



# Texas Association for Multicultural Counseling and Development

Volume 1, Issue 2

March 2001

## Message from the President

by Sadie A. Woodard, M.S., L.P.C.

As the president of the Texas Association for Multicultural Counseling and Development (TexAMCD), I would like to share this narrative with you. I submitted this narrative for TexAMCD in response to the Texas Counseling Associations invitation to submit an article to the "Guidelines" from our division. It occurred to me as I wrote this narrative that it would be a good idea for TexAMCD members to prepare a booklet of narratives that would recognize cultural and historical events of the members in our division. I think such a booklet would foster greater understanding and appreciation for each other as members of TexAMCD and TCA. If you would like to write a narrative, please forward it to me, Sadie Woodard, Cypress-Fairbanks Independent School District, 10300 Jones Rd., Suite 704, Houston, Texas 77065. I would like to make a booklet of narratives to share with you at the Dallas conference, 2001-2002.

### CULTURAL AND HISTORICAL EVENTS IN AFRICAN-AMERICAN HISTORY

The first Africans arrived in America one year before the Mayflower, 244 years before the signing of the Emancipation Proclamation, and 355 years before Brown vs. Board of Education. Historical research identifies the arrival of a ship in August 1619, Jamestown, Virginia, with 20 African captives on board. The ship's crew had robbed a Spanish vessel carrying the captives to the West Indies. A deal was made to trade them for food. The captives, all with Spanish names stepped ashore, and the history of African Americans began. Contrary to popular belief, the first African Americans were not slaves but indentured servants. It was not until approximately forty years had passed that the white founding fathers enacted laws that resulted in African Americans becoming enslaved and dehumanized for 200 years in America.

Many events of violence, racism, prejudice and segregation are recorded in the history of African Americans. In 1786, one of the most profound events which is credited for the foundation of black America took place in Philadelphia. This event spawned the Free African Society Movement. A small band of black Christians was violently ejected from praying in the white St. George's Methodist Episcopal Church. The ejection of this group resulted in many northern cities organizing black churches, school and cultural organizations through the Free African Society Movement. The movement climaxed in the 1820's and 1830's with the founding of "Freedom's Journal," the first black newspaper and the convening of the first national black convention.

Nat Turner was a slave in South Hampton County, Virginia in 1831. He led an attack on his master and other slave owners to free slaves in South Hampton County. His actions, although resulting in his death, are credited with the questioning of the right to own slaves. On January 31, 1865, the 13<sup>th</sup> Amendment was passed and slavery was ended. African Americans were free at last! However, being freed from slavery brought short-term happiness. Soon African Americans were being lynched and abused through the sharecropping system as severely as when they were enslaved. The Supreme Court in the case of Plessy vs. Ferguson made lawful the doctrine of "separate but equal" and this continued unequal treatment, segregation and abuse of African Americans. Booker T. Washington and W.E.B. DuBois disagree on the best course for free African Americans. Washington refused to make an open attack on Jim Crow laws and this brought him into conflict with W.E.B. DuBois. DuBois and a group of militants organized the Niagara Movement. The Niagara Movement claimed for African Americans every single right that belonged to a freeborn American, political, civil and social. The Niagara Movement led to the foundation of the National Association for the Advancement of Colored People (NAACP).

Blacks, reduced to the status of semi-slaves in the post-Reconstruction era, decided that there had to be "another way and a better place." The great migration from the plantation to southern cities and on to the North took place between 1910 and 1940. In the big cities of the North, blacks emancipated themselves politically and economically and created the foundation of contemporary Black America.

Brown vs. Board of Education which was argued before the Supreme Court by Thurgood Marshall in 1954, ended segregation.

Dr. Martin Luther King and Malcolm X. played a significant role in the advancement of African American rights in contemporary black America. As was the case with Booker T. Washington and W.E.B. DuBois, African Americans were again at a crossroad with two leaders expressing different ways to achieve equal citizenship rights for African Americans. Dr. King advocated peaceful demonstrations as the best means to gain citizenship rights and Malcolm X advocated separation into a black state. Malcolm's movement aided Dr. King because it offered society a choice between a peaceful movement and one of violence. In the end, the actions of both men helped to advance the accomplishment of citizenship rights for African Americans.

Today many challenges still exist for African Americans. Racial profiling, drugs and violence, disproportionate imprisonment of African American young men, poverty, single-parent homes, and crime are major contributors to the ongoing struggle of African Americans. Although progress has been made over the years, much more is needed. The history of the African American has been a lot of climbing up hill but each round of the climb, like Jacob's ladder, brings us closer to the promised land.

## **TexAMCD HONORS**

### **Flora Nauls – Charter Member 1977 to Present**

Flora Nauls has been one of the most dedicated and hardworking members of the Texas Association for Multicultural Counseling and Development (TexAMCD). She was there for the beginning of TexAMCD helping to write the by-laws and giving support to its success as a new division in TCA. She has been a contributing member of TexAMCD for the past 20 years. Unfortunately, the illness of her husband has curtailed her involvement in activities outside of her home for the past few years. However, in my talk with her regarding this article, it was obvious to me that she still maintains that wonderful spirit of perseverance, self-confidence and support of TexAMCD.

