are all designed with you in mind. We have something for everyone!

Finally, be sure to attend the General Sessions on Thursday and Friday to hear our amazing keynote speakers. Tracy Brown, known for her inspiring efforts to end race-based hatred and violence will speak on Thursday. Learn how she helps transform diversity and inclusion conversations to focus on relationships and productivity rather than politics and personality. On Friday, we will hear from Molly Hudgens, winner of the 2017 Congressional Medal of Honor for a Single Act of Heroism. Molly, a professional school counselor and expert in violence prevention and school safety, will share how she applied her training and expertise to prevent a mass shooting at her middle school in Pleasant View, Tennessee. PGC 2019 is an opportunity to build and expand your professional networks, to strengthen your counseling toolkit, and establish a foundation that will support your work for years to come! I’m very excited you are here and look forward to meeting you.

**Michael Shufelt Moyer, LPC-S**
2019-2020 TCA PRESIDENT

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- **The First Timer’s Orientation on Wednesday afternoon** is a must-do for anyone attending for the first time to help plan your schedule and make the most of PGC.
- **The Kick-Off Celebration on Wednesday evening** is a great opportunity to connect with other attendees and visit with our exhibitors!
- **Awards Celebration**: Celebrate the outstanding achievements of professional counselors and our allies at the Awards Ceremony on Thursday evening.
- **President’s Reception**: After the Awards Ceremony on Thursday night, stay for the President’s Reception and Dance. I look forward to having the opportunity to meet you.

#TCAPGC19
Discover the new Fort Worth, Texas – the perfect Texan getaway with an eclectic cultural scene. **Sundance Square** – just blocks from the convention center and our hotels – offers diverse dining, lively entertainment and great nightlife spots. Designated as the first music-friendly community in Texas, Fort Worth also offers music lovers a range of country western music, R&B, indie rock, opera and more within super-casual outdoor venues and grand music halls.

Indulge your culinary palates at one of the great restaurants on Magnolia Street, Fort Worth’s finest “restaurant row.” Local breweries and the new 112-acre whiskey wonderland “Whiskey Ranch” offer delightful local experiences as well.

The famed Stockyards National Historic District showcases rich western heritage along with the world’s largest honky-tonk and a twice-daily cattle drive. Fort Worth also has a thriving Cultural District, one of the largest of its kind in the nation featuring five internationally recognized museums including the Kimbell Art Museum and the Modern Art Museum. A new epicenter of emerging artists can be found at the Foundry District’s Inspiration Alley.

Fort Worth’s location along the Trinity River features many opportunities for fun on the water including stand-up paddling, kayaking or canoeing, fishing and free concerts on the river.

**Find out more information on what Fort Worth has to offer at www.fortworth.com.**
CONFERENCE OVERVIEW

63rd Annual TCA Professional Growth Conference & Membership Meeting November 13-16, 2019 – Fort Worth, Texas

Changes during the conference will be announced at the general sessions and broadcasted through the conference app. **All information in this program book is subject to change.** All events will be held at the Fort Worth Convention Center.

### TIME | EVENT | LOCATION
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**NOV TUE 12**
1 PM-6 PM | Exhibitor Move-In & Packet Pick-Up | Exhibit Hall A
4-7 PM | Learning Institute Check-In & Satellite Registration | Level 1 Concourse
7:30 AM-7:45 PM | Exhibitor Move-In | Exhibit Hall A
8 AM-4:45 PM | Learning Institutes | Rooms 101-104
2-8 PM | Conference Registration & Exhibit Hall Open | Exhibit Hall A
5-6 PM | First Timers’ Orientation | Room 100
6:15-7:15 PM | TALGBTIC Board Meeting | Room 104
6:30-7:30 PM | TAADA Board Meeting | Room 102
6:30-7:30 PM | TMC Board Meeting | Room 101
6-8 PM | Conference Kick-Off Celebration | Exhibit Hall A
7:30 - 8:30 PM | CTCA Meet and Greet | Chef’s Table (Sheraton Hotel)
7:30-8:30 PM | TAACE Board Meeting | Room 103B
7-8 PM | TACES Board Meeting | Room 103A
7-8 PM | TSCA Board Meeting | Hampton Inn Mtg Room A
7 AM-6 PM | Registration Open | Exhibit Hall A
7 AM-6:30 PM | Exhibit Hall Open | Exhibit Hall A
7:30-8:30 PM | Joint TcCSS/TALGBTIC Breakfast | Room 200
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Public Policy Committee Meeting | Room 105
9:30-11:30 AM | General Session (Tracy Brown) | Ballroom BC (2nd Level)
12:00-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TexAMCD Luncheon | Room 103A
12-2 PM | TMHCA Luncheon | Room 200
12:30-1:30 PM | TAMFC Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
3-4:30 PM | TAMFC Board Meeting | Room 105
5:30-7 PM | TSCA Reception | Room 200
6-7 PM | Sam Houston State University Reception | Level 2 South Landing
7-8:30 PM | TCA Awards’ Ceremony | Ballroom A
8:45-11 PM | TCA President’s Reception & Dance | Ballroom A
**NOV WED 13**
7 AM-1 PM | Registration Open | Exhibit Hall A
7 AM-2 PM | Exhibit Hall Open | Exhibit Hall A
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Graduate Student Breakfast | Room 200
9:30-11:30 AM | General Session (Molly Hudgens) | Ballroom BC (2nd Level)
12-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TACES Luncheon | Room 200
12-1:30 PM | TCCA Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
2-3 PM | TAHEAD Business Meeting | Room 200
3-6 PM | Exhibitor Move-Out | Exhibit Hall A
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
**NOV THU 14**
7 AM-8 AM | Conference Programs | Levels 1 & 2
8 AM-10 AM | TSCA Reception | Level 2 South Landing
7-8:30 PM | TCA Awards’ Ceremony | Ballroom A
8:45-11 PM | TCA President’s Reception & Dance | Ballroom A
7 AM-1 PM | Registration Open | Exhibit Hall A
7 AM-2 PM | Exhibit Hall Open | Exhibit Hall A
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Graduate Student Breakfast | Room 200
9:30-11:30 AM | General Session (Molly Hudgens) | Ballroom BC (2nd Level)
12-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TACES Luncheon | Room 200
12-1:30 PM | TCCA Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
2-3 PM | TAHEAD Business Meeting | Room 200
3-6 PM | Exhibitor Move-Out | Exhibit Hall A
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
7 AM-1 PM | Registration Open | Exhibit Hall A
7 AM-2 PM | Exhibit Hall Open | Exhibit Hall A
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Graduate Student Breakfast | Room 200
9:30-11:30 AM | General Session (Molly Hudgens) | Ballroom BC (2nd Level)
12-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TACES Luncheon | Room 200
12-1:30 PM | TCCA Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
2-3 PM | TAHEAD Business Meeting | Room 200
3-6 PM | Exhibitor Move-Out | Exhibit Hall A
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
**NOV FRI 15**
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Graduate Student Breakfast | Room 200
9:30-11:30 AM | General Session (Molly Hudgens) | Ballroom BC (2nd Level)
12-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TACES Luncheon | Room 200
12-1:30 PM | TCCA Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
2-3 PM | TAHEAD Business Meeting | Room 200
3-6 PM | Exhibitor Move-Out | Exhibit Hall A
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
**NOV SAT 16**
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A
7:30-9 AM | Conference Programs | Levels 1 & 2
8-9 AM | Graduate Student Breakfast | Room 200
9:30-11:30 AM | General Session (Molly Hudgens) | Ballroom BC (2nd Level)
12-1 PM | Poster Displays | Level 2 South Landing
12-1:30 PM | TACES Luncheon | Room 200
12-1:30 PM | TCCA Luncheon | Room 105
12:30-6:00 PM | Conference Programs | Levels 1 & 2
2-3 PM | TAHEAD Business Meeting | Room 200
3-6 PM | Exhibitor Move-Out | Exhibit Hall A
7 AM-7 PM | Registration Open | Exhibit Hall A
7 AM-3 PM | Exhibit Hall Open | Exhibit Hall A

REGISTRATION HOURS

**NOV TUE 12**
4 - 7 PM (LI)
**NOV WED 13**
7 - 8:30 AM (LI)
**NOV THU 14**
7 AM - 6 PM
**NOV FRI 15**
7 AM - 1 PM
**NOV SAT 16**
7:30 AM - 8:45 AM

EXHIBIT HALL HOURS

**NOV WED 13**
2 PM - 8 PM
**NOV THU 14**
7 AM - 6:30 PM
**NOV FRI 15**
7 AM - 3 PM

FORT WORTH CONVENTION CENTER INFO KIOSK

**NOV WED 13**
12 PM - 8 PM
**NOV THU 14**
7 AM - 3 PM
**NOV FRI 15**
8 AM - 4 PM

Get the Most Up to Date Info!

Download the conference app to your mobile device, or view on the web.

[www.txca.org/pgcapp](http://www.txca.org/pgcapp)

Like and follow TCA! Share your conference experience, use #TCAPGC19
VENUE & TRANSPORTATION

VENUE
FORT WORTH CONVENTION CENTER

Located in the heart of beautiful downtown Fort Worth, the Fort Worth Convention Center is within walking distance of hotels and a variety of incredible restaurants, entertainment, and shopping destinations.

PUBLIC TRANSPORTATION

DART Light Rail System – Find more information at www.dart.org/maps/downtownfortworthmap.asp.

Molly Trolley – A complimentary transportation service around downtown Fort Worth. Check out the ‘Bus System Map’ online to view the route and stops at www.ridetrinitymetro.org. Molly Trolley hours will be extended on Wednesday (11/13) and Thursday (11/14) and will run from 10:00 am to 11:30 pm.

Car Services – Uber and Lyft operate in Fort Worth. Taxis are also available.

Supershuttle – Go to supershuttle.com and use code Y5CUY for 10% off.

PARKING

Convention Center Garage ($18, daily, $22 overnight)
Entrance on 11th St. between Houston & Throckmorton
1200 Houston St
Fort Worth, TX 76102

Commerce Street Garage ($18, daily, $22 overnight)
Entrance on Commerce St. at the corner of 14th St.
1301 Commerce Street
Fort Worth, TX 76102

Visit the Downtown Fort Worth Website for additional parking options at www.dfwi.org/go/fort-worth-convention-center.

NOTE: Prices are subject to change.

First Timer’s Orientation
Wednesday (Nov 13) from 5 - 6 pm in Room 100
Presented by the TCA Advisory Council of Past Presidents (ACOPP) and the TCA Membership Committee.

Get familiar with the conference, network, and make the most of your #TCPGC19 experience!
Registration
Registration hours are listed in the Conference Overview. Registration is required to attend all Learning Institutes, conference programs and events, and Post-Conference Workshops. Pre-registration badge pick up and onsite registration will be available during registration hours listed in the Conference Overview.

Name Badges
All badges must be visible to security and conference personnel for admission to all conference programs, ticketed events, and the exhibit hall. Your name badge will also include a QR code used to scan into programs for CE hours. For your safety, no one will be allowed to enter without a proper badge. If you purchased a single day registration, you will only be able to receive CE hours for that day.

Continuing Education Hours (CE)
All Learning Institutes, Post-Conference Workshops, and conference programs are eligible to receive LPC, LMFT, LCDC, NBCC, SBEC, Social Worker and Psychologist/LSSP continuing education hours. Ethics are offered on specific programs marked as “Ethics.” Supervision hours are offered on specific programs marked as “Counselor Supervision.” Attendance will be tracked through your conference name badge (QR code). You must scan into each session within 15 minutes of the program start time and remain through the entirety of the program to receive full credit for the session. Partial credit will not be granted. After the conference, an email with a CE certificate for the programs you attended will be sent to the email on file with TCA.

Conference Information

Learning Institutes
These deep-dive add-on programs are held Wednesday, November 13, 2019 from 8:30 am to 4:45 pm. The additional fee of $130 for 6.5 CE hours is not included in your conference registration. Conference registration is not required to register for a Learning Institute. On-site registration is available.

Conference Programs
Conference programs run from Thursday, November 14 through Friday, November 15, 2019. Most conference programs provide 1.5 CE hours. However, watch for 3-hour programs, marked in red in this program book.

Post-Conference Workshops
These half-day workshops are held Saturday, November 16, 2019 from 8:30 am to noon. The additional fee of $75 for 3.5 CE hours is not included in your conference registration. Conference registration is not required to register. On-site registration is available.

Poster Displays
Poster displays will take place on Thursday and Friday from 12:00-1:00 pm in the Level 2 South Landing. Poster displays do not qualify for CE hours.

Updates and Changes
Changes and cancellations will be announced at each general session and communicated through the conference app. For the most accurate and up to date information, download the conference app from your app store or view the app online at www.txca.org/pgcapp.

Free Events
All non-ticketed receptions, committee/division meetings and/or networking and social events are FREE. You are encouraged to attend, bring a friend and enjoy!

Event Tickets
Meal function and special event tickets must be purchased in advance of the conference and are non-refundable. Limited division event tickets may be available on site at the division’s booth in the exhibit hall.

Exhibitor Information
Please take time to visit our exhibitors! Each exhibitor is carefully vetted to ensure that their products and services are valuable to you! Their participation is vital to the success of this conference. Let them know how much we appreciate their support. Exhibit hall hours are listed on the Conference Overview page.

Conference T-shirts
Conference t-shirts are purchased in advance of the conference and are non-refundable. If you purchased a t-shirt, it can be redeemed at the t-shirt booth in the registration area located in the exhibit hall. A limited quantity of t-shirts may be available for purchase after noon on Friday ($15).

Conference & Program Evaluations
We want your feedback! The conference app allows you to provide instant feedback on the programs you attend. Paper evaluations are also randomly distributed at each program. After the conference concludes, TCA will send out a survey about your overall experience. Your comments will help the 2020 Professional Growth Conference meet your expectations so please take a moment to share your thoughts with us.

ADA Compliance
TCA has made every effort to make this conference accessible to everyone. Please note, we may not be able to accommodate requests for assistance that are not received in advance.

Advertisements
Any reference to a product, service, activity, program, sponsorship, exhibit, or listing of a website in Professional Growth Conference materials does not imply endorsement by the Texas Counseling Association. These are advertisements only.

Photography
Registration and participation in the conference, sessions, meetings, or other conference-related activities constitutes an agreement by you for TCA to use and distribute (both now and in the future) your image or voice in photographs, video, electronic reproductions, and audio of such events and activities.

PLEASE NOTE: Every attempt was made to ensure complete and accurate information. Given the volume of detailed information, omissions or errors are possible. Thank you for your consideration.
THANK YOU SPONSORS! (AS OF OCTOBER 23, 2019)

PLATINUM

Healthcare Providers Service Organization (HPSO) | [www.hpso.com](http://www.hpso.com)
Healthcare Providers Service Organization (HPSO) offers TCA members a full line of professional liability and practice protection products through long-term, A.M. Best “A-rated” carrier partner and claims-administrator, CNA. For more than 12 years, HPSO has been partnered with TCA, providing professional liability coverage to employed TCA professionals, school counselors, independent private practitioners, and those who own a solo or group counseling practice.

TCA members can rest assured that HPSO provides the most comprehensive coverage possible at a reasonable cost.

SILVER

Texas Tech University - K-12 | [k12.ttu.edu](http://k12.ttu.edu)
TTU K-12 offers a TEA-accredited online K-12 curriculum with full-time and supplemental courses as well as bulk testing options. Full-time students completing the program earn a recognized Texas high school diploma. Supplemental students only take what is needed, to make up failed courses, fill in gaps or even graduate early. We offer CBES and bulk testing solutions as well, for classrooms, schools or even entire districts. Beginning fall of 2019 we also have many enhancements coming, including 24/7 proctoring, AP English courses and more.

Sam Houston State University - Counselor Education | [shsu.edu/academics/counselor-education](http://shsu.edu/academics/counselor-education)
Study with nationally recognized faculty in state of the art facilities at the CACREP accredited doctoral program in Counselor Education at Sam Houston State University.

BRONZE

Texas A&M University - San Antonio | [tamusa.edu/College-of-Education-and-Human-Develop](http://tamusa.edu/College-of-Education-and-Human-Develop)
It is the goal of the Guidance & Counseling Program to serve the needs of the San Antonio community by developing highly skilled school, clinical mental health, and marriage, couple & family counselors. The Department of Counseling, Health & Kinesiology offers: Master of Arts in Clinical Mental Health Counseling; Master of Arts in Counseling & Guidance: School Counseling; and Master of Arts in Marriage, Couple and Family Counseling.

TCA 2019 EMPTY PLATE RECIPIENT

THANK YOU!

Thank you TEXAS COUNSELING ASSOCIATION for the support of a Wish with Wings, and for believing in the magic of a wish. We grant magical wishes for young Texans with life-threatening medical conditions. YOU make them possible.

[www.org](http://www.org)
817.469.9474
3751 West Freeway
Fort Worth, TX 76107
2019 TCA
AWARDS CEREMONY &
PRESIDENT’S RECEPTION
Thursday (Nov 14) | 7 - 11 pm
Ballroom A

Celebrate the work of amazing counselors and counselor advocates in Texas with complimentary refreshments and a cash bar!

FREE EVENT ON WEDNESDAY
KICK-OFF CELEBRATION!

- PICK UP YOUR NAME BADGE.
- NETWORK WITH COLLEAGUES!
- VISIT WITH OUR EXHIBITORS AND SPONSORS!
- ENJOY COMPLIMENTARY REFRESHMENTS!
- ATTIRE IS CASUAL.

EXHIBIT HALL
6 - 8 PM

FREE EVENT
FEEL LIKE YOU’RE ABOUT TO GO OVER THE FALLS?

Grab your life-raft...

Join the premiere mental health professionals association in Texas. Enjoy our network of professional connections who truly understand your needs...get early news about licensure changes, pending legislation that can change your life, and so much more!

Add a TMHCA luncheon ticket to your conference registration NOW and get the inside skinny on our latest member news.

Visit our booth in the Exhibit Hall to learn more & join!

• Share concerns
• Catch best practice secrets
• Learn how the LPC board actually governs

Learn more about TMHCA at txca.org/tmhca.

CALLING ALL Graduate Students

VOLUNTEER! EARN A $25 GIFT CARD

Graduate students who are registered for the 63rd Annual TCA Professional Growth Conference can earn a $25 Visa gift card for volunteering and/or facilitating for at least three hours.

Sign up at the conference registration desk located in the Exhibit Hall.

the Doctor of Professional Counseling Program

HOUSTON GRADUATE SCHOOL OF THEOLOGY
hgst.edu/dpc

Designed with a professional counselor’s schedule in mind, the DPC meets on campus in Houston just one week per semester.

Specialize in addictive and compulsive behavior; relational dynamics; trauma, grief, and loss; life cycle; or sex and sexuality.

“The DPC is the next step in meeting the needs of both professional counselors and the clients they serve.”
Don W. Locke, Counseling Today (2012)
LEARNING INSTITUTES ($130)

WED NOV 13
2019

8:30 AM - 4:45 PM – 6.5 CE
Take your skill set to the next level by attending one of the pre-conference Learning Institutes. These deep dive programs offer 6.5 CE hours and are available for an additional fee of $130. Conference registration is not required to register for a Learning Institute. Onsite Registration is available.

A: TACES Presents: TEMPS III - A Model to Evaluate School Counselor Performance

ROOM:  101
TOPIC(S):  Secondary School Counseling
PRESENTER(S):  Tiffany Simon; Elias Zambrano; Ernest Cox; Salvador Acosta

The Texas Model for Comprehensive School Counseling Programs (5th edition) is currently available and in use in school districts across Texas. As a recommended companion resource, the Texas Evaluation Model for Professional School Counselors (TEMPSC)-III, can be used to evaluate counselors in the ten domains included within a comprehensive school counseling program. TCA Task Force members will provide detailed information on the evaluation cycle and strategies for evaluating school counselors.

B: Buzzards Don't Have Burnout - How Ethical Practices and Wellness Can Keep You From Becoming Roadkill at Work

ROOM:  102
TOPIC(S):  Ethics & Legal Issues; Spirituality & Wellness
PRESENTER(S):  Betty White

No one wants to feel like roadkill! Buzzards can teach us a lot about ethics AND wellness. While most counselors do a pretty good job of following the appropriate ethical guidelines, there is one area in which most of us fall short: self-care. What do the animals know that we don’t? In this session, a former biologist turned counselor will use animals to help you learn principles that will permit you to have a burn-out free, ethical practice. After all, self-care is an ethical imperative.

C: Using Integrative Interventions in Brief/Time-Limited Counseling

ROOM:  103A
TOPIC(S):  Community & Clinical Counseling; Secondary School Counseling
PRESENTER(S):  Richard Watts; Jennifer Boswell; Susan Henderson

Many counselors work in settings that require brief or time-limited practice. This demonstration-focused Learning Institute provides attendees with (a) information on and application of techniques from Adlerian, cognitive-behavioral, humanistic, and constructivist approaches that are particularly useful for brief/time-limited counseling, and (b) understanding of where and how these procedures may be used in the counseling process based on clients’ readiness for change.

D: Advanced Psychopharmacology for Counselors: A Look at the Brain and Behavior

ROOM:  103B
TOPIC(S):  Professional Issues; Community & Clinical Counseling
PRESENTER(S):  Richard Henriksen; Dusanka Armstrong

This session includes a discussion of neurophysiology with an emphasis on psychopharmacological interactions with neurotransmitters and how medication affects brain functioning. Training will focus on understanding the primary medications prescribed to adults, adolescents, and children, prescription issues, and how those medications affect neurological issues, thoughts, feelings, and behaviors as well as medication interactions. A basic knowledge of brain cells is expected.

E: Supervisor Refresher Course

ROOM:  104
TOPIC(S):  Counselor Supervision; Ethics & Legal Issues
PRESENTER(S):  Kate Walker

The LPC rules overhaul and Sunset review mean big changes for LPC Supervisors. This Learning Institute is designed to give LPC Supervisors current information about how the 2019 rule changes impact supervision practice. Topics will include systems to navigate new paperwork requirements, discussion about ‘what’s missing’ in the new rules, and guidelines for technology. Participants will gain practical tools to incorporate quickly and ethically into an existing supervision practice.
The use of creative and playful approaches in supervision can yield positive outcomes for supervisees, clients, and supervision. In this session, the presenters will review several creative and playful interventions that can be used to assist the supervisee in gaining a deeper understanding of their role as a counselor. The presenters will provide (a) an explanation of the purpose and rationale of each intervention, (b) how the intervention will aid the supervisor, and (c) short demonstrations.

Students often arrive in our schools with stories. As counselors, we struggle to unearth where students come from and where they are. Using art therapy techniques, learn how to connect and develop tools to reach students.

Have you heard of this thing called Google? Some say it is a passing fad like the Internet or light bulbs. Others seem to think it is here to stay. Either way, the only reason we open a phone book anymore is to find a computer repairman when our computer won’t start. Learn how to optimize your digital presence through SEO and digital marketing strategies to attract new clients, maximize your social media, and navigate the complex ethics of the digital frontier.

Fraudulent. Undeserving. Riddled by self-doubt. Have you ever felt any of these things as a counselor? You are not alone! These traits are the essence of the impostor syndrome. Those who experience this phenomenon can range from newly minted professionals to those who are highly successful with several years of experience. Join us to discover how to change the narrative in your professional life and experience how the power of courage can lead to cultivating authenticity and self-compassion.

This interactive session will provide evidenced based research for prevention, intervention, and training for use by counselors to counter the negative impact of female educator sexual misconduct. Session will also review the ASCA Ethical Standards, Texas Penal Code (improper relationships), ACA Code of Ethics and Texas LPC rules and regulations for use with students, clients, families and teacher/staff. A model for prevention and interventions plus strategies will be presented.

Gatekeeping; this word makes some people cringe. It can feel exclusive and unwelcoming. In this program we will look at gatekeeping through a different lens; one that is collaborative, person-centered and remediation focused. I will discuss many obstacles that hinder clinicians from engaging in this function and how we are responsible for advocating for those served as well as the fostering awareness and growth among those who are our partners in the field.

The presenters will address menopause from a biopsychosocial view by explaining the various stages of menopause; exploring the historical underpinnings regarding theoretical views and sociocultural attitudes, beliefs, and expectations about menopause; introducing a positive, more contemporary view of menopause; and examining research regarding the psychological implications of menopause and how a counselor can educate and assist women who are experiencing emotional distress during menopause.

This presentation will provide information regarding pro-eating disorder online media, which is a collection of online communities where participants provide support to community members and discuss tips and tricks for harmful consequences and behaviors associated with eating disorders. Novel research regarding the experiences of individuals who use pro-eating disorder online media will be presented. Participants will leave with usable ideas for their work with clients in a variety of settings.
009. Beyond Cultural Competence: Providing Anti-racist, Trauma-informed Counseling
TIME: 7:30-9:00am
ROOM: 202A
TOPIC(S): Multicultural & Social Justice, Counselor Education
PRESENTER(S): Candice Holloway; Laura Zavala Membreno
In today's sociopolitical climate of increasing racial tension and traumatic stress, counselors' cultural competence is vital. This interactive workshop will help participants gain an understanding of how power, privilege, and oppression impact their own lives, their clients' experiences of trauma, and the healing work that can be done in the counseling room. Participants will learn how to effectively utilize a therapeutic, anti-racist model of care to best serve trauma survivors of color.

010. Proceed with Caution
TIME: 7:30-9:00am
ROOM: 202B
TOPIC(S): Couple & Family Counseling, Ethics & Legal Issues
PRESENTER(S): Rebecca Smith
This session will address a differential perspective of visitation refusal based on a review of literature and clinical experiences. Early identification of parent-child contact problems and future risks for children will be discussed. Presenters will discuss interventions designed to resolve visitation resistance/refusal before behaviors become embedded.

011. Counseling at the Community College: Adding Value for Students
TIME: 7:30-9:00am
ROOM: 202C
TOPIC(S): College Counseling
PRESENTER(S): Michele Mastick; Nicole D'Alesandro; Valerie Groll
Counseling at the community college level differs greatly from counseling in a university setting. An overview will be provided of specific programs and interventions for the community college setting: how to maximize a student resource fair, raise awareness for veteran suicide, implement campus depression and anxiety screenings, execute a mental health awareness poster campaign, create an easy student self-referral process to counseling services, a fun counselor and student activity, and more.

012. Social and Emotional Guidance at the High School Level
TIME: 7:30-9:00am
ROOM: 202D
TOPIC(S): Secondary School Counseling, Child & Adolescent Counseling
PRESENTER(S): Jeff Cranmore; Gretchen Madison; Pamela Adams
With the numerous tasks put on high school counselors, it can be difficult to provide the full social and emotional support that all students need. This session will explore how one large high school built a system of social and emotional learning throughout the campus. By building a partnership between counselors, teachers, and administrators, the campus had weekly guidance lessons aimed at social and emotional learning that involved all students. The session includes the campus administrator.

013. Salud Mental: Mental Health Among Undocumented Mexican Immigrants
TIME: 7:30-9:00am
ROOM: 203A
TOPIC(S): Multicultural & Social Justice, Couple & Family Counseling
PRESENTER(S): Edith Gonzalez
Undocumented Latinx immigrants, even in high distress, underutilize mental health services. Using a transcendental phenomenological method and a Latinx Critical Race Theory lens, the presenter will discuss the five themes identified among undocumented Mexican immigrants to emphasize this population's negative experience with mental health. Implications for clinical practice will be discussed.

014. Transition: From Married to Not
TIME: 7:30-9:00am
ROOM: 203B
TOPIC(S): Ethics & Legal Issues, Lifespan Development
PRESENTER(S): Laurel Clement
Ms. Clement focuses her law practice on representing therapists and on Family Law. Ms. Clement has practiced Family Law for over twenty years. Divorce is a roller coaster for the client that can be complicated by lawyers and the court. This seminar will discuss the emotional aspect of working with this type of client; interfacing with the court and attorneys; reviewing a divorce decree; and what to do if subpoenaed to testify.
015. Implementing a Comprehensive School Counseling Program in Texas: The Voices of Professional School Counselors
TIME: 7:30-9:00am
ROOM: 203C
TOPIC(S): Secondary School Counseling, Research & Evaluation
PRESENTER(S): Abran Rodriguez; Jennifer Gerlach; Joshua Watson
School counseling research validates the positive impact of comprehensive school counseling programs on student success. Literature exists involving the perceptions of educational leaders in program implementation; however, the voices of school counselors have yet to be acknowledged. This presentation illuminates the voices of school counselors regarding the implementation of school counseling programs in Texas. Participants will walk away with tips for better program implementation.

016. Integrating Neuroscience into Trauma Counseling
TIME: 7:30-9:00am
ROOM: 204A
TOPIC(S): Grief, Crisis, & Trauma
PRESENTER(S): Paul Carrolla
The available knowledge and research of the structure and function of the brain provides unique insights into the experience of trauma and therapeutic tools for counselors to facilitate healing and self regulation in clients. This presentation will focus on neuroscience concepts and nervous system functioning that can be integrated or modified with traditional counseling approaches such as Cognitive Behavioral Therapy or more trauma focused approaches such as Cognitive Processing and EMDR.

017. Holistic Treatment for Victims of Domestic Violence with Co-occurring Substance Use Disorder: Looking Through a Humanistic Lens
TIME: 7:30-9:00am
ROOM: 204B
TOPIC(S): Grief, Crisis, & Trauma, Addiction & Offender Counseling
PRESENTER(S): Jacqueline Gilmer
Domestic violence and substance use are two areas of counseling that are prominent in the field. However, despite its importance, many counselors feel inadequate counseling survivors of domestic violence with co-occurring Substance Use Disorder. This presentation will explore the key theorists within the Humanistic framework and how interventions from within that framework can be applied to providing therapeutic services with this population.

THU, NOV 14, 2019 | 7:30 AM – 9:00 AM
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SEE ME

In the Kwa-Zulu Province of South Africa, the greeting Sawu Bono means “I see you.” The response to that greeting is “Sikhona,” which means, “I am here.” Tracy Brown believes culturally sensitive counseling relies on the willingness to see clients as complex individuals influenced by all aspects of their life experience. Tracy will share three strategies we all can use to validate the humanity of our clients while guiding them to live their best lives.

Tracy Brown is an author and speaker known for transforming the diversity and inclusion conversation from a debate based on politics and personality into a strategic focus on relationships and productivity. Based in Dallas, Texas, her company, Intentional Inclusion, Inc. works with organizations nationwide on leadership development and inclusion strategy.

Tracy is a TEDx speaker whose “What Is Mine to Do” talk inspired an active Facebook group focused on individual action that helps to end race-based hatred and violence. She believes diversity is not a problem to be fixed; it is a resource to be utilized. As President of Intentional Inclusion Inc., she helps leaders improve their communication, leadership and relationship-building skills so they can achieve their goals in our multi-ethnic, multicultural and multi-generational world.
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The Truax Founders Award, named for Dr. William E. Truax, recognizes TCA members who, over a long period of time, demonstrated a global vision and had a significant impact on the counseling profession, particularly in Texas.

A founding father of the Texas Counseling Association (TCA), Dr. Truax was a counselor educator and Dean of the College of Education at East Texas State University (now TAMU-Commerce). In 1950, Dr. Truax helped establish the TCA constitution, and in 1958, he served as TCA President. Dr. Truax remained a significant force in the association for many years, giving freely of his time as TCA Secretary for nearly 25 years. His influence on the counseling profession was noted not only in Texas, but also at the national level.

In 1999, TCA chose to recognize the historic founding efforts of Dr. Truax by designating the Truax Founders Award in his name. Each winner receives a specially designed paperweight, in recognition of Dr. Truax’s extensive paperweight collection, as well as Emeritus Membership status in TCA.

This year, Bret Hendricks and Elias Zambrano, will be recognized as the 2019 recipients of the prestigious Truax Founders Award at the first General Session at 9:30 am, Thursday, November 14, 2019 and again at the Award’s Celebration beginning at 7 pm that evening.
$14.7M paid in Counselor Malpractice claims
$113,642 average Counselor Malpractice claim cost
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Visit HPSO Booth #201/300

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115. Don't Put Your License at Risk:
Common Malpractice Claims & Board Actions Against Counselors

Friday, November 15, 2019 • 2:30 p.m. to 4:00 p.m. • Room 203C • Program #115

Cyndi Doyle, LPC-S, CDWF, TX Counseling Association
Kate Fox, HPSO, Vice President

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P01: Creative Counselor Education

TOPIC(S): Counselor Education
Ethics & Legal Issues

PRESENTER(S): Ya-Wen (Melissa) Liang
Using creative teaching methods in counselor education can motivate students’ interests in learning, help them stay focused, inspire their cognitive complexity, and enhance their integration of applications in counseling. This program will introduce how to incorporate fun video clips, cartoons, pictures, genograms, and free online assessments in counselor education.

P02: Enhancing Community Development through Vocational Empowerment and Leadership Programming for Teenage Girls

TOPIC(S): Career Development Counseling
Child & Adolescent Counseling

PRESENTER(S): Nora Maza; Kristina Nelson
Teenage girls at-risk for poor academic achievement and dropout due to limited vocational training and leadership opportunities were invited to participate in the VANTAGE (Vocational Awareness and Team-Based Girls Empowerment) program. The purpose of VANTAGE was to create a positive change in these young girl’s lives through vocational training, career exploration, leadership skill development, and mentorship from local women leaders. Outcome data from the program evaluation will be shared.

P03: Going With the Flow: A Review of the Relationship Between Yoga-Based Interventions and Generalized Anxiety Disorder

TOPIC(S): Community & Clinical Counseling
Research & Evaluation

PRESENTER(S): Christopher Wilder; Lydia Smith
Increasingly, the use of yoga has emerged as an adjunct in the field of psychotherapy and mental wellness. Various studies have highlighted the effectiveness of yoga in decreasing a multitude of physical, cognitive, and emotional conditions. The practice of yoga comes in various forms, but this review will focus on Hatha Yoga, which includes physical postures (asanas), breathing techniques incorporated with the flow of movement (pranayamas), and meditation (dhayana).

P04: Integrated Care and You: The Benefits and Barriers to Applying Principles of Integrated Care in Your Practice Setting

TOPIC(S): Community & Clinical Counseling

PRESENTER(S): Sarah Silveus; Lindsey Hughes
Integrating behavioral and primary healthcare treatment has a significant positive impact on treatment for a variety of mental health concerns. However, few clinicians utilize an integrated care model. Considering the benefits of the approach, it is important to identify the barriers that prevent clinicians from applying integrative strategies. This poster will delineate levels of integrated care, examine benefits and barriers to each level, and discuss strategies to minimize these barriers.

P05: Lived Experiences of Professional Counselors Repeatedly Impacted by Hurricanes

TOPIC(S): Grief, Crisis, & Trauma
Professional Issues

PRESENTER(S): Sarah Krennerich
Hurricanes and other tropical storms impacting coastal communities have lasting mental health effects on the individuals in these communities. Mental health professionals in these community’s work with changing client needs from the immediate impact through long term recovery. This presentation aims to provide an overview of the experiences of professional counselors who repeatedly facilitate post-disaster counseling in coastal areas where they live and work.

P06: Research to practice gap: Engaging professional counselors in the research process

TOPIC(S): Research & Evaluation
Professional Issues

PRESENTER(S): Erika Schmit; Michael Schmit
Counselors have a duty to promote welfare of clients, do no harm to clients, and monitor effectiveness of practice (ACA, 2014). Because of this, research in the counseling field is important in order to further expand our knowledge of client outcomes and experiences. Although research is important to clinical practice, there appears to be a gap between researchers and practitioners for a myriad of reasons.
018. I Teach Behavior: What’s Your Superpower?

**TIME:** 12:30-2:00pm  
**ROOM:** 101  
**TOPIC(S):** Elementary School Counseling  
**PRESENTER(S):** Lesa Pritchard; Marcie Warner

School counselors are the campus experts for changing behaviors. Come see how you can help students learn the behavioral skills they need by teaching them the Great 8 Super Powers for Daily Life. These skills are from the CASEL 5 SEL skills and fit perfectly in the Texas Model for Comprehensive School Counseling Programs. You’ll get lots of ideas for lessons and experiential activities for your student clients. It’s not that magic wand we’re always looking for, but it’s the next best thing!