Flora, an undergraduate of Huston-Tillotson College, Austin, Texas and a graduate of Prairie View A & M University has been an educator since 1966. She retired from her service as a teacher and a counselor in Tyler ISD after serving 10 years as a teacher and 26 years as a counselor. She has been retired for the last 9 years. Flora worked at both Emmott Scott and John Tyler High Schools.

Flora has been the recipient of numerous awards during her career. She has been honored for her work in the church as well as in professional organizations. One award that has meant a lot to her is the award for Counselor of the Year, Piney Point Chapter of TCA. Another award that she values is Emeritus Membership in the Texas Association for Multicultural Counseling and Development. However, Flora feels that her association with her many TCA friends and fellow TexAMCD members has meant more to her than any award that she has received.

Flora served two terms as president of the Texas Association for Multicultural Counseling and Development and two terms on the Texas Counseling Association's Executive Board, while serving as the director of TexAMCD. She has been a member and officer or chairperson in many organizations. She has actively participated in the Texas State Teacher Association for 36 years and has been a member of TCA and ACA for 26 years. She holds lifetime membership in the Zeta Phi Beta Sorority, the Prairie View A & M University Alumni Association and the Texas Retired Teacher Association.

Flora resides in Tyler, Texas where she has lived for the past 35 years. She has been married to Lloyd Vernon Nauls for 53 years and has 4 adult children and 6 grandchildren (5 boys and 1 girl). She is a member of True Vine Baptist Church where she is the former superintendent of Sunday school and a deaconess.

Her message to the membership of the Texas Association for Multicultural Counseling and Development is to keep on doing what it takes to sustain and further the goals of the organization.

## **SPOTLIGHT NEWS**

### **Dr. Dashiel Geyen – Professor in the Department of Educational Leadership and Counseling, College of Education, Sam Houston State University**

A special thank you to Dr. Dashiel Geyen who has addressed the Texas Association for Multicultural Guidance and Counseling (TexAMCD) on two occasions during the year of 2000. Spring 2000, Dr. Geyen was one of the panelists, discussing issues affecting African Americans in the 21<sup>st</sup> century during the TexAMCD spring workshop at the J.W. Marriott, Houston, Texas. This fall 2000, he was our keynote speaker at the Texas Counseling Association Conference, Texas Association for Multicultural Counseling and Development luncheon. On both occasions Dr. Geyen did an outstanding job at presenting issues that were challenging and thought provoking.

Dr. Geyen has a private practice in Houston and is a specialist in issues regarding African American men and addictions of drugs and alcohol.

### **Kudos Dr. Beth Durodye - Professor in the Guidance and Counseling Department, University of North Texas**

Dr. Durodye is president-elect of TexAMCD. She planned the program for the TCA Houston conference. The luncheon program was well attended, well organized and enjoyed by the membership and guest. We look forward to her leadership next year as our president.

## **Important Dates:**

TexAMCD will be assisting AMCD (American Multicultural Counseling and Development, Division of ACA) with conference activities in San Antonio.

🕒 **ACA Professional Growth Conference** – March 16-20, 2001 – San Antonio, Texas

TexAMCD will be assisting AMCD (American Multicultural Counseling and Development) division of ACA, in conference activities at San Antonio. TexAMCD has been asked to provide souvenir items for the AMCD luncheon and purchase a full-page ad in the AMCD program booklet. We have also been asked to help in the exhibit booth. If any of you would like to participate in the AMCD activities please call Jamesanna Kirvin at (512) 477-0868.

🕒 **TexAMCD Spring Conference** – March 31, 2001 8:30 a.m. – 4:00 p.m. at Richland College, Brazos Gallery, 12800 Abrams Road, Dallas, Texas 75243. For further information, contact Ruby Armstrong, Coordinator, Garland ISD Office of Guidance and Counseling, 972-494-8234.

🕒 **TEA High School Counselor Conference** – March 11-13, 2001 in Austin, Texas

🕒 **TACAC Conference** – April 29-May 1, 2001 – Corpus Christi, Texas

🕒 **TEA Elementary Counselor Conference** – May 6-8, 2001 – Austin, Texas

## **TexAMCD Representation at Lobby Day**

Jarry Scales, Director for TexAMCD and Sadie Woodard, President of TexAMCD, represented our division at Lobby Day activities on February 13, 2001 in Austin, Texas. Please review pages 4-5 in this newsletter to familiarize yourself with the issues that were represented on your behalf and on the behalf of TCA.