019. Promoting Counselor Self-Care through Encouragement and Positive Psychology

**TIME:** 12:30-2:00pm  
**ROOM:** 103B  
**TOPIC(S):** Spirituality & Wellness  
**PRESENTER(S):** Reade Dowda; Richard Watts; Susan Henderson

Join us for an engaging and interactive discussion about the benefits of incorporating Adlerian encouragement and positive psychology interventions into an effective self-care strategy. We will specifically discuss the attitudes, characteristics, and skills of Adlerian encouragement as well as positive psychology interventions. Using a PowerPoint to guide discussion, we will give specific examples of how to effectively use these interventions to enhance your personal and professional life.

020. Infusing Cultural Competencies into Career Counseling

**TIME:** 12:30-2:00pm  
**ROOM:** 104  
**TOPIC(S):** Career Development Counseling, Multicultural & Social Justice  
**PRESENTER(S):** Greta Davis; Terra Wagner

Through the lens of career counseling and development, attendees will explore systems of racial, ethnic and social inequities and their impact on marginalized groups; specific theories and research related to LGBTQ+ career development; and spiritual and religious aspects of career development. Educators will leave with resources and information to enrich their career counseling courses, and practitioners will be sensitized to cultural implications of career counseling.

021. Grabbing A Life Preserver: Helping our Supervisees Prevent Burnout

**TIME:** 12:30-2:00pm  
**ROOM:** 201A  
**TOPIC(S):** Counselor Supervision, Spirituality & Wellness  
**PRESENTER(S):** Julia Ayraud

Our LPC-Interns are new to the counseling profession and sometimes are not taught or prepared to practice appropriate self-care to prevent burnout. They are also working with client populations that increase their likelihood of developing compassion fatigue. This program includes techniques on how to help supervisees develop self-care, prevent burnout and increase their resiliency. This program also offers an open discussion of the impact that compassion fatigue presents to LPC-Interns.

022. Bridging the Gap: How Well do Counselors Understand African American Clients & Improvement Strategies

**TIME:** 12:30-2:00pm  
**ROOM:** 201B  
**TOPIC(S):** Multicultural & Social Justice, Ethics & Legal Issues  
**PRESENTER(S):** Damion Davis

In general, African Americans feel misunderstood by the counseling profession, which leads to less efficacious outcomes. For improved interactions, counselors must have a holistic view of African Americans. This program examines & compares the cultural understanding of African American clients by White and non-White counselors. Strategies for better understanding African American clients & improving the therapeutic relationship will be discussed.

023. TxCSJ Presents: How to be a Social Justice Counselor!

**TIME:** 12:30-2:00pm  
**ROOM:** 201C  
**TOPIC(S):** Multicultural & Social Justice  
**PRESENTER(S):** Sarah Stillwell; LeAnne Carr; Rachel Olshine

These days, counselors are seeing a range of diversity, particularly intersectional identities in the office that create a need for a multicultural competent therapist. Counselors and clients bring a vast variety of beliefs, identities, and values to the therapeutic relationship that must be considered. This presentation will teach therapists how to be social justice advocates for their clients while staying within the framework of competencies set down by AMCD and ACA.

024. How to Thrive in Private Practice

**TIME:** 12:30-2:00pm  
**ROOM:** 202A  
**TOPIC(S):** Private Practice, Community & Clinical Counseling  
**PRESENTER(S):** Deborah Roberson

You CAN get paid more in private practice! Attendees will gain proven private practice pointers to help increase their take-home income. Topics include: Reviewing correct CPT coding processes; negotiation of reimbursement rates with insurance companies; learning how to set a fair reimbursement rate; holding firm boundaries with clients on fees; setting up a no-show fee rate and how to implement this policy, and more!

025. The Future is out There: How to Help Students Dream Big and Achieve Their Career Goals

**TIME:** 12:30-2:00pm  
**ROOM:** 202B  
**TOPIC(S):** Secondary School Counseling, Career Development Counseling  
**PRESENTER(S):** Jaslyn Greene; Texas OnCourse Leader Fellows

Career exploration is important at any age and for all students. Free resources from Texas OnCourse and their partners at Roadtrip Nation, the Texas Workforce Commission, and others can help your students dream big and know how to get there. These resources explore the real-life career journeys of Texas professionals and college students, exposing students to careers in STEM, the arts, health care, business, and more. Students get to appreciate that career paths aren’t always linear, and that everyone faces their own hurdles. During this interactive session, we’ll explore and discuss ideas for implementing these resources into your classroom or advising practice.
026. Trust Based Relational Intervention (TBRI) - An Introduction
TIME: 12:30-2:00pm
ROOM: 202C
TOPIC(S): Child & Adolescent Counseling
PRESENTER(S): Anne Lehew
TBRI® is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles for attachment needs, and Correcting Principles to disarm fear-based behaviors. While the intervention is based on years of attachment, sensory processing, and neuroscience research, the heartbeat of TBRI® is connection.

027. Gaming Addictions Across the Lifespan: An Experiential Approach
TIME: 12:30-2:00pm
ROOM: 202D
TOPIC(S): Addiction & Offender Counseling
Couple & Family Counseling
PRESENTER(S): Adrian Warren; Carolyn Burleson
In this highly interactive and experiential session, we will explore various treatment models for addressing gaming/technology over-dependence in various populations. We will pay particular attention to systems approaches such as Family Sculpting and Psychodrama. Participants should expect to engage demonstrations and group activities to integrate these concepts.

028. Psychoeducational & Mental Health Assessments and Counseling Practice
TIME: 12:30-2:00pm
ROOM: 203C
TOPIC(S): Assessment & Testing
Ethics & Legal Issues
PRESENTER(S): Jeffrey Gallup; Rachel Slack
Learn about the facts, theory, ethics, history, and utility of scientific mental health and psychoeducational assessment tools. Become familiar with using tests, assessments, and tools to increase potential clientele in your practice through skills gained in this workshop. We want to provide you with practical knowledge of using assessments ethically, marketing, and integrating tests into your practice. Additionally, if you are subpoenaed to court, how to “bullet-proof” your testimony.

029. Trauma-Focused Interventions: Implications for College Counselors
TIME: 12:30-2:00pm
ROOM: 204A
TOPIC(S): College Counseling
PRESENTER(S): Magdalena Hernandez
Many university counseling centers (UCCs) have session limits making it difficult for clinicians to use trauma-focused (TF) interventions. After a brief presentation about the presenter’s experiences using prolonged exposure therapy with student trauma victims, the audience will be encouraged to share their experiences with TF interventions on their campuses. Real case scenarios will be presented and attendees will gain insight, tools, and resources to assist trauma victims on their campuses.

030. Hearing The Unheard: Bringing Awareness of Undocumented Women Who Are Victims of Sexual Assault While Crossing The U.S./Mexico Border
TIME: 12:30-2:00pm
ROOM: 204B
TOPIC(S): Multicultural & Social Justice
PRESENTER(S): Angela Thompson; Mandi Salazar
Recently, the political climate has sent a spotlight covering a variety of issues, however events that receive the least amount of discussion are the women who experience sexual assault while crossing the U.S. and Mexico border. In this presentation, participants will learn how to: advocate for undocumented women who are victims of sexual assault; learn important statistics and regulations; define key terms; hear survivor testimonials; and more.
031. EAGALA Horse Model Horses as Helpers
TIME:  1:00-4:00pm (3-HOUR)
ROOM:  Exhibit Hall A
TOPIC(S):  Community & Clinical Counseling
PRESENTER(S):  Ruth Whitely; Patti Mandrell

Join us with our horses! Learn about the EAGALA model and the differences between Equine Assisted Therapy (what we are doing) and a traditional “real” session. This group will focus on the Equine Assisted Growth and Learning Association’s (EAGALA) model of equine therapy. The EAGALA model is a solution focused, experiential model based on a belief that clients have the capacity to overcome struggles and find new solutions.

032. Creative and Expressive Arts: Tools for Counselors
TIME:  1:00-4:00pm (3-HOUR)
ROOM:  100
TOPIC(S):  Play Therapy
Spirituality & Wellness
PRESENTER(S):  Patricia Johnson

Creativity and expression go hand in hand with positive mental health. Creative arts therapies offer clients a nonthreatening way to prevent and remediate situations that may be distressful and is an evidenced based practice that dates back since antiquity. It is also an appropriate mind-body approach that can be implemented with clients from diverse backgrounds who find themselves in a mental health crisis. Let us help you experience the healing arts through inexpensive and accessible means.

033. Don’t Forget to Pack Your Childhood Adversity! The Impacts of Early Adversity on College Students
TIME:  1:00-4:00pm (3-HOUR)
ROOM:  102
TOPIC(S):  Grief, Crisis, & Trauma
College Counseling
PRESENTER(S):  Eitandria Tello; Jen Osborne

Most parents look forward to their children enrolling in college. However, few parents know that their children carry the negative impacts of being exposed to toxic stress during childhood into their college years and beyond. Adverse Childhood Experiences change the brains and bodies of young people. This session will focus on strategies counselors can use to decrease the risks of college students experiencing the mental, physical and social problems associated with early adversity.

034. Ethics for LPC’s and LPC Supervisors: Frequent Ethics Problems and How to Solve Them
TIME:  1:00-4:00pm (3-HOUR)
ROOM:  203A
TOPIC(S):  Ethics & Legal Issues
Grief, Crisis, & Trauma
PRESENTER(S):  Bret Hendricks

Counselors and counseling supervisors face daily ethical dilemmas. This presentation will provide information about how to deal with some of the most common ethical dilemmas including confidentiality, documentation, values impositions, and dual relationships. Specifically for supervisors, the presenters will discuss frequent ethical dilemmas in supervision and provide resources to solve these dilemmas. Handouts will be provided and group discussion will be encouraged.

035. TEMPSC-III: Enhancing School Counselor Practice Through Job-Related Performance Evaluation
TIME:  1:00-4:00pm (3-HOUR)
ROOM:  203B
TOPIC(S):  Elementary School Counseling
Secondary School Counseling
PRESENTER(S):  Elias Zambrano

TCA’s newly revised Texas Evaluation Model for Professional School Counselors (TEMPSC-III) is completed and ready for your use! Learn how the TEMPSC-III’s new structure aligns with and supports your work within the Texas Model for Comprehensive School Counseling Program. Discover how it can assist you in your use of professional skills to deliver high quality, student-oriented services through a comprehensive school counseling program!
036. Counseling Approaches for Helping Latinx First-Generation Students Transfer from Community Colleges to Four-Year Universities

TIME: 2:30-4:00pm
ROOM: 101
TOPIC(S): College Counseling, Multicultural & Social Justice
PRESENTER(S): Angelica Tello; Jacqueline Contreras

For many Latinx first-generation college students (FGCS), community colleges are often viewed as a stepping stone to a four-year degree. High school and college counselors can play an important role in supporting the transfer experiences of Latinx FGCS. The presenters conducted a study, a Grounded Theory, on the experiences of Latinx FGCS who successfully transferred from community colleges. Their findings, a strength-based approach, for helping Latinx FGCS will be discussed.


TIME: 2:30-4:00pm
ROOM: 103B
TOPIC(S): Research & Evaluation, Professional Issues
PRESENTER(S): Michelle Hollenbaugh; Joshua Watson

This presentation will discuss recommendations and best practices for publishing in peer reviewed counseling journals. Attendees will learn the basic steps for developing an idea into a publishable manuscript. Attendees will also learn about the peer-review process, and how to format, organize, and direct the focus of manuscripts. Best practices for writing quantitative and qualitative manuscripts, as well as conceptual articles will be discussed, and usable handouts will be provided.

038. Generation Z: An Exploration into Who this Generation Is and How They Will Impact the Counseling Profession in Theory and in Practice

TIME: 2:30-4:00pm
ROOM: 104
TOPIC(S): Community & Clinical Counseling, Counselor Education
PRESENTER(S): Nolan Jones; Matthew Fish

In this session, participants will learn the qualities that make Generation Z unique and attributes that are significant to the identity of this generation. A focus will be on how current therapeutic techniques can meet the needs of Generation Z, as well as, what new modalities may help engage them in the counseling process. An exploration into integrating these techniques with current models will also be included.

039. TMHCA Presents: Connecting to Your Licensing Board: Updates from the Texas State Board of Examiners of Professional Counselors (TSBEPC)

TIME: 2:30-4:00pm
ROOM: 201A
TOPIC(S): Professional Issues
PRESENTER(S): Steve Christopherson; Christopher Taylor; Loretta Bradley; Janie Stubblefield; Cristina DeLuna

Professional and public members of the TSBEPC regulate all Licensed Professional Counselors in Texas. This session will provide an overview of board operations as well as an update on the rules that govern your work. Learn how to ensure your practice aligns with current rules and statutes. Attendees will have time an opportunity to ask questions.

040. What's My Anchor? Current Grief Theories and Effective Creative Counseling Activities

TIME: 2:30-4:00pm
ROOM: 201B
TOPIC(S): Grief, Crisis, & Trauma, Professional Issues
PRESENTER(S): Susan Adams

Even though grief & loss disrupt life, daily living keeps happening whether it is the client or the counselor. Life is crunched; responsibilities seem to keep building up without any hope of returning to “normal life.” Current grief theories will be introduced, and proven experiential activities, based on field experience with grieving clients will be demonstrated. Personal self-care research and examples will be shared to help prevent counselors and clients from being impaired.

041. I Can't Wrap My Head Around It!

TIME: 2:30-4:00pm
ROOM: 201C
TOPIC(S): Gay, Lesbian, Bisexual & Transgender, Multicultural & Social Justice
PRESENTER(S): Beck Munsey; Leslie Guditis

It is important for mental health professionals to have a therapeutic alliance with their transgender and gender expansive clients. Understanding the specific therapeutic needs of clients, who make up this population, is important for their client’s mental health. The presenters will discuss how they work with counselors, interns, and students to move past wrapping their heads around the mental health issues and moving into a therapeutic alliance that is therapeutic and supportive.

042. Effectively Working with High Conflict Clients, Colleagues, or Family Members

TIME: 2:30-4:00pm
ROOM: 202A
TOPIC(S): Professional Issues, Child & Adolescent Counseling
PRESENTER(S): Jayna Haney

High conflict people can wreak havoc with our self-confidence and our ability to manage our own emotions. This presenter will explain the hidden dynamics of high conflict people and the high conflict cycle. She will provide you with the tools to effectively manage these individuals. She will also share specific ways that you can provide support and build resilience for yourself, clients, or children/teens who struggle with the dynamics of high conflict with one or both of their parents.

043. Quick Tricks of the Elementary Trade

TIME: 2:30-4:00pm
ROOM: 202B
TOPIC(S): Elementary School Counseling, Child & Adolescent Counseling
PRESENTER(S): Megan Guidry; Angie Molinari; Jill Jernigan; Mary Stennett

Elementary counselors are called on to do or be any number of things on the fly on any given day. Learn a variety of tools and techniques that actually work in real time from one district’s elementary counselors.
044. Terminating Therapy: Ethical Considerations When Ending the Counseling Relationship
TIME: 2:30-4:00pm
ROOM: 202C
TOPIC(S): Ethics & Legal Issues, Professional Issues
PRESENTER(S): Ruben Gomez; Candace Chuyou-Campbell
The participants will obtain knowledge of the ethical responsibilities when terminating the counseling relationship. The participants will gain an understanding of the Texas Administrative Code of Ethics and the ACA Code of Ethics regarding terminating services, counselor competencies, client abandonment & neglect, and appropriate steps to take when a counselor’s personal values, attitudes, beliefs and behaviors are impacting the counseling relationship.

045. Out of The Box Ways to Finance College
TIME: 2:30-4:00pm
ROOM: 202D
TOPIC(S): College Counseling, Secondary School Counseling
PRESENTER(S): Jessica Davis; Jeff Cranmore
School counselors often encounter students with the desire to pursue higher education. However, the students face financial limitations. As state funds decrease, school counselors must think outside the box to figure out new ways for students to have access to college. This presentation is designed to equip school counselors with additional scholarship search strategies, information on tuition reimbursement, and other innovative ways to fund college.

046. I Want To Be Like You! Confronting Supervisee Perfection and Comparison
TIME: 2:30-4:00pm
ROOM: 203C
TOPIC(S): Counselor Supervision, Counselor Education
PRESENTER(S): Cyndi Doyle; Teri Ann Sartor
Counselor supervisors assist LPC-Interns in maintaining realistic expectations of the counseling process. Intern perfection and comparison impacts expectations of themselves and their clients, leading to withholding information and lack of disclosure with supervisors. In this session, we will unpack how perfection and comparison impacts the client relationship, attachment, ethical issues, and the alliance with the supervisor. Strategies and techniques will be shared to address with interns.

TIME: 2:30-4:00pm
ROOM: 204A
TOPIC(S): Secondary School Counseling, Child & Adolescent Counseling
PRESENTER(S): Amanda Beeman
Individuals diagnosed with Autism Spectrum Disorder (ASD) have an increased probability of being perceived as non-compliant while interacting with law enforcement due to their repetitive and restrictive behavior. Consequently, it is critical that individuals with ASD learn appropriate and safe ways to interact with law enforcement. This workshop will focus on implementing law enforcement education into social skills for individuals with ASD who are verbal or non-verbal.

048. Using Visual Aids to Enhance Understanding and Healing
TIME: 2:30-4:00pm
ROOM: 204B
TOPIC(S): Private Practice, Secondary School Counseling
PRESENTER(S): Ronda Hayes
What do learning styles, memory retention, understanding, healing, brain injuries and diseases, and mental disorders have to with one another? How can the use of visual aids address all of these? Participants will be engaged in an existential experience and will take away ideas and handouts that will help to promote emotional growth and healing in clients and students. Visual aids will include unexpected objects such as peacock feathers, nesting dolls, jinga blocks, and others.

Congratulations to Dr. Michael Moyer on your service to the Texas Counseling Association on behalf of the Counseling Program at Texas A&M University San Antonio!
049. Counseling Bereaved Children and Adolescents Using Creative Arts: Individual and Group Strategies
TIME: 4:30-6:00pm
ROOM: 100
TOPIC(S): Grief, Crisis, & Trauma
Child & Adolescent Counseling
PRESENTER(S): Jennifer Gerlach; Abran Rodriguez
One in five children will experience the death of someone close to them (e.g., parent, sibling, close friend, etc.) before age 18. Bereaved children are more likely to experience depression, substance abuse, and disruptive behavioral outcomes than non-bereaved youth. This session is for counselors of all settings. Participants will learn how to supplement traditional talk therapy methods with creative arts. Individual and group counseling strategies will be provided.

056. Spirituality and Religion in Counseling: A Look at the ACA Code of Ethics
TIME: 4:30-6:00pm
ROOM: 201C
TOPIC(S): Ethics & Legal Issues
Spirituality & Wellness
PRESENTER(S): Richard Watts
Clients regularly present with issues related to their spiritual and religious values. Counselors, however, often feel unprepared to work with these clients, particularly regarding the ethics of working with spiritual and religious issues in counseling. This session, presented by the past Chair of the ASERVIC Ethical Values Committee, will discuss key ethical issues addressed—explicitly or implicitly—in the ACA Code regarding counseling and clients’ spiritual and religious values.

050. Social Learning, Marital Satisfaction, and Role Modeling for Offspring
TIME: 4:30-6:00pm
ROOM: 101
TOPIC(S): Couple & Family Counseling
Community & Clinical Counseling
PRESENTER(S): Amir Abbassi
Now, more than ever before, marital satisfaction is a concern for all individuals who are married. Social Learning Theory claims that individuals learn behaviors and attitudes from their significant others and from role models in the early stages of life. The authors of this paper identify how children learn about loving relationships and how they continue to teach these lessons to their own offspring. This paper also discusses practical techniques.

053. Interests and Aptitudes in Career Assessment: Facilitating Career Decision-Making
TIME: 4:30-6:00pm
ROOM: 104
TOPIC(S): Career Development Counseling
College Counseling
PRESENTER(S): Greta Davis
Should career counselors use interest or aptitude assessments when facilitating decision-making? Attendees will learn of the advantages of both types of measures through exploration of the Strong Interest Inventory and YouScience assessments, and how considering both can create a more complete picture of future educational and occupational opportunity. Historical implications of cultural fairness in aptitude assessment along with limitations of interest assessments will also be addressed.

051. How to Help The Dying - and in the Process, the Living
TIME: 4:30-6:00pm
ROOM: 102
TOPIC(S): Grief, Crisis, & Trauma
Lifespan Development
PRESENTER(S): Jill Riethmayer
Nothing is as challenging as facing death - our own or someone we care deeply about. There is no “teacher” who has been there and then comes back to teach us how to either make this journey or assist someone else making the journey. Or is there? There is a wealth of knowledge about the “dying process.” Come, learn what the following groups can teach us: NDE survivors; Researchers; Hospice Nurses; Grief Counselor; and finally, the dying themselves. Come learn how to guide someone on the journey.

055. A Model for Comprehensive Response to Mass Shootings in the Communities and Schools
TIME: 4:30-6:00pm
ROOM: 201B
TOPIC(S): Grief, Crisis, & Trauma
Secondary School Counseling
PRESENTER(S): Derek Robertson; Elias Zambrano; Thelma Duffey
Attend this session to learn about comprehensive mental health services delivered to residents of communities around Sutherland Springs after the November 2017 church shooting. Learn about community needs expressed and addressed, mental health services planned and delivered, community partnerships created, and training provided to sustain program efforts. Presenters will address challenges experienced, opportunities for service and student development, and lessons learned.

052. Time to get Woke! Promoting Social Justice and Counselor Advocacy
TIME: 4:30-6:00pm
ROOM: 103B
TOPIC(S): Multicultural & Social Justice
Counselor Education
PRESENTER(S): Wayne Smith; Claudia Calero; Natika Johnson
It is time to get woke! Having an awareness of racial microaggressions, covert racism, and insight in the racial implications of the sociopolitical climate in the U.S.A. is valuable for professional counselors. We are all affected by this oppression and need to promote ways to become woke and advocate for the oppressed. Join us as we share creative and inspiring activities to promote social justice that you and your clients can put into immediate action. Let’s get courageous and vulnerable!
057. Counseling Cancer Patients
TIME:  4:30-6:00pm
ROOM:  202A
TOPIC(S):  Private Practice
PRESENTER(S):  Steven Vazquez
Cancer is the number two killer in the U.S. There is substantial scientific research which shows that psychosocial factors play a major role in the cause, maintenance and survival rate of most cancer patients. Therefore, counseling that is adapted to the specific behavioral profile of cancer patients can have a powerful impact on survival rates. This approach will be conveyed through theory, research, case studies and possibly a live demonstration.

058. Collaboration with a Purpose: How UT Austin and The Texas Education Agency are Addressing Middle School College and Career Readiness
TIME:  4:30-6:00pm
ROOM:  202B
TOPIC(S):  Secondary School Counseling, Research & Evaluation
PRESENTER(S):  Jaslyn Greene; Nikki Kelley
Come hear how initiatives within the Texas Education Agency and UT Austin are working together to ensure middle school students are on a path to high school, college and career success. TEA’s Beyond Grad and UT Austin’s Texas OnCourse, share in the mission to improve college and career readiness across the state. The collaboration centers on creating effective and adaptable college and career readiness instructional materials offered for free to middle school teachers and counselors. Six GEAR UP school districts will pilot and provide feedback on the free curriculum beginning in fall 2019, with multiple rounds of evaluation and iteration to follow. Perhaps your district would like to participate in the next pilot! This session will highlight best practices and lessons learned for collaboration across complex systems to deliver a high quality, tangible product that moves the needle on student potential.

059. On the Margins of #metoo: Centering LGBTQ+ Survivors of Sexual Trauma
TIME:  4:30-6:00pm
ROOM:  202C
TOPIC(S):  Gay, Lesbian, Bisexual & Transgender
PRESENTER(S):  Candice Holloway; Laura Zavala Membreno
LGBTQ+ individuals experience sexual violence at a disproportionately high rate. Stigma, discrimination, inadequate sexual education, and vague definitions of sexual assault mean many LGBTQ+ people have not been taught enough about sex, sexuality, their bodies, or consent to understand sexual assault, even as it is happening to them. This workshop will instruct counselors how to provide effective, culturally competent care to LGBTQ+ survivors healing from sexual trauma.

060. Self Determination Theory as a School Counseling Approach
TIME:  4:30-6:00pm
ROOM:  202D
TOPIC(S):  Secondary School Counseling, Child & Adolescent Counseling
PRESENTER(S):  Jeff Cranmore; Susan Bell
It is important to help students develop socially, emotionally, and academically. One approach is Self-Determination Theory. SDT supports basic needs in motivation, development, and wellness and has been included in many fields. This session will explore the foundations of SDT and their application to School Counseling Programs. Counselors will be equipped to support students in developing autonomy, competence, and relatedness. These tools can enhance creativity, persistence, and performance.

061. Teaching Group Therapy Using Reflecting Teams
TIME:  4:30-6:00pm
ROOM:  203A
TOPIC(S):  Counselor Education, Group Work
PRESENTER(S):  Elizabeth Taylor; Katharine Hennessey Ottone; Mentanna Campbell
When teaching courses on SF group therapy, we find reflecting teams offer students an opportunity to observe themselves by hearing what others say about their interactions. Using SF techniques, such as scaling questions, direct and indirect compliments, and exception questions, the presenters ask participants to engage in a process group or reflecting team and discuss how this approach may be effective and challenging.

062. TxCSJ Presents: School Counselors as Social Justice Advocates
TIME:  4:30-6:00pm
ROOM:  203B
TOPIC(S):  Multicultural & Social Justice, Secondary School Counseling
PRESENTER(S):  Le‘Ann Solmonson; Adriana Felts; Monica Starovic
The role of the school counselor includes a myriad of roles and responsibilities. Whether serving in an urban, suburban, or rural community, a school counselor must be adept at advocating for students when social justice inequities arise. This interactive presentation will present information on the competencies required to engage in social justice advocacy in the areas of access to academic programs, mental health services, and college and career readiness activities for all students.
063. Ethical Courage: Resilience from Perceived Counselor Failure  
TIME: 4:30-6:00pm  
ROOM: 203C  
TOPIC(S): Ethics & Legal Issues, Professional Issues  
PRESENTER(S): Cyndi Doyle  
Codes of ethics outline limits and responsibility to protect clients. Reaching for support when we struggle can seem dangerous. Examine how failures lead to shame, ethical struggle, self-compassion, and resilience. The potential impact of client suicide, secondary trauma, and perfection will be specifically discussed and related to ethical concerns. Learn techniques and develop a plan for self-evaluation, self-compassion, wellness, and peer support leading to becoming a more authentic counselor.

064. What are Your Clients Signing Up For? A Discussion Regarding the Legal, Ethical, and Professional Requirements of Informed Consent  
TIME: 4:30-6:00pm  
ROOM: 204A  
TOPIC(S): Ethics & Legal Issues, Professional Issues  
PRESENTER(S): Mario De La Garza  
Although there are legal and ethical guidelines concerning informed consent, counselors may not be fulfilling obligations in obtaining this vital aspect of the therapeutic relationship. The presenter will review legal requirements as well as ethical codes regarding informed consent. Additionally, participants will discuss various issues that affect informed consent including working with minors, therapist self-disclosure, and possible harm to clients.

065. Ethics and Supervision: Five Things Every Beginning Intern Must Know  
TIME: 4:30-6:00pm  
ROOM: 204B  
TOPIC(S): Counselor Supervision Ethics & Legal Issues  
PRESENTER(S): Kate Walker  
Successful supervisors recognize the differences between a “Level One” and “Level Three” intern and intervene accordingly. Problems occur when Level One interns must intervene ethically despite lacking competence. Presenter will provide information from the Integrated Developmental Model (IDM). Common intern errors, solutions, and remediation plans will be presented. Participants will learn tools to ethically address problems and successfully facilitate intern progress.

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066. Horses and Wounded Warriors
TIME:  7:30-9:00am
ROOM:  Exhibit Hall A
TOPIC(S):  Private Practice
PRESENTER(S):  Steven Neal; Lorry Royal
Come join us with the horses! Returning to civilian life after the rigid, structured environment of the military is difficult at best. Former members face many obstacles including the attempt to replace relationships, problems with feeling a lack of pride in their new work and finding a place in their old, new world. This problem is compounded when there has been significant trauma. Former horse experience not required.

067. Enticing Administration to Bring Play Therapy to Schools
TIME:  7:30-9:00am
ROOM:  100
TOPIC(S):  Elementary School Counseling, Play Therapy
PRESENTER(S):  Pedro Blanco; Citlali Molina; Ryan Holliman
Convincing administration in schools to develop appropriate school based mental health programs can be taxing. School counselors are left with the burden of advocating for all of the mental health concerns that arise in the school often without the support or understanding from upper administration. This program intends to help prepare elementary school counselors with the resources to begin those conversations.

068. I Got Your Six: Unique Challenges When Working with Law Enforcement Couples
TIME:  7:30-9:00am
ROOM:  101
TOPIC(S):  Couple & Family Counseling, Private Practice
PRESENTER(S):  Cyndi Doyle
Law enforcement couples come to therapy with their own unique set of challenges. Couples often lack insight into the impact of the career. In this session, learn from an experienced LPC-S and her law enforcement husband regarding the impact of the hypervigilance cycle, conditioning, chronic exposure to trauma, shift work, and culture on the couple. Challenges with control, communication, intimacy, and affair recovery will be examined and discussed as well as tools and techniques.

069. Using Sandtray to Promote Practicum Students’ Awareness and Confront Barriers
TIME:  7:30-9:00am
ROOM:  102
TOPIC(S):  Counselor Education, Grief, Crisis, & Trauma
PRESENTER(S):  Ya-Wen (Melissa) Liang
Sandtray supervision has become a new trend in counselor supervision. This program will introduce how to use Sandtray to conduct supervision in practicum class to enhance students’ awareness in counseling and help supervisees confront obstacles in the practicum course.

070. Rapid Treatment of ADHD Without Drugs
TIME:  7:30-9:00am
ROOM:  103A
TOPIC(S):  Private Practice
PRESENTER(S):  Steven Vazquez
A new method for resolving adult attention hyperactive disorder can rapidly resolve ADHD without medication. Adult ADHD is a source for motor vehicle accidents, marital distress and occupational dysfunction. While psychiatric medications may improve functionality, they produce dependency, side-effects and do not produce long-term results. You will see live demonstrations with volunteers that changes ADHD in minutes.

071. Adolescent Males: Confronting Personal Bias through an Adlerian/Feminist Lens
TIME:  7:30-9:00am
ROOM:  103B
TOPIC(S):  Child & Adolescent Counseling, Counselor Education
PRESENTER(S):  Heather Lindstrom; Meghan Eichner
Do you serve more teen girls than boys or choose not to work with teens at all? When a majority of clinicians are women, how to do we as a profession reduce bias to create a place for our young men to grow, be encouraged and reduce stigma? Get ready to expose your bias in a discovery session of what it means to really see an adolescent boy through an Adlerian/Feminist lens. Come dissect your personal experiences in response to various scenarios, and discuss with like-minded professionals.
072. Psychosis in Pediatric Populations - How do We Care for It?
TIME:  7:30-9:00am
ROOM:  104
TOPIC(S):  Child & Adolescent Counseling
Community & Clinical Counseling
PRESENTER(S):  Jeffrey Gallup
Hallucinatory experiences and delusions are more common in our patients than we may realize and frequently occur in pediatric populations. While not a benign occurrence, psychotic symptoms do not necessarily portend the future development of schizophrenia. So what does it mean when your child or adolescent client reports hearing voices or seeing things and what are appropriate treatment planning goals and guidelines?

073. Love Languages in the School Setting
TIME:  7:30-9:00am
ROOM:  201A
TOPIC(S):  Elementary School Counseling
PRESENTER(S):  Amanda Sieg; Christy Buce
As educators, it’s so important that we know how to work with our coworkers and students, and work with them well! In this session, we will dive into the 5 love languages and learn how to use them with our staff to increase positive campus climate, our teams to foster team building, and our students for meaningful and powerful student-teacher relationships.

074. I’m fine... (Or am I? I wish I knew): Self-Awareness & Self-Care for Counselors with Grief and Loss Experiences
TIME:  7:30-9:00am
ROOM:  201B
TOPIC(S):  Secondary School Counseling
Professional Issues
PRESENTER(S):  Kelly Guidry; Sandy Stillo
As counselors, we understand the importance of insight and self-awareness. As humans, we all have experienced grief and loss in our lives, either from death or non-death losses. Often, we do not acknowledge or recognize the impact these losses have on our personal and professional lives. This interactive and experiential session will help counselors reflect on their own loss experiences and how these affect our work with students, followed by a discussion and exploration of self-care practices.

TIME:  7:30-9:00am
ROOM:  201C
TOPIC(S):  Ethics & Legal Issues
Counselor Education
PRESENTER(S):  Cynthia Chandler; Brooke Bugni; Gayatri Ayyer
Animal-assisted therapy in counseling (AAT-C) has become a popular modality. It is imperative that supervisors understand how to provide for and preserve the welfare and safety of all participants, including counselors, clients, and therapy animals. Presenters will describe established standards and discuss philosophical values to aid ethical decision-making. Additionally, presenters will describe real case scenarios for engaging the audience in discussion.

076. Embodied Diversity: Transforming Marginalized Experience Through the Body
TIME:  7:30-9:00am
ROOM:  202A
TOPIC(S):  Grief, Crisis, & Trauma
Multicultural & Social Justice
PRESENTER(S):  Nevine Sultan
Marginalization, discrimination, and oppression are written upon the body. We discuss various manifestations of marginalizing behavior, and impact on the body and sense of personhood. We explore the body as both a site of social injustice and a creative source of empowerment, personal transformation, and social change. Emphasis is placed on a therapeutic alliance that promotes unique understandings of inclusivity and pathways to connection.

077. Your Group Counseling Toolkit: Fostering Change through Experiential Activities
TIME:  7:30-9:00am
ROOM:  202B
TOPIC(S):  Group Work
Community & Clinical Counseling
PRESENTER(S):  Susan Henderson; Chi-Sing Li; Reade Dowda
Working with multiple people in clinical environments, such as groups, offers greater opportunities for interaction and interpersonal learning. Join us for an interactive workshop where we demonstrate experiential activities that can be used with a variety of group settings to facilitate a deeper understanding of themselves in relationship to others. The workshop will conclude with an open dialogue about the experiential activities and their application to clinical work.

078. Preventing Childhood Sexual Abuse: An Evaluation of Program Effectiveness
TIME:  7:30-9:00am
ROOM:  202C
TOPIC(S):  Child & Adolescent Counseling
Community & Clinical Counseling
PRESENTER(S):  Kristina Nelson; Angie Sevillano; Kriti Vashisht; Nora Maza
As CSA affects more than 40 million people in the United States, efforts are being made to help prevent abuse before it occurs. Through this presentation, we will provide an overview of a child abuse prevention program we have implemented with a community sample, and discuss the results our mixed-method program evaluation with an embedded phenomenological component utilized to identify impact on participants, best practices, and program enhancement opportunities.
079. Utilizing Cultural Wealth Model and Narrative Therapy in Supporting Latinx Clients in Re-Authoring their Testimonials

TIME: 7:30-9:00am
ROOM: 202D
TOPIC(S): Multicultural & Social Justice
Community & Clinical Counseling
PRESENTER(S): Angelica Tello; Deborah Bergmann; Isaiah Rodriguez; Jessenia Garcia

Although Latina/o/x clients are a growing population, 50 percent leave therapy after the first session. Clients report not feeling understood by their counselor, especially around issues of marginality. The presenters will discuss how Yosso’s Cultural Wealth Model can be integrated with Narrative Therapy to provide Latinx clients with multiculturally competent services. Participants will learn how to help Latinx clients in re-authoring their narrative so it’s grounded in their strengths and resiliency.

080. Clinician Burnout: Strategies to Promote Longevity

TIME: 7:30-9:00am
ROOM: 203A
TOPIC(S): Professional Issues
Spirituality & Wellness
PRESENTER(S): Candace Chuyou-Campbell; Ruben Gomez

Burnout has been a heavily researched topic in the helping fields (Schaufeli, Leiter, & Maslach, 2009). The effects of burnout impact not only a counselor’s emotional and physical well-being, but also the clients that are being served. Regardless of how long one practices, clinicians can face burnout if they do not take equip themselves with skills. This session will discuss the term “burnout,” characteristics that lead to it, and equip attendees with strategies that can help prevent burnout.

081. LPC- Supervisors Beware: Case Studies and Ethical Dilemmas

TIME: 7:30-9:00am
ROOM: 203B
TOPIC(S): Counselor Supervision
Ethics & Legal Issues
PRESENTER(S): John Spoede; Roxanne (Roxy) Riefkohl-Siegrist, Stephanie Ellis

This session will review ethical standards and real world case studies related to supervision. Supervision involves so many complicated dynamics, including: severe clients, suicide, gate keeping, dealing with deficiencies, providing services to clients you may never meet, and appropriate documentation.

082. Sports Counseling: Winning With Collegiate Athletes

TIME: 7:30-9:00am
ROOM: 203C
TOPIC(S): College Counseling
PRESENTER(S): Magdalena Hernandez

The need for mental health services for collegiate athletes is increasing. In this presentation, we will discuss how university counseling center clinicians can support student athletes, what sports counseling is, the specific needs of this population, and how to reduce stigma and overcome barriers to seeking help. Research, case scenarios, and emphasis on the therapeutic alliance will provide the audience with a foundation for working with student athletes.

083. Working with Clients in Correctional Settings

TIME: 7:30-9:00am
ROOM: 204A
TOPIC(S): Addiction & Offender Counseling
Community & Clinical Counseling
PRESENTER(S): Rochelle Cade; Harris Leonard

Counselors are trained and generally prefer clients who enter counseling voluntarily, have some motivation to change, and are willing to engage in a therapeutic relationship. However, many clients, particularly those in correctional settings, do not meet these preferred or assumed characteristics. Using case studies and discussion, this presentation will explore how clients in correctional settings present unique challenges and opportunities for engaging and building therapeutic relationships.

084. Realities of LGBTQ Clients: Ethics and Practices

TIME: 7:30-9:00am
ROOM: 204B
TOPIC(S): Ethics & Legal Issues
Gay, Lesbian, Bisexual & Transgender
PRESENTER(S): Bill Stone

This seminar focuses on the ethics of treating LGBTQ clients and how to best help them and the people they love to better understand their struggles, which include anger, depression, self-loathing, self-hatred, and the like. Some LGBTQ clients are offended by certain words that may not have the same impact outside of the community. This seminar helps counselors critically think through their thoughts and speech on the best ways to help and comfort their LGBTQ clients.
MOLLY HUDGENS, KEYNOTE SPEAKER

SAVING SYCAMORE: THE SCHOOL SHOOTING THAT NEVER HAPPENED

Molly Bradley Hudgens is in her twenty-first year as an educator in the Cheatham County School System where she works as a school counselor at Sycamore Middle School in Pleasant View, Tennessee. In addition to her counseling role, Mrs. Hudgens is also a member of SMS’s Crisis Management and Response Team and Leadership Team.

After a personal experience in college, her interest in violence prevention and safety sparked a desire to educate others who work with intervening in the lives of potentially violent teenagers. Her in-depth study on school shootings and the teenagers who commit these acts, Recognizing Red Flags, has been utilized to train professionals in the fields of education, law enforcement, juvenile probation, and juvenile court. The training focuses on understanding the three types of school shooters and how to use threat assessment tools as an intervention to prevent violent acts in a school and community setting.

Mrs. Hudgens put her training to use on September 28, 2016, when she talked a student with a loaded handgun out of committing a mass shooting at Sycamore Middle School. Hudgens, the 2004-2005 and 2016-2017 Sycamore Middle School and Cheatham County Middle School Teacher of the Year, became a Congressional Medal of Honor Citizens Honor recipient for a Single Act of Heroism from the Congressional Medal of Honor Foundation in March of 2017. She is also the 2017 recipient of the Tennessee School Counseling Associations Phoebe White Award for Excellence in School Counseling and the 2019 Mental Health America of the MidSouths I.C. Hope Award for bringing mental health awareness to schools. She is the owner of Molly B. Hudgens Communications and is a motivational speaker as well as a violence prevention specialist.
P07: Applying Ethical Standards to the Treatment of Dissociative Identity Disorder
TOPIC(S): Ethics & Legal Issues
PRESENTER(S): Savilla Davis
Dissociative identity disorder (DID) has long been dramatized and demonized by the public. Even within the clinical community there are still portions of practitioners who debate the validity of the disorder, or are unfamiliar with the diagnosis. A more thorough understanding of DID can help counselors avoid ethical pitfalls that can come up during therapy, as well as reduce harm to the patients who seek help, answers, and understanding.

P08: Bias, Power, and Privilege: The Unholy Trinity
TOPIC(S): Community & Clinical Counseling Counseling Education
PRESENTER(S): R.J. Davis; Joy-Del Snook
When bias, power, and privilege meet, bad things happen. Awareness and reflection on these influential forces provide counselors a basis for understanding the negative impact such forces have on vulnerable populations and society as a whole. Attendees will leave with a working knowledge of these issues and relevant strategies and techniques to equip counseling professionals to join with and support clients and communities in efforts to push back, reclaim power, and raise awareness.

P09: Prescribing Emotional Support Animals: Uncovering the Counselor’s Role
TOPIC(S): Professional Issues Ethics & Legal Issues
PRESENTER(S): Christopher Wilder; Michaela McCord
Due to the vague nature of laws for emotional support animals (ESAs) and the ambiguous role they play in society, counselors need to have clear guidelines when prescribing ESAs to clients. The federal and professional guidelines for counselors prescribing ESAs are limited and vague. This has led to inadequate and inappropriate use of ESAs in society. The presentation seeks to identify explicit and implicit guidelines within existing laws and literature for counselors to follow when prescribing ESAs.

P10: Running to Recovery: Ultra-Marathon Running as an Adjunct to Substance Abuse Treatment
TOPIC(S): Addiction & Offender Counseling Community & Clinical Counseling
PRESENTER(S): Paul Cherry
Given the high rate of relapse among those who are treated for substance use disorder, it is imperative for professional counselors to find new ways to counterbalance the neurochemical deprivation perceived by addicts with recommendations to stimulate dopamine receptor activity. Many ultra-marathon runners include distance running as being crucial to their recovery, which is supported by exercise research. This poster explores ultra-marathon running as an adjunct to substance abuse treatment.

P11: The Counseling Profession Through the Lenses of Multicultural Students and Faculty
TOPIC(S): Multicultural & Social Justice Professional Issues
PRESENTER(S): Terra Wagner; Duc Lam; Sana Hamirani
Through stories, diverse students and faculty will share how race, religion, and socioeconomic backgrounds influence clinical practice. Presenters will discuss their roles as social justice advocates based on personal experiences with stigmatization and discrimination. Attendees will have increased awareness about the impact of individual culture and be provided strategies for best practices for advocating and educating multicultural students.

P12: The Lived Experiences of Administrators on the Provision of Mental Health Services for Students in Public Schools
TOPIC(S): Secondary School Counseling Child & Adolescent Counseling
PRESENTER(S): Siobhan Flowers
This poster explores K-12 school administrators’ perceptions of the provision of mental health services for students in public schools. The lived experiences of administrators (N = 9) are examined regarding addressing the mental health needs and challenges of their students. Recommendations are provided on the provision of mental health services in schools and for school-based mental health clinicians. Implications for administrators, central leaders, and counselor educators are also provided.
TCCA Hot Topics:  
“Supporting LGBTQ College Students from a Counselor’s Perspective” 

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Every mental health counselor who works with couples will tell you that sexual issues play a major role in young couples' love relationships. The authors of this paper will identify and discuss the basics of sex therapy to those who are not certified sex therapists (sex therapy 101) and they will help the audience becomes desensitized to the use of sexual terms in the therapy room. This program will identify the basics of male/female sexual differences and discuss practical techniques on how to accommodate each other.

Clients and clinicians are often in search for what are the best treatment for their symptoms. Hemp-based CBD products without the THC are legal in Texas and shops around town and online make it easily accessible to purchase. What are we to recommend when asked to use it or not?

Based on a survey of 416 individuals born and raised in high demand religious organizations and a survey of 116 counselors who work with former cult members, presenters will share and compare the results of what clients would like to happen in counseling and what counselors are actually doing during counseling. Results from the surveys that will be presented include both client and counselor perceptions of most effective counseling practices and essential topics to cover during therapy.

In a world saturated with loss, we rarely get to truly grieve our losses. Explore why as well as identify ways to assist giving others (& yourself) “permission” to grieve. Discover the critical questions for those experiencing a loss. Learn how “ungrieved” losses of the past impact the present and the future. Ungrieved past losses magnify new losses and rob us of fully living in the present. We are held “hostage” to the past. Identify grief tools and resources to “free” yourself and others.

How do you assess and address wellness transitions with your clients across 3 life stages? Join us and learn how to combine wellness techniques with counseling theories and ethical considerations. Presenters will lead you through the challenges that face young adults (18-35), middle adults (36-59) and seniors (60 +). You will also learn methods to navigate multicultural and social justice barriers through advocating for client agency.

This presentation provides a framework to help professional school counselors create a comprehensive program to assist immigrant students in the high school educational setting. The presentation starts with a participant activity the presenters have used with a counseling group comprised of immigrant students. Then, the words of students will be shared as a means to provide insight into an often hidden student population. Next, an overview provides statistics and relevant information.

Whether you call them step, bonus, or blended, it can often feel like this family jungle is full of thick brush, quicksand, and scary things... but it doesn’t have to be that way. This presentation will address the most common and challenging issues in stepfamily life with a new, energetic and engaging approach that gets to the heart of the matter quickly from the first session. Gain new guidance, insights, and creative interventions for couples and families.
092. Protecting and Improving the School Counseling Profession through Gatekeeping
TIME:  12:30-2:00pm
ROOM:  202A
TOPIC(S):  Secondary School Counseling, Ethics & Legal Issues
PRESENTER(S):  Timothy Brown; Crystal Brashear; Josh Freeman
School counselors are consistently working to improve their programs. School counselor educators are laboring to produce the best school counselors to aid in this endeavor. However, both school counselors and school counselor educators must have a method of remediating or removing ineffective, unethical, or harmful school counselors. To help the profession survive and thrive, school counselors must be gatekeepers. This presentation will help prepare you to do just that.

TIME:  12:30-2:00pm
ROOM:  202B
TOPIC(S):  Grief, Crisis, & Trauma, Career Development Counseling
PRESENTER(S):  Krystal Humphreys; Macy Waltz
Career Counseling is powerful in preventing and restoring survivors of sex trafficking. After working at a trafficking safe house it became apparent that career counseling is needed with this growing population of clients. This program will provide counselors with information regarding how career counseling can be used as a prevention and restoration method for sex trafficking and other forms of trauma.

094. Take a Time Out From Burnout! Creating Self-Care for the Private Practitioner
TIME:  12:30-2:00pm
ROOM:  202C
TOPIC(S):  Private Practice, Spirituality & Wellness
PRESENTER(S):  Julia Ayraud
As counselors in private practice, we are often building or expanding our businesses without taking time to evaluate how we are caring for ourselves in the process and create an unhealthy work-life balance. This program will include techniques to improve self-care, enhance work-life balance, and strengthen our entrepreneurial mindsets to increase productivity. This includes a discussion on counselor self-care and what we are doing and are failing to do in relation to preventing burnout.

095. You Can Earn A CREST!
TIME:  12:30-2:00pm
ROOM:  202D
TOPIC(S):  Elementary School Counseling, Secondary School Counseling
PRESENTER(S):  Jennifer Akins; Jill Adams
In this session we will walk participants through the newly designed CREST (Counselors Reinforcing Excellence for Texas Students) award. The CREST award honors comprehensive school counseling programs that serve student needs and make a difference in student outcomes! The newly redesigned CREST is fully aligned with the Texas Model for Comprehensive School Counseling Programs and will help you advocate for your program. It’s also a great way to show off all the wonderful things you’ve accomplished! Come join us to get started!

096. Intentional Education: School Counselors and Comprehensive SEL Integration
TIME:  12:30-2:00pm
ROOM:  203C
TOPIC(S):  Secondary School Counseling
PRESENTER(S):  Heather Quast; Cheryl Loving
School Districts are committing to integrating social and emotional learning into school culture with the aim of creating systemic changes in education. Through this workshop style presentation, counselors will prepare for the challenges and discover the solutions to formulating and aligning SEL objectives and creating a school climate that welcomes implementation of comprehensive multi-tiered EC-12 Social and Emotional Learning Frameworks.

097. An Untapped Market, Adding Career Counseling To Your Private Practice
TIME:  12:30-2:00pm
ROOM:  204A
TOPIC(S):  Career Development Counseling, Private Practice
PRESENTER(S):  Greta Davis; Donna Gill
70 percent of the workforce reports job dissatisfaction, and this discontent has mental health implications for workers. Adding career counseling to an existing private practice gives counselors access to an untapped market, a different revenue stream, and a holistic approach to helping. Attendees will receive tools they can use to integrate career concerns into counseling and will become familiar with low-cost assessments that can be administered to facilitate career choice and transition.

098. The Invisible Wall: Refugee Resettlement in Texas Under the Trump Administration
TIME:  12:30-2:00pm
ROOM:  204B
TOPIC(S):  Multicultural & Social Justice, Research & Evaluation
PRESENTER(S):  Claudia Interiano-Shiverdecker; Crystal Hahn
During the Trump administration the number of refugees resettled in Texas and throughout the United States has dwindled significantly. This presentation presents a phenomenological study that illustrates the impact of social determinants on refugee resettlement in the state of Texas under the Trump administration. Refugees and staff members of a refugee non-profit agency were interviewed. Systemic and community-based guidelines for counselors working in the state of Texas are provided.
099. Ethics with Horses
TIME: 1:00-4:00pm (3-HOUR)
ROOM: Exhibit Hall A
TOPIC(S): Ethics & Legal Issues
PRESENTER(S): Ruth Whitely; Patti Mandrell
Join us with our horses! Gain knowledge and confidence in making ethical decisions, while connecting with colleagues in a fun, non-threatening and adventurous way. Put new ideas and behaviors into practice with the very honest and forgiving feedback of horses. Learn more about yourself and how to interact ethically with clients. No previous horse experience required.

100. Solution Focused Play Therapy: Creative Approaches for Building Strengths
TIME: 1:00-4:00pm (3-HOUR)
ROOM: 100
TOPIC(S): Child & Adolescent Counseling, Play Therapy
PRESENTER(S): Elizabeth Taylor; Ashli East
Solution-Focused Play Therapy (SFPT) offers a developmentally appropriate process for engaging children and adolescents in therapy, where the traditional model of solution-focused therapy may be lacking. SFPT engages clients that may not be able to use words to verbalize their concerns and solutions by providing expressive techniques and materials through which to communicate. Participants will practice using hands-on approaches throughout different stages of the SFPT process.

101. The Special Mix for an Extraordinary Grief Support Group (A Mixture of Fun Interactive Activities, Discussion, Education and Rituals)
TIME: 1:00-4:00pm (3-HOUR)
ROOM: 102
TOPIC(S): Grief, Crisis, & Trauma, Group Work
PRESENTER(S): Barbara Petsel
As facilitators we can companion grievers in their grief journeys by implementing interactive fun activities and meaningful rituals within the group. These can later be taken by the members to use with grieving family or friends in the future. Expressive art and interactive activities increase the trust and bonding within the group members. This environment provides a safe place for the members to share their vulnerabilities, memories and increase their self-awareness and grief processing.

102. Lawyers, Subpoenas, and Testimony, OH MY!: Ethical Issues to Consider and Understand When Working with Court-Involved Families
TIME: 1:00-4:00pm (3-HOUR)
ROOM: 203A
TOPIC(S): Ethics & Legal Issues, Child & Adolescent Counseling
PRESENTER(S): Jennifer Gomez; Ruben Gomez
Working with court-involved and high conflict families can create new challenges for mental health professionals, as these issues are not often taught in graduate school courses. Counselors are often fearful, for good reason, of working with these families. Having a solid understanding of ethical issues to consider, and best practices to implement will help clinicians feel a new sense of confidence in working with these families.

103. Dancing Mindfulness: A Trauma-Informed Approach to Healing and Wellness
TIME: 1:00-4:00pm (3-HOUR)
ROOM: 203B
TOPIC(S): Community & Clinical Counseling
PRESENTER(S): Nicole Allen
Dancing Mindfulness is a trauma-informed, multi-modal, expressive arts practice utilizing the art form of dance to promote increased healing and wellness. The seven primary attitudes of mindfulness are cultivated through the core Dancing Mindfulness elements of breath, sound, body, mind, spirit, story, and fusion of these elements. In this session, participants will learn about the foundational principles of Dancing Mindfulness and will be invited to experience a Dancing Mindfulness session.
104. Discerning Generational Shifts in Child and Adolescent Susceptibility to Sex Trafficking: A Prevention Model
TIME: 2:30-4:00pm
ROOM: 101
TOPIC(S): Child & Adolescent Counseling, Secondary School Counseling
PRESENTER(S): Krystal Humphreys; Charles Crews
Sex trafficking is the fastest growing criminal industry in the world. Children and adolescents make up a large portion of victims in the United States. Generational changes between millennials and generation z have contributed to the susceptibility of children and adolescents. This program is based on original research conducted with school counselors on the generational changes that have increased sex trafficking susceptibility.

105. A Developmental Approach to Transracial Adoption: Building Strong Transracial Adoptive Families
TIME: 2:30-4:00pm
ROOM: 103A
TOPIC(S): Counselor Education, Multicultural & Social Justice
PRESENTER(S): Torrey Carroll; Olanikki Carroll
Transracial adoptions, especially involving white parents adopting children of color, are increasing in the U.S. With the popularity of the TV show This Is Us, and the creative work by and for adult transracial adoptees, this phenomenon is grabbing the interest of mainstream society and shining a light on the complexities of raising children of color in white homes. This session will be rich in content and provide “lived experience” examples.

106. Billing, CPT Codes, and Taxes, Oh My! Private Practice Secrets Revealed
TIME: 2:30-4:00pm
ROOM: 103B
TOPIC(S): Private Practice, Professional Issues
PRESENTER(S): Wayne Smith
It is time for a well-deserved promotion! Private practice is for everybody! Join us as we discuss the joys of managing your own business as a professional counselor. Learn how to build your practice from the ground up as you learn about the thrills of billing, CPT codes, marketing, filing taxes, creating alternative revenues, and managing your business on your terms. Welcome to the revolution of the Not So Typical Psychotherapist!

107. TCCA Hot Topics: Supporting LGBTQ College Students from a Counselors Perspective
TIME: 2:30-4:00pm
ROOM: 104
TOPIC(S): College Counseling, Gay, Lesbian, Bisexual & Transgender
PRESENTER(S): Adriana Cantu; Bonnie King; Colleen R. Logan; Elizabeth A. Owens
College Counselors are essential in supporting student’s progression in all areas of their development trajectory. A panel of counselors working with the LGBTQ community will discuss the development, sustainability, and best practices that college counselors can employ with their students/clients regardless of age, budgetary constraints or other roadblocks to flourish in an educational or societal system. Attendees are asked to bring general questions concerning their students to enhance their client/student education or treatment goals. Input will be welcomed. Co-sponsored by TCCA and TAGLBTIC.

108. Texas Education Code and the Texas Model for Comprehensive School Counseling Programs: What To Know and Do!
TIME: 2:30-4:00pm
ROOM: 201A
TOPIC(S): Elementary School Counseling, Secondary School Counseling
PRESENTER(S): Elias Zambrano; Ernest Cox; Le’Ann Solmonson
The Texas Education Code now specifies that Texas school counselors institute a school counseling program that “conforms to the most recent edition of the Texas Model for Comprehensive School Counseling Programs” (Texas Education Code, §33.005, 2019). This session will provide an overview of the model’s content. Information and ideas will be presented to support the implementation of the Texas Model in school districts. Group discussion will be facilitated to assist participants with establishing and strengthening the Texas Model’s program structure, its curriculum, and school counselor roles in their school districts.

109. A Safe Space: School Counselor Training
TIME: 2:30-4:00pm
ROOM: 201B
TOPIC(S): Gay, Lesbian, Bisexual & Transgender Secondary School Counseling
PRESENTER(S): Beck Munsey; Kimberly Eickholt; Lindsey Threadgill
Gender variant youth face situations in school that can be uncomfortable and even dangerous. Statistically the transgender population is 5 to 7 times more likely to attempt suicide than their cisgender peers (HRC, 2013). School counselors are often the only ally within the school system for gender variant youth. This session will focus on proper use of vocabulary, and interventions that can be used in school settings to influence a safe space for gender variant youth and their cisgender peers.

110. The Melting Pot That Isn’t: The Lived Experiences of Black Female Graduate Students Attending a Predominantly White Counseling Program in Texas
TIME: 2:30-4:00pm
ROOM: 201C
TOPIC(S): Multicultural & Social Justice Counselor Education
PRESENTER(S): Shay Carper; Jeffrey Sullivan
This presentation is a continuation of last year’s discussion of experiences of Black students enrolled in PWIs. The results of a qualitative study focusing on the lived experiences of eight Black female graduate students enrolled in a predominately White Counseling program in Texas will be presented. The themes of the participants experiences and implications for counselors, counselor educators, and LPC-supervisors to assist them in addressing the concerns this growing population will be shared.
111. Child and Adolescent Sex Trafficking for School Counselors
TIME: 2:30-4:00pm
ROOM: 202A
TOPIC(S): Grief, Crisis, & Trauma
Child & Adolescent Counseling
PRESENTER(S): Claudia Interiano-Shiverdecker; Devon Romero; Julie Streintzsche

Sex trafficking, a type of human trafficking, among youth is a prevalent but hidden problem in the United States. Sex trafficked youth can experience rape, torture, kidnapping, and severe psychological, emotional, and physical abuse. The presenters will discuss indicators and symptoms of sex trafficking among children and teenagers, different trauma-informed interventions when working with this population in the school setting, and cultural, ethical, and legal implications for school counselors.

112. TAMFC Presents: Your Connection to the Texas State Board of Examiners of Marriage and Family Therapists (TSBEMFT)
TIME: 2:30-4:00pm
ROOM: 202B
TOPIC(S): Ethics & Legal Issues
Professional Issues
PRESENTER(S): Jennifer Smothermon; Rick Bruhn

Sunset review and new rules are shaping the regulation of Licensed MFTs in Texas. This program will review the changes in rules and describe key rules for ethical practice, record keeping and confidentiality, technology-assisted services, and supervision. Participants can ask about rules, application procedures, experience requirements, etc. Presenters will describe TSBEMFT, the comprehensive rule review and recent changes, along with the impact of the 2019 legislative session.

113. Special Education Counseling
TIME: 2:30-4:00pm
ROOM: 202C
TOPIC(S): Child & Adolescent Counseling
PRESENTER(S): Mary Donaghey; Christy Stone

The Lewisville ISD Special Education Counselors will present on their current service model, updated IEP/ARD requirements, and session techniques. As caseloads increase and staffing remains the same, LISD is revising their service model by adjusting how service is delivered and working closely with other disciplines to provide for the needs of our students. Consulting with other districts has enhanced the process. Handouts will be provided.

114. Remembering the Basic Principles of Counseling When Treating Persons With Addictions
TIME: 2:30-4:00pm
ROOM: 202D
TOPIC(S): Addiction & Offender Counseling
Community & Clinical Counseling
PRESENTER(S): Michael Schmit; Donna Hickman; Sarah Silveus

In this interactive presentation, attendees will explore how personal values, biases, and beliefs can negatively impact counselors’ ability to effectively work with addiction populations. To work through this phenomenon, various models of addiction, the role of empathy, and the basic principles of counseling are discussed. Additionally, attendees will learn five strategies that will benefit their current practice with this vulnerable population.

115. Don’t Put Your License at Risk: Common Malpractice Claims & Board Actions Against Counselors
TIME: 2:30-4:00pm
ROOM: 203C
TOPIC(S): Professional Issues
Counselor Education
PRESENTER(S): Kate Fox; Cyndi Doyle, Chris Buseman

More than $14.7 million was paid for professional liability claims on behalf of counselors during the most recent 5-year analysis. The data suggests the distribution of closed claims has more than doubled as compared to the previous dataset. This presentation will summarize findings from the new HPSO/CNA counselor claim report highlighting top areas of loss and discuss actual counselor claims in an interactive manner to identify whether the involved counselor managed risks properly. Attendees will learn the leading allegations made against counselors in malpractice lawsuits and Board complaints, define the costs to defend counselors in malpractice lawsuits and Board complaints, and identify risk control strategies counselors can incorporate into their practice to protect the well-being of clients and minimize liability risk.

116. Avoiding Supervision Traps: A Salient Issue in Supervision
TIME: 2:30-4:00pm
ROOM: 204A
TOPIC(S): Counselor Supervision
Professional Issues
PRESENTER(S): Loretta Bradley; Bret Hendricks

Counselor Supervision is the primary way in which supervisors facilitate or inhibit counselor competence. Using this salient facet of supervision, the presenters will focus on the importance of the supervisory relationship, supervision theory, supervision techniques, and supervisory roles. Additionally, the presenters will focus on how to be aware of as well as how to avoid supervision traps. A case study will be used to illustrate the above components of supervision. Handouts will be provided.

117. Complex PTSD: The Attachment Trauma and What Counselors Need to Know
TIME: 2:30-4:00pm
ROOM: 204B
TOPIC(S): Community & Clinical Counseling
Private Practice
PRESENTER(S): Jonna Byars

Complex PTSD that has been chronically under treated and misdiagnosed. Knowledge of Complex PTSD, as a diagnostic concept, has the potential to be extremely valuable in the treatment of traumatic stress and attachment disorders. Counselors commonly address coping strategies and/or harmful behaviors people with CPTSD have developed, such as eating disorders, addictions, anxiety, and depression, without dealing with the root causes: the repeated childhood trauma that characterizes CPTSD sufferer.
## CONFERENCE PROGRAMS

**118. Use of “I-Poems” in Counselor Education and Supervision**
**TIME:** 4:30-6:00pm  
**ROOM:** 100  
**TOPIC(S):** Counselor Education, Grief, Crisis, & Trauma  
**PRESENTER(S):** Shannon Williams; Teri Ann Sartor

An I-Poem is a poetic representation of data that is constructed to highlight an individual’s first-person voice, giving light to the person’s internal experiences, hidden identities, and views of self in relation to self, others, and the world. In this session, the presenters will demonstrate the use of the I-Poem as a tool for the development of clinical skills among counselor trainees and supervisors. Attendees will participate in interactive activities and group discussions.

**119. What is “Equine Therapy” Anyway? Partnering with Equines in Counseling**
**TIME:** 4:30-6:00pm  
**ROOM:** 101  
**TOPIC(S):** Community & Clinical Counseling, Ethics & Legal Issues  
**PRESENTER(S):** Hallie Sheade

The healing power of equines seems to be getting more buzz every day. Heck, even Selena Gomez sings (no pun intended!) the praises of the therapeutic benefits of these majestic animals. In this workshop, we will explore what “equine therapy” is and the therapeutic benefits of partnering with equines. Additionally, we will discuss best practices, competencies, case examples, and other important factors in practicing or referring clients for equine assisted activities and therapies.

**120. The Bottom of the Bowl-Alphabet Soup Guidance Lessons from U Through Z**
**TIME:** 4:30-6:00pm  
**ROOM:** 102  
**TOPIC(S):** Elementary School Counseling, Child & Adolescent Counseling  
**PRESENTER(S):** Betty White

School counselors are tasked with presenting classroom guidance lessons on a variety of topics to align with campus goals as well as state and national guidelines. However, they are also tasked with many other duties. In addition, budgets can be very limited. Join us for the conclusion to Alphabet Soup with the last 6 letters of the alphabet. Take home 30 classroom guidance lessons representing letters U-Z, using easy to find materials and aligned with the Texas Model for Comprehensive School Counseling Programs. Good to the last drop!

**121. If I Only had the Nerve! The Courage Needed for Grant Writing to Expand Programming and Services**
**TIME:** 4:30-6:00pm  
**ROOM:** 103A  
**TOPIC(S):** College Counseling, Professional Issues  
**PRESENTER(S):** Brenda Faulkner; Jill Willis

This presentation will look at how to enhance your operating budgets by seeking to implement grant funding into student counseling services based on the experiences at a regional 4-year public institution. This presentation will include administrator’s viewpoints inherent with implementing ACA advocacy competencies into a grant modeled after a grant addressing sexual assault on a college campus and managing multi-level budget and reporting requirements.

**122. Martial Arts as a Creative Intervention for Optimism, Locus of Control, and Grit: An Exploratory Study**
**TIME:** 4:30-6:00pm  
**ROOM:** 103B  
**TOPIC(S):** Professional Issues, Spirituality & Wellness  
**PRESENTER(S):** Adrian Warren

The presenters share the findings from a pilot study exploring the impact of creative martial arts on optimism, locus of control, and grit. The lead presenter is a counselor educator, the second presenter is a 3rd degree black belt in Tae Kwon Do, and the third presenter is a 1st degree black belt. Then, we will demonstrate parts of the form and discuss using creative martial arts as clinical interventions. Finally, participants will be invited to learn the basic parts of the creative form.

**123. TAHEAD Presents: Refreshing the Foundation of Humanistic Counseling**
**TIME:** 4:30-6:00pm  
**ROOM:** 104  
**TOPIC(S):** Community & Clinical Counseling, Counselor Education  
**PRESENTER(S):** Ajitha Chandrika Prasanna Kumaran; Joshua Watson; Wannigar Ratanavivan

In this session, we will be presenting the past, present, and future of the humanistic approach to counseling, considering the roles and practices of counselors and counselor educators. Additionally, we will be using this platform to refresh and advertise Texas Association for Humanistic Education and Development (TAHEAD), a division of Texas Counseling Association (TCA). Lastly, we will be engaging the participants to share their experiences on practices the humanistic approach to counseling.

**124. Let's Get Creative: Using 15 Experimental Techniques for Working With Families and Children in Crisis**
**TIME:** 4:30-6:00pm  
**ROOM:** 201A  
**TOPIC(S):** Couple & Family Counseling  
**PRESENTER(S):** Brandé Flamez

Come join us for a hands on presentation! The presenter will demonstrate 20 experimental activities and techniques that can be implemented with culturally diverse families, children, and adolescents, who are experiencing severe conflict and crisis. The presenter will provide specific exercises through the various stages of family therapy including: rapport building, assessment, coping with feelings, and building social skills. Pertinent DSM-5 diagnoses will be discussed.

**125. Ethical Concerns Related to Emotional Support Animal (ESA) Recommendation Letters**
**TIME:** 4:30-6:00pm  
**ROOM:** 201B  
**TOPIC(S):** Ethics & Legal Issues, Community & Clinical Counseling  
**PRESENTER(S):** Cynthia Chandler

Significant lack of understanding exists about emotional support animals (ESAs) and the counselor’s role in providing documentation to verify client need for an ESA. This presentation addresses appropriate ways for a counselor to respond to a client’s request for an ESA letter. Considerations include client need, counselor’s responsibility for quality standard of care, along with public safety issues. Current practices which are viewed as unprofessional and possibly unethical will be addressed.
126. Goodbye Burnout and Helper Fatigue
TIME: 4:30-6:00pm
ROOM: 201C
TOPIC(S): Professional Issues
PRESENTER(S): Jae Carter
Self-care for therapists and counselors is often encouraged and even mandated in ethics codes, but easily neglected. While work burnout can occur in any occupation, helping professionals can be at higher risk due to caring for the needs of hurting people. Yet, fatigue is not inevitable. The key is understanding the difference between acute stress vs. the chronic stress cycle. Topics: Do you have it? How does it happen? What makes it better? Why do we care? How to implement change.

127. Treating Grief and Trauma through Activation of the Mirror Neuron Network
TIME: 4:30-6:00pm
ROOM: 202A
TOPIC(S): Grief, Crisis, & Trauma
PRESENTER(S): Mark Rider
Revisioning is the first psychotherapy to target the mirror neuron network. Based on an adaptation of a treatment for phantom limb pain, Revisioning has a 95% success rate in treating complicated grief within 2 sessions. By reconnecting clients with lost parts of their identity following trauma, clients can feel reduced anxiety and increased happiness following one session. The disorders that Revisioning can rapidly treat include PTSD, depression, attachment disorders, addictions, and DID.

128. To Report or Not to Report, that is the [Ethical] Question
TIME: 4:30-6:00pm
ROOM: 202B
TOPIC(S): Ethics & Legal Issues
PRESENTER(S): Megan Smith; Bianca Goodrum; Jessica Lloyd-Hazlett
This presentation will discuss the top 10 things that counselors need to know about recognizing and reporting child abuse. The presenters will discuss signs and symptoms of child abuse as well as the mandatory reporting laws in Texas. Participants will also get an inside look at what happens after a report of suspected abuse is made and what role counselors play in the investigative process.

129. Everything is Bigger in Texas: Exploring Texas Ethics Beyond the ACA Code
TIME: 4:30-6:00pm
ROOM: 202C
TOPIC(S): Ethics & Legal Issues
PRESENTER(S): Deena Shelton; Rosia Frater; Sheryl Parker
Texas’ code of ethics for professional counselors differs in wording and meaning in some key areas of ethics. It is important for counselors in Texas to understand where those differences lie and how to determine the best course of action when faced with an ethical dilemma. Presenters will provide the sections and codes, discuss differences, and explain how to implement the ACA’s ethical decision-making model for best practice.

130. MYCS: A Neuro-Psychological Approach to Help Your Clients Improve Quickly!
TIME: 4:30-6:00pm
ROOM: 202D
TOPIC(S): Counselor Education
PRESENTER(S): Lydia Giordano; Randy Guttenberger; Ricky Ertell
Learn how our brains are wired to mislead us and how we are also wired to heal! The Managing Your Crazy system integrates discoveries about the brain with planned solution-focused therapy to engage and empower clients, teaching key concepts that result in symptom improvement from the first session! Then quickly and painlessly identify and heal their core emotional wounds for lasting results! MYC is brief, universal, and highly effective! Come and experience what Managing Your Crazy can do!

131. Multi-tiered Intensive Supervision? A New Approach to Address Culture in Supervision
TIME: 4:30-6:00pm
ROOM: 203A
TOPIC(S): Multicultural & Social Justice
PRESENTER(S): Chandra Carey; Angie Cartwright
In this session, we share an innovative model of supervision for master’s level counselors-in-training. Multi-tiered Intensive Supervision (MTIS) provides multiple supervisory interactions and merges some components of traditional supervision models with concepts such as knowledge development of multicultural counseling theory, relational-cultural theory, conceptualization of the intersectionality of cultural identities, and enhanced personal self-awareness across each layer of supervision.
132. Healing Betrayal Trauma and Shame: Relational Body-Centered Approaches

TIME: 4:30-6:00pm
ROOM: 203B
TOPIC(S): Grief, Crisis, & Trauma, Lifespan Development
PRESENTER(S): Nevine Sultan

Research indicates that betrayal predicts post traumatic stress and other mental health concerns. It activates the body’s stress system, undermines self-regulation, promotes frozen patterns of behavior and shame, and compromises one’s sense of self. We explore the interpersonal origins of betrayal trauma and impact on the body, nervous system, and social-emotional functioning. We describe a variety of somatic interventions, reinforced by a powerful therapeutic alliance, to support healing.

133. Braving the Elements: Counseling Toward Resilience

TIME: 4:30-6:00pm
ROOM: 203C
TOPIC(S): Professional Issues, Counselor Education
PRESENTER(S): Heather Quast

Counselors are an integral part of systems, be it a school, workplace, or community. The value of counseling professionals in these systems is immense yet sometimes difficult to recognize in daily practice. Purpose can become lost. During this workshop, counselors will be challenged to recognize their own bravery through confronting fear and sparking hope within themselves and the systems they serve. Solutions for making connections, defining purpose, and initiating change will be discovered.

134. Serving Sensitive Populations: Improving Counselor Cultural Competency for LGBTQ+ Clients

TIME: 4:30-6:00pm
ROOM: 204A
TOPIC(S): Gay, Lesbian, Bisexual & Transgender, Multicultural & Social Justice
PRESENTER(S): Gerald Pennie; Kimberly Lovejoy

This program assists participants in comprehending unique challenges faced by members of the LGBTQIA+ community and society’s impact on internal self-worth. Intersectionality will be considered to enhance multicultural awareness and competency. The relevance of Relational Cultural Theory and a humanistic approach will be incorporated to help develop counselor confidence. Additionally, the importance of advocacy and legislative involvement will be highlighted.

135. The Buildings of Rural Mental Health: Visibility, Accessibility, and Invite-ability

TIME: 4:30-6:00pm
ROOM: 204B
TOPIC(S): Community & Clinical Counseling, Professional Issues
PRESENTER(S): Karl Witt; Christine McNichols

Learn about an innovative research project that used photography to assess the physical state of Texas’ rural mental health centers (MHCs). Attendees will learn how built spaces communicate implicit messages to prospective clients and influence mental health services. Presenters will report on rural MHCs’ visibility to the public, accessibility for the help-seeker, and the “invite-ability” of the built space and then facilitate a discussion on the current state of MHCs and ideas for improvement.

Wellness Activities

Brought to you by the TCA Wellness Committee

TAI CHI IN THE PARK

Thursday, Nov 14
11:45 am – 12:30 pm

Directly after Thursday’s General Session, meet at the entrance to the Water Gardens at the intersections of 14th & Commerce Streets for Tai Chi with Master Makio Nishida from Genikai Karate & Tai Chi. This event is FREE.

WELLNESS MOMENTS

Be on the lookout around the conference for mindfulness activities. Take a few minutes from your busy schedule to do some deep breathing and relaxation exercises, helpful stretches, and enjoy some sensory items to help bring your focus to the present moment by taking time for some self-care! Look for QR Codes to scan for points in our conference app game.
POST-CONFERENCE WORKSHOPS ($75)

SAT NOV 16
2019

8:30 AM - NOON – 3.5 CE
Top off your conference experience at one of the Post-Conference Workshops on Saturday, November 16. These in-depth programs offer 3.5 CE hours and are available for an additional fee of $75. Conference registration is not required to register for a Post-Conference Workshop. Onsite Registration is available.

F: Art-Mind-Ed: Innovative Assessments and Creative Connections
ROOM: 100
TOPIC(S): Elementary School Counseling; Secondary School Counseling
PRESENTER(S): Megan Guidry; Cally Tilly

Words, in the form of self-reporting or outcries, are often the only medium counselors have to navigate our populations. Art offers school counselors a powerful medium to understand students and their needs. Learn from a School Counselor and Art Therapist about the research benefits of art therapy and how you can apply it to your program.

G: Testifying in Court, Developing Credibility and Bullet Proofing Your Testimony
ROOM: 101
TOPIC(S): Ethics & Legal Issues; Professional Issues
PRESENTER(S): Jeffrey Gallup

A counselor must be prepared to testify in court or at a deposition, under oath. Although some therapists and counselors may not like to testify and may find it disruptive to their practices, there is sometimes no choice. As the number of health-related and family law lawsuits increases, the chance of counselors appearing in court increases. How do we show credibility to a jury or judge, and bulletproof our testimony and practices to remain ethical in court or depositions?

H: TAADA Presents: Counseling Ethics Across the Lifespan: Issues in Developmental Ethics
ROOM: 102
TOPIC(S): Ethics & Legal Issues; Lifespan Development
PRESENTER(S): Bret Hendricks

The Texas Association of Adult Development and Aging presents this workshop about ethical issues related to developmental stages of clients. This presentation will provide participants with knowledge and tools to assist clients with topics related to age, gender and gender identity, and cognitive and emotional development. The presenters will discuss common ethical case conceptualization related to developmental issues. Handouts will be provided and audience participation will be encouraged.

I: Little Kids-Big Challenges-Combining Social-Emotional Learning Strategies and Behavior Management to Advantage Our Youngest Learners
ROOM: 103
TOPIC(S): Elementary School Counseling; Child & Adolescent Counseling
PRESENTER(S): Betty White

Young children are entering school with fewer social and emotional skills and more behavioral issues than ever before. Research based, meaningful interventions delivered comprehensively as soon as these children start school and continuing through their early elementary years can help these children become successful learners throughout their educational careers. This workshop will help counselors learn techniques to build social-emotional skills, well-being, and academic success.

J: A Path to Exemplary School Counseling Programs: A Side by Side Look at the Texas Model, the Newly Revised TEMSC, and the CREST Award Program
ROOM: 104
TOPIC(S): Elementary School Counseling; Secondary School Counseling
PRESENTER(S): Elias Zambrano; Ernest Cox; Jennifer Akins

Learn ideas and tools to help your school counseling program become an award-winning Exemplary School Counseling Program! The Texas Model for Comprehensive School Counseling Programs, 5th Edition—now codified in law, TCA’s newly published Texas Evaluation Model for Professional School Counselors, 3rd Edition, and TSCA’s Counselors Reinforcing Excellence for Students in Texas (CREST) awards program are completed and ready for your use! Learn how these tools align with each other to support and guide your school counseling program to reach new levels of excellence. Discover how these tools can collectively support your professional skills to deliver high quality, student-oriented services through a comprehensive school counseling program!
The 15th Annual Professional School Counselor Conference

Co-hosted by the Texas School Counselor Association (TSCA) and the Texas Counseling Association (TCA).

This is the biggest school counselor event in Texas, with nearly 2,000 professional school counselors in attendance! Amazing keynote presentations, more than 70 conference programs and a large exhibit hall!

Administrators attend for FREE!

Administrators can earn free CE hours and learn best practices for school counseling programs.

This includes principals, assistant principals, assistant superintendents, and superintendents!

Pre-Register before January 24th and SAVE!

www.txca.org/pscc
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**B: Buzzards Don’t Have Burnout-How Ethical Practices and Wellness Can Keep You From Becoming Roadkill at Work**  
Wednesday, 11/13/19  
TIME: 8:30am-4:45pm  
ROOM: 102  
TOPIC(S): Ethics & Legal Issues; Spirituality & Wellness  
PRESENTER(S): Betty White

**E: Supervisor Refresher Course**  
Wednesday, 11/13/19  
TIME: 8:30am-4:45pm  
ROOM: 104  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Kate Walker

**5: The Rise in Educator Sexual Misconduct by Females: Implications for Intervention and Counseling**  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 104  
TOPIC(S): Ethics & Legal Issues; Professional Issues  
PRESENTER(S): Jessica Davis; Candy Ratliff; Carol Parker

**6: Gatekeeping is not a Dirty Word**  
Thursday, 11/14/19  
Time: 7:30-9:00am  
Room: 201A  
TOPIC(S): Ethics & Legal Issues; Professional Issues  
PRESENTER(S): Erin Kaszynski

**10: Proceed with Caution**  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 202B  
TOPIC(S): Couple & Family Counseling; Ethics & Legal Issues  
PRESENTER(S): Rebecca Smith; Corrina Ferrara

**14: Transition: From Married to Not**  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 203B  
TOPIC(S): Ethics & Legal Issues; Lifespan Development  
PRESENTER(S): Laurel Clement

**22: Bridging the Gap: How Well do Counselors Understand African American Clients & Improvement Strategies**  
Thursday, 11/14/19  
TIME: 12:30-2:00pm  
ROOM: 201B  
TOPIC(S): Multicultural & Social Justice; Ethics & Legal Issues  
PRESENTER(S): Damion Davis

**28: Psychoeducational & Mental Health Assessments and Counseling Practice**  
Thursday, 11/14/19  
TIME: 12:30-2:00pm  
ROOM: 203A  
TOPIC(S): Assessment & Testing; Ethics & Legal Issues  
PRESENTER(S): Jeffrey Gallup; Rachel Slack

**34: Ethics for LPC’s and LPC Supervisors: Frequent Ethics Problems and How to Solve Them**  
Thursday, 11/14/19  
TIME: 1:00-4:00pm  
ROOM: 203A  
TOPIC(S): Ethics & Legal Issues; Grief, Crisis, & Trauma  
PRESENTER(S): Bret Hendricks

**44: Terminating Therapy: Ethical Considerations When Ending the Counseling Relationship**  
Thursday, 11/14/19  
TIME: 2:30-4:00pm  
ROOM: 202C  
TOPIC(S): Ethics & Legal Issues; Professional Issues  
PRESENTER(S): Ruben Gonzalez; Candace Chuyou-Campbel

**54: 3 R’s of Remediation: Review, RemEDIATE, Re-Evaluate**  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 201A  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Gay McAlister; Brandy Schumann

**56: Spirituality and Religion in Counseling: A Look at the ACA Code of Ethics**  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 201C  
TOPIC(S): Ethics & Legal Issues; Spirituality & Wellness  
PRESENTER(S): Richard Watts

**63: Ethical Courage: Resilience from Perceived Counselor Failure**  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 203C  
TOPIC(S): Ethics & Legal Issues; Professional Issues  
PRESENTER(S): Cyndi Doyle

**64: What are Your Clients Signing Up For? A Discussion Regarding the Legal, Ethical, and Professional Requirements of Informed Consent**  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 204A  
TOPIC(S): Ethics & Legal Issues; Professional Issues  
PRESENTER(S): Mario De La Garza

**65: Ethics and Supervision: Five Things Every Beginning Intern Must Know**  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 204B  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Kate Walker

Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 201C  
TOPIC(S): Ethics & Legal Issues; Counselor Education  
PRESENTER(S): Cynthia Chandler; Brooke Bugni; Gayatri Ayyer

**81: LPC- Supervisors Beware: Case Studies and Ethical Dilemmas**  
Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 203B  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): John Spoede; Roxanne Riefkohl - Siegrist, Ph.D; Stephanie Ellis

**84: Realities of LGBTQ Clients: Ethics and Practices**  
Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 204B  
TOPIC(S): Ethics & Legal Issues; Gay, Lesbian, Bisexual & Transgender  
PRESENTER(S): Bill Stone
90: Ethical Considerations when Working with Immigrant Students
Friday, 11/15/19
TIME: 12:30-2:00pm
ROOM: 201B
TOPIC(S): Ethics & Legal Issues; Group Work
PRESENTER(S): Valerie Martinez; Angela Taylor-Blackshear; Elizabeth Holbrook

92: Protecting and Improving the School Counseling Profession through Gatekeeping
Friday, 11/15/19
TIME: 12:30-2:00pm
ROOM: 202A
TOPIC(S): Secondary School Counseling; Ethics & Legal Issues
PRESENTER(S): Timothy Brown; Crystal Brashear; Josh Freeman

99: Ethics with Horses
Friday, 11/15/19
TIME: 1:00-4:00pm
ROOM: Exhibit Hall A
TOPIC(S): Ethics & Legal Issues
PRESENTER(S): Ruth Whitely; Patti Mandrell

102: Lawyers, Subpoenas, and Testimony, OH MY!: Ethical Issues to Consider and Understand When Working with Court-Involved Families
Friday, 11/15/19
TIME: 1:00-4:00pm
ROOM: 203A
TOPIC(S): Ethics & Legal Issues; Child & Adolescent Counseling
PRESENTER(S): Jennifer Gomez; Ruben Gomez

112: TAMFC Presents: Your Connection to the MFT Licensing Board
Friday, 11/15/19
TIME: 2:30-4:00pm
ROOM: 202B
TOPIC(S): Ethics & Legal Issues; Professional Issues
PRESENTER(S): Jennifer Smothermon; Rick Bruhn

119: What is “Equine Therapy” Anyway? Partnering with Equines in Counseling
Friday, 11/15/19
TIME: 4:30-6:00pm
ROOM: 101
TOPIC(S): Community & Clinical Counseling; Ethics & Legal Issues
PRESENTER(S): Hallie Sheade

125: Ethical Concerns Related to Emotional Support Animal Recommendation Letters
Friday, 11/15/19
TIME: 4:30-6:00pm
ROOM: 201B
TOPIC(S): Ethics & Legal Issues; Community & Clinical Counseling
PRESENTER(S): Cynthia Chandler

128: To Report or not to Report, that is the [Ethical] Question
Friday, 11/15/19
TIME: 4:30-6:00pm
ROOM: 202B
TOPIC(S): Ethics & Legal Issues; Child & Adolescent Counseling
PRESENTER(S): Megan Smith; Bianca Goodrum; Jessica Lloyd-Hazlett

129: Everything is Bigger in Texas: Exploring Texas Ethics Beyond the ACA Code
Friday, 11/15/19
TIME: 4:30-6:00pm
ROOM: 202C
TOPIC(S): Ethics & Legal Issues; Professional Issues
PRESENTER(S): Deena Shelton; Rosia Frater; Sheryl Parker

G: Testifying in Court, Developing Credibility and Bullet Proofing Your Testimony
Saturday, 11/16/19
TIME: 8:30am-12:00pm
ROOM: 101
TOPIC(S): Ethics & Legal Issues; Professional Issues
PRESENTER(S): Jeffrey Gallup

H: TAADA Presents: Counseling Ethics Across the Lifespan: Issues in Developmental Ethics
Saturday, 11/16/19
TIME: 8:30am-12:00pm
ROOM: 102
TOPIC(S): Ethics & Legal Issues; Lifespan Development
PRESENTER(S): Bret Hendricks
E: Supervisor Refresher Course  
Wednesday, 11/13/19  
TIME: 8:30am-4:45pm  
ROOM: 104  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Kate Walker

1: Creative and Playful Approaches in Clinical Supervision  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 100  
TOPIC(S): Counselor Supervision; Play Therapy  
PRESENTER(S): Jennifer Boswell; M. Elsa Leggett

4: The Impostor Syndrome: Building Counseling Foundations That Overcome Shame and Self-Doubt  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 103B  
TOPIC(S): Professional Issues; Counselor Education  
PRESENTER(S): Wayne Smith; Claudia Calero; Natika Johnson

9: Beyond Cultural Competence: Providing Anti-racist, Trauma-informed Counseling  
Thursday, 11/14/19  
TIME: 7:30-9:00am  
ROOM: 202A  
TOPIC(S): Multicultural & Social Justice; Counselor Education  
PRESENTER(S): Candice Holloway; Laura Zavala Membreno

21: Grabbing A Life Preserver: Helping our Supervisees Prevent Burnout  
Thursday, 11/14/19  
TIME: 12:30-2:00pm  
ROOM: 202A  
TOPIC(S): Counselor Supervision; Spirituality & Wellness  
PRESENTER(S): Julia Ayraud

38: Generation Z: An Exploration into Who this Generation is and How They Will Impact the Counseling Profession in Theory and in Practice  
Thursday, 11/14/19  
TIME: 2:30-4:00pm  
ROOM: 104  
TOPIC(S): Community & Clinical Counseling; Counselor Education  
PRESENTER(S): Nolan Jones; Matthew Fish

46: I Want To Be Like You! Confronting Supervisee Perfection and Comparison  
Thursday, 11/14/19  
TIME: 2:30-4:00pm  
ROOM: 203C  
TOPIC(S): Counselor Supervision; Counseling Education  
PRESENTER(S): Cyndi Doyle; Teri Ann Sartor

52: Time to get Woke! Promoting Social Justice and Counselor Advocacy  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 103B  
TOPIC(S): Multicultural & Social Justice; Counselor Education  
PRESENTER(S): Wayne Smith; Claudia Calero; Natika Johnson

54: 3 R’s of Remediation: Review, Remediate, Re-Evaluate  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 201A  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Gay McAlister; Brandy Schumann

61: Teaching Group Therapy Using Reflecting Teams  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 203A  
TOPIC(S): Counselor Education; Group Work  
PRESENTER(S): Elizabeth Taylor; Katharine Hennessey Ottone; Mentanna Campbell

65: Ethics and Supervision: Five Things Every Beginning Intern Must Know  
Thursday, 11/14/19  
TIME: 4:30-6:00pm  
ROOM: 204B  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): Kate Walker

69: Using Sandtray to Promote Practicum Students’ Awareness and Confront Barriers  
Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 102  
TOPIC(S): Counselor Education; Grief, Crisis, & Trauma  
PRESENTER(S): Ya-Wen (Melissa) Liang

71: Adolescent Males: Confronting Personal Bias through an Adlerian/Feminist Lens  
Friday, 11/15/19  
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ROOM: 103B  
TOPIC(S): Child & Adolescent Counseling; Counselor Education  
PRESENTER(S): Heather Lindstrom; Meghan Eichner

Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 201C  
TOPIC(S): Ethics & Legal Issues; Counselor Education  
PRESENTER(S): Cynthia Chandler; Brooke Bugni; Gayatri Ayyer

78: LPC Supervisors Beware: Case Studies and Ethical Dilemmas  
Friday, 11/15/19  
TIME: 7:30-9:00am  
ROOM: 203B  
TOPIC(S): Counselor Supervision; Ethics & Legal Issues  
PRESENTER(S): John Spoede; Roxanne (Roxy) Riefkohl - Siegrist, Ph.D; Stephanie Ellis

81: Navigating the Family Jungle - A Compass, Map, and Survival Guide for Helping Stepfamilies  
Friday, 11/15/19  
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TOPIC(S): Couple & Family Counseling; Counselor Education  
PRESENTER(S): Jayna Haney

105: A Developmental Approach to Transracial Adoption: Building Strong Transracial Adoptive Families  
Friday, 11/15/19  
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TOPIC(S): Multicultural & Social Justice  
PRESENTER(S): Torrey Carroll; Olanikki Carroll
110: The Melting Pot That Isn’t: The Lived Experiences of Black Female Graduate Students Attending a Predominantly White Counseling Program in Texas
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TOPIC(S): Multicultural & Social Justice; Counselor Education
PRESENTER(S): Shay Carper; Jeffrey Sullivan

115: Don’t Put Your License at Risk: Common Malpractice Claims & Board Actions Against Counselors
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TOPIC(S): Professional Issues; Counselor Education
PRESENTER(S): Kate Fox; Cyndi Doyle

116: Avoiding Supervision Traps: A Salient Issue in Supervision
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TOPIC(S): Counselor Supervision; Professional Issues
PRESENTER(S): Loretta Bradley; Bret Hendricks

118: Use of “I-Poems” in Counselor Education and Supervision
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TOPIC(S): Counselor Education; Grief, Crisis, & Trauma
PRESENTER(S): Shannon Williams; Teri Ann Sartor

123: TAHEAD: Refreshing the Foundation of Humanistic Counseling
Friday, 11/15/19
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TOPIC(S): Community & Clinical Counseling; Counselor Education
PRESENTER(S): Ajitha Chandrika Prasanna Kumaran; Joshua Watson; Wannigaran Ratanavivan

130: MYCS: A Neuro-Psychological Approach to Help Your Clients Improve Quickly!
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PRESENTER(S): Lydia Giordano; Randy Guttenberger; Ricky Ertell

133: Braving the Elements: Counseling Toward Resilience
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417 Houston Graduate School of Theology | hgst.edu
Houston Graduate School of Theology equips women and men to be ministers and messengers of God’s mission of reconciliation through academic excellence, personal transformation, and leadership development.

411 Got2 Bling IT! | got2blingit.net
Custom rhinestone t-shirts and apparel

309 Association for Family and Community Integrity | understandinggay.org
AFCI works to reduce rejection of LGBTQ youth by educating families, counselors, and educators.

108 Brain & Behavior Associates | brainandbehaviorassociates.com
Brain & Behavior Associates has been serving the Fort Worth area for the last 10 years by providing qEEG guided Neurofeedback integrated with counseling and coaching. We use the latest technology and research in brain health, counseling, and coaching, to help our clients achieve wellness. We are experienced in addressing attention, cognitive decline, mood, anxiety, trauma, autism, and mild traumatic brain injuries. We also provide discounted services for individuals who are serving or have served in the military or those who serve in religious ministries.

315 Brandy’s BOA (Bag of Air) | bagofair.com
Brandy’s BOA sells therapeutic professional grade punching bags for use in a variety of modalities including play therapy, occupational therapy and psychodrama. The inflatable bag comes in both the large (48”) and small (36”) sizes, as well as in red and white colors. The inner bladders are comprised from extremely heavy industrial grade plastic and made with extra large seams to help eliminate the risk of air leaking. Each bag comes with a full coverage two year therapeutic use warranty.

208 Brookhaven Youth Ranch | brookhavenyouthranch.org
Adolescent Treatment Center

112 Carrollton Springs Behavioral Health Hospital | carrolltonsprings.com
Mental health and addiction inpatient/outpatient hospital.

317 Children’s Medical Center Plano - Center for Pediatric Eating Disorders | childrens.com/eatingdisorders
Children’s Medical Center Plano treats girls and boys ages 5-17 with eating disorders. Children’s provides Inpatient, Partial Hospital, and Intensive Outpatient levels of care.

103 Clementine Eating Disorder Treatment Program | clementineprograms.com/program-locations/the-woodlands
Clementine The Woodlands, located in a beautifully appointed community in the Houston metropolitan area, is a residential program exclusively for adolescent girls between the ages of 11 to 17 seeking treatment for Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder or Exercise Addiction. Clementine provides the highest level of medical and psychiatric care outside of a hospital setting, with 24-hour nursing. Treatment is integrated with personalized clinical and nutritional care and comprehensive academic and family support.

408 Community Healthcare | jobs-chc.com
We are Story-Changers! Community Healthcare is a place for recovery, resilience, and empowerment to reach dreams, proudly providing mental, emotional, and behavioral health services to North East Texas residents. Founded in 1970, we’ve been keeping our commitments to our employees and our clients for almost 50 years. We offer competitive pay, a comprehensive benefits package, and ongoing professional development. We have over 450 employees providing physical, mental, emotional, and social services to adults and children, youth, veterans, and individuals with intellectual disabilities or addictions.

508 CompassionWorks | compassionworks.com
EMDR trainings and professional workshops for counseling continuing education in Texas.

200 Duke University Talent Identification Program | tip.duke.edu
A world leader in identifying academically talented students and providing innovative programs to support their educational development, Duke TIP gives students a chance to learn more about their abilities. Through identification, recognition, information, advocacy, challenging educational programs, and research, TIP offers a wide array of services to students in grades 4-12, their parents, educators, and schools. Duke TIP enjoys a long history of supporting and extending local school efforts to better understand, motivate, enrich, and academically challenge the brightest students in our nation.

420 Emotional Transformation Therapy International Association (ETTIA) | ettia.org
Emotional Transformation Therapy International Association (ETTIA) is a professional organization responsible for promoting, fostering and preserving the highest standard of excellence and integrity in ETT® practice for the membership, for the mental health professionals, and for the community which shall be served. ETTIA is responsible for the dissemination of useful information relevant to ETT and pursuit of that which is considered of the best interest to ETT practitioners, to mental health professionals generally, to members, and to the public who rely upon ETTIA for helpful professional resources, relationships, and services.

221 Gladney Center for Adoption | adoptionsbygladney.com
For more than 130 years, Gladney has been a pioneer and leading voice for improving the lives of children, adoptive families and birth parents. With unwavering commitment, we have focused on our mission and made a difference in the lives of birth parents, families and children in the US and around the world. We believe every child deserves a loving & caring family and we will not rest until all children know the love and stability of a forever home.

320 Got2 Bling IT! | got2blingit.net
Custom rhinestone t-shirts and apparel

300, 201 Healthcare Providers Service Organization (HPSO) | hpso.com
For over 25 years, Healthcare Providers Service Organization has been helping safeguard counselors from medical malpractice lawsuits and regulatory board complaints with professional liability insurance.

417 Houston Graduate School of Theology | hgst.edu
Houston Graduate School of Theology equips women and men to be ministers and messengers of God’s mission of reconciliation through academic excellence, personal transformation, and leadership development.
### Booth #303
**It’s a Hoot! | [bella-hoot.myshopify.com](http://bella-hoot.myshopify.com)**

Fun, trendy fashion jewelry! A new line of beautiful handmade polymer clay reversible jewelry! Last but not least, up-cycled canvas, hide, and leather messenger bags, crossbodys, weekenders and wristlets! Everything is very reasonable, between $12 and $35.

### 416
**Jill Riethmayer Resources**

Ready-to-go counseling materials developed by a school counselor with a student ratio of 1 to 1000, who needed materials that required no prep time. I have 14 guides that each have an entire curriculum divided into 10-12 weeks. Each guide can be used by individuals, in groups or in the classroom. Topics include: life & loss, sexual abuse, step families, bibliotherapy, divorce, and many more!

### 407
**Kate Walker Training | [katewalkertraining.com](http://katewalkertraining.com)**

Continuing education for counselors including the 40 Hour Supervision Workshop.

### 414
**La Hacienda Treatment Center | [lahacienda.com](http://lahacienda.com)**

La Hacienda’s 40 acre campus offers a peaceful sanctuary for patients to move from pain to a sustainable life of recovery. By utilizing the latest advances in addiction medicine, individual and group counseling and 12 Step recovery principles, we help patients achieve recovery of body, mind and spirit. Trusted since 1972.

### 106
**Laurel Arnold Clement | [laurelclement.com](http://laurelclement.com)**

Laurel Clement is an attorney and LPC that assists therapists with their practice.

### 520, 421
**Managing Your Crazy Self! | [managingyourcrazy.com](http://managingyourcrazy.com)**

MYCS is a cutting edge therapy modality which incorporates neuroscience, therapy, life coaching and management techniques to create a neurobehavioral model! It is solution based, brief, and highly effective. Our fun characters simplify concepts for young and old alike, and our assessments create immediate buy-in and trust between client and therapist. Come by to find out more! Our team of counselors extends into 6 states and is growing fast!

### 104
**Perimeter Behavioral Hospitals of Arlington and Dallas | [PerimeterDallas.com, PerimeterArlington.com](http://PerimeterDallas.com, PerimeterArlington.com)**

Behavioral Health hospitals serving children and adolescents.

### 301
**Sam Houston State University - Counselor Education | [shsu.edu/academics/counselor-education](http://shsu.edu/academics/counselor-education)**

Study with nationally recognized faculty in state of the art facilities at the CACREP accredited doctoral program in Counselor Education at Sam Houston State University.

### 302
**Solmonson Growth Academy | [solmonsongrowthacademy.com](http://solmonsongrowthacademy.com)**

Online continuing education platform.

### 415
**Southern Counselor Chics | [southerncounselorchics.com](http://southerncounselorchics.com)**

Online counselor apparel and gift store.

### 321
**Southern Methodist University - Program in Counseling | [smu.edu/simmons/academics/counseling/mscounseling](http://smu.edu/simmons/academics/counseling/mscounseling)**

It’s Not Just a Career. It’s a Calling. SMU is seen as a leader in counseling education, and our students are often requested for internships and counseling positions. With SMU’s CACREP accredited Master of Science in Counseling Program, you’ll gain more than a degree. You’ll get an education, training, and credentials that will ensure that you stand out in the job market, and make an outstanding impact in the lives of clients you serve.

### 118
**Southwestern College | [swc.edu](http://swc.edu)**

Southwestern College offers an Online/Distance Post Masters Program in Art Therapy for Clinical Professionals which two years on a part-time basis. We also offer a number of certificate specialty programs for continuing education and professional development.
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| 422     | Specialized Assessment & Consulting [specializedtx.com/]
|         | Specialized is a staffing company dedicated to providing Texas schools with special education assessment, therapy, and related service providers. We hire licensed specialists in school psychology, educational diagnosticians, speech-language pathologists, counselors, occupational therapists, physical therapists, and teachers. In addition, our providers have access to our Support and Compliance Manager who can assist with school related questions. Call us today! 346-240-1000 |
| 502     | St. Mary’s University [stmarytx.edu]
|         | We offer a master’s degree in clinical mental health counseling and a doctoral degree in counselor education and supervision. Both programs are accredited by CACREP. |
| 522     | Stephanie’s Selections [stephaniesselections.com]
|         | Hand crafted copper jewelry; grass purses; coin-purses, pashmina scarves; mouse pads, etc.   |
| 202     | Steve’s Cool Stuff / Christi’s
|         | Jewelry, Boutique Accessories, Clothing, and Tees                                             |
| 500     | Taylor Counseling Group [taylorcounselinggroup.com]
|         | Taylor Counseling Group is one of the fastest growing counseling firms in DFW. We believe in providing the highest quality of care for our clients at the most affordable rates. To help our therapists provide the best counseling possible, we offer a dedicated support staff and a culture rich environment. All of our counselors benefit from competitive salaries, employment incentives, and a team environment. If you are interested in a career as a counselor or as part of our support staff visit our booth or website to learn more. |
| 402     | Texas A&M University - Commerce - Dept. of Counseling [tamuc.edu]
|         | Education programs for clinical mental health counseling, school counseling, and doctoral programs. |
| 216     | Texas A&M University - Corpus Christi [cnep.tamucc.edu]
|         | The Department of Counseling and Educational Psychology at Texas A&M University-Corpus Christi offers degree plans leading to a master’s degree in either professional counseling or professional school counseling and a doctorate in counselor education. All programs are fully CACREP-accredited. Applications for fall 2020 are currently being accepted for all programs. Current faculty and students will be on hand to meet prospective students and answer any questions. |
| 107     | Texas Association for Assessment in Counseling and Education (TAACE) [txa.org/taace]
|         | TAACE is a diverse community of assessment professionals who work together to provide professional development opportunities, leadership, advice and counsel on matters related to assessment. |
| 109     | Texas Association for Multicultural Counseling and Development (TexAMCD) [txa.org/texamcd]
|         | TexAMCD provides leadership for the cognitive and effective development of culturally competent professional counselors, who are TexAMCD members, professional counselors, counselor educators, and/or counselors-in-training. |
| 115     | Texas Association of Adult Development and Aging (TAADA) [txa.org/tada]
|         | A division of the Texas Counseling Association that addresses adult issues related to development and aging across the lifespan. |
| 116     | Texas Association of Counselor Education and Supervision (TACES) [txa.org/taces]
|         | TACES promotes the preparation of professional counselors through accreditation, certification, supervision and professional development. |
| 117     | Texas Association of Humanistic Education & Development (TAHEAD) [txa.org/tahead]
|         | TAHEAD is a divisional organization of the Texas Counseling Association. The mission of TAHEAD is to promote positive human growth and development through counseling, education and advocacy. |
| 121     | Texas Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling (TALGBTIC) [txa.org/talgbtic]
|         | Our mission, to educate mental health service providers about issues confronting gay, lesbian, bisexual and transgendered (LGBT). |
| 114     | Texas Association of Marriage and Family Counselors (TAMFC) [txa.org/tamfc]
|         | TAMFC dedicates itself to providing training, information, ethical guidelines, consultation, leadership training and opportunities, public policy updates, legislative advocacy training and participation, as well as continuing education to enhance the professional growth and development of all members. |
| 223     | Texas Career Development Association (TCDA) [txa.org/tcda]
|         | Texas Career Development Association is the division of the Texas Counseling Association dedicated to promoting a greater understanding of career development through the lifespan. TCDA supports those professionals who are in positions of helping people gain understanding of career development, as well as how to overcome barriers in their development as a functional employee, or future employee, in the ever-changing world of work. |
| 101     | Texas Challenge Academy [texaschallengeacademy.com]
|         | Residential program for at-risk teens                                                            |
| 516     | Texas Christian University - College of Education [coe.tcu.edu]
|         | Doctoral program - PhD in Counseling and Counselor Education                                     |
Booth # Exhibitors

222 Texas College Counseling Association (TCCA) | txca.org/tcca
The Texas College Counseling Association (TCCA) is an association for those in post secondary institutions whose professional identity is counseling and whose purpose is fostering students’ development.

506 Texas Counseling Association (TCA) - Elections | txca.org
TCA leads, educates and advocates to advance the counseling profession, to increase access to professional counselors, and to promote wellness.

220 Texas Counselors for Social Justice (TxCSJ) | txca.org/txcsj
TxCSJ was created to advocate for and empower people of all cultures and orientations to live with dignity and satisfaction. TxCSJ will collaborate with existing TCA divisions to effect change at the societal level.

423 Texas Eating Disorders Association, formerly The Elisa Project | texaseatingdisordersassociation.org
Texas Eating Disorders Association, formerly The Elisa Project, is a 20 year-old nonprofit leader fighting against eating disorders through awareness education, case management services and legislative advocacy for best practices throughout Texas.

322 Texas Mental Health Counselors Association (TMHCA) | txca.org/tmhca
A division of the Texas Counseling Association, TMHCA promotes improvements to the availability and quality of mental health counseling services for professionals in private practice, agency, hospital, business and industrial settings.

110 Texas OnCourse | texasoncourse.org
Texas’ definitive source for college and career planning. Texas OnCourse simplifies the college and career planning process with free digital tools, easy-to-digest information, educator training, and access to extensive resources.

123 Texas School Counselor Association (TSCA) | txca.org/tsca
At TSCA, our mission is to serve professional school counselors by advocating for and advancing the role of the professional school counselor and the comprehensive school guidance and counseling program throughout Texas.

323 Texas State Board of Examiners of Professional Counselors | dshs.texas.gov/counselor
Information source for licensure as an LPC in the state of Texas.

206 Texas Wesleyan University | txwes.edu
Texas Wesleyan University, located in Fort Worth, offers a pathway for LPC’s to enter our PhD in Marriage & Family Therapy.

214 The University of Texas at San Antonio - College of Education | education.utsa.edu
The College of Education and Human Development (COEHD) at the University of Texas at San Antonio offers numerous professional degrees and certifications. In particular the COEHD offers a Master of Education in School Counseling, Master of Science in Clinical Mental Health Counseling, and a Doctor of Philosophy in Counselor Education and Supervision.

401 TTU K-12 | k12.ttu.edu
Accredited online K-12 curriculum offering full-time and supplemental courses as well as bulk testing options.

102 WATCH D.O.G.S. (Dads Of Great Students) | dadsofgreatstudents.com
More than 1,500 Texas schools are utilizing the WATCH D.O.G.S. (Dads Of Great Students) program to successfully increase family and community engagement through the fathers and father-figures of their students. Last school year the average WATCH D.O.G.S. school had 85 of their fathers and father-figures volunteer at least one full day through the program. WATCH D.O.G.S. will work for your school too!

514 Winning The Fight | wtf-winningthefight.org
Educational support resources for mental wellness and substance use-addiction.

406, 307 YouthLight, Inc. | youthlight.com
YouthLight is an educational publishing company dedicated to providing counselors, educators and other professionals with useful materials to help maximize their effectiveness with youth. YouthLight provides exciting books, interactive lessons, games and other products relating to topics such as Relational Aggression, Self-Regulation, Social Skills, Biblio-Guidance and other Developmental Counseling Tools.
TCA LEADERSHIP (as of 10/23/19)

The Texas Counseling Association is governed by volunteer leaders. TCA has a bicameral form of governance with a Board of Directors and Senate. TCA has 29 Chapters within 5 geographic regions and 12 specialized Divisions.

The TCA Board of Directors includes the TCA officers (President, Past President, President-elect, Secretary, and Treasurer) and one representative from each Division and Region. The TCA Senate is comprised of the TCA Officers plus one representative from each Division and each Chapter.

The TCA President annually appoints committee chairs to each of TCA’s committees as well as Liaisons to each of the three state agencies that regulate professional counselors. The Executive Editor of the Journal of Professional Counseling: Practice, Theory & Research is appointed by the TCA Senate and the editorial board is approved by the TCA Board.

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**TCA DIVISIONS**

**TAACE**  
Texas Association for Assessment in Counseling and Education

**TADA**  
Texas Association for Adult Development and Aging

**TACES**  
Texas Association for Counselor Education and Supervision

**TAHEAD**  
Texas Association for Humanistic Education and Development

**TALGBTIC**  
Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling

**TAMFC**  
Texas Association for Marriage and Family Counselors

**TCCA**  
Texas College Counseling Association

**TCD**  
Texas Career Development Association

**TEXAMCD**  
Texas Association for Multicultural Counseling and Development

**TMHCA**  
Texas Mental Health Counselors Association

**TSCA**  
Texas School Counselor Association

**TXCSJ**  
Texas Counselors for Social Justice

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• Call for Committee Volunteers
  Opens 2/1/20
• Nominations Open 7/15/20
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