## **TexAMCD Goals 2000-2001**

- Goal #1: Each member commit to bringing one “just one” new member into the division this year.  
Activity: Spotlight in newsletter each member that brings a new member into TexAMCD.
- Goal #2: Strengthen relationships with students and faculty at many of the colleges and universities in the state.  
Activity: Trip to Texas Southern University for a tea and tour.  
Activity: Reduction of membership dues for student membership to TexAMCD from \$10 to \$5.  
Activity: Annual multicultural counseling and developmental workshop to be presented at one of the universities in the Dallas area. Location to be announced.
- Goal #3: Study the feasibility of organizing clusters using the AMCD model.  
Activity: Communicate with AMCD to get a copy of their by-laws regarding organizing membership into cluster groups.
- Goal #4: Recognize TexAMCD members who have made significant contributions to the division and to TCA including charter members.  
Activity: Spotlight members in newsletter articles and nominate deserving members for TCA awards.
- Goal #5: Support the TCA strategic plan broad based goals for 2000-2001.  
Activity: Promote/encourage professional development of all counselors in the area of diversity.

## **School Issues, Advocacy & Public Policy Committee Goals for the 2001 Legislative Session**

### **Increase the TRS multiplier from 2.2 to 2.25%**

*The committee recognizes and greatly appreciates the increase in the multiplier granted by the Legislature last session. The ultimate goal is to have a multiplier of 2.25 for all TRS members. The TRS pension fund is extremely well managed, fiscally sound and completely funded with no liabilities.*

### **Comprehensive Health Insurance Program for Educators**

*Much of the \$3000 raise given to educators last session was lost due to increases in health insurance premiums. The current system varies with each school district making their health care choices. Often, the educator carries the burden of increased costs. Quality of care and access to care are not always guaranteed. TRS Care also has required regular infusions of cash by the Legislature to prevent it from becoming insolvent. A radical change is needed. A comprehensive health insurance plan for all educators in the state, including both retirees and current educators, would allow for discrepancies in care to be eliminated and can resolve the TRS Care problem.*

### **Extend TEC 33.005 and 33.006 to All Certified Public School Counselors**

*Currently, TEC 33.005 and 33.006 applies only to schools who employ counselors funded by the Comprehensive Elementary Grant Program. TCA recommends extending these statutes to all school counselors certified under the rules of the State Board for Educator Certification.*

- ⌚ *School counselors shall work with the school faculty and staff, students, parents, and the community to plan, implement, and evaluate a developmental guidance and counseling program, which will include:*
  - *A guidance curriculum to help students develop their full educational potential.*
  - *A responsive services component to intervene on behalf of any student whose immediate personal concerns or problems put the student's continued educational, career, personal, or social development at risk.*
  - *An individual planning system to guide a student as the student plans, monitors, and manages the student's own educational, career, personal and social development.*
  - *System support to enhance the efforts of teachers, staff, parents and other members of the community in promoting the educational, career, personal and social development of students.*
- ⌚ *The primary responsibility of a school counselor is to counsel students to fully develop each student's academic, career, personal and social abilities.*
- ⌚ *In addition, the counselor shall:*
  - *Participate in planning, implementing, and evaluating a comprehensive developmental guidance program to serve all students and to address the special needs of students who are at risk of becoming school dropouts and substance abusers, participating in gang activity, committing suicide; or in need of modified instructional strategies.*
  - *Consult with a student's parent or guardian and make appropriate referrals in consultation with a parent or guardian.*
  - *Consult with school staff, parents, and community members to help them increase the effectiveness of student education and promote student success.*
  - *Coordinate people and resources in the school, home and community.*
  - *Deliver classroom guidance activities or serve as a consultant to teachers conducting lessons based on the school's guidance curriculum.*

### **Maintain Funding for the Developmental Program for Guidance and Counseling in Texas Public Schools.**

*The Developmental Program for Guidance and Counseling in Texas Public Schools for developed by the Texas Education Agency (TEA). TEA's report, Texas School Guidance and Counseling Programs: Case Studies Report (June 1996), confirmed that school counselors employed under the elementary counseling programs were not burdened with administrative and clerical tasks unrelated to guidance and counseling and could focus on counseling at-risk students. Continued funding of this program is critical.*

## **Clinicians' Issues, Advocacy & Public Policy Committee Goals for the 2001 Legislative Session**

**Add LPCs to the list of non-physician mental health professionals that are allowed to practice in Mental Health and Mental Retardation (MHMR) facilities.**

*The existing statute does not include LPCs. It was written before the LPC licensure act was passed.*

**Remove the term "related field" from the LPC licensing statute.**

*In section 10 number 3 of the LPC licensing statute, it states that an applicant for an LPC license have a master's or doctoral degree in counseling or a **related field**. With the maturing of the LPC license and the advent of graduate programs in counseling, counseling is now a definable field of study. Other licenses such as the psychologists and social workers require a graduate degree only in those fields. The term related field now draws applicants from all types of disciplines and does not ensure that every applicant has training in the profession of counseling. To best protect consumers and the counseling profession, TCA recommends elimination of the term, "related field".*

### **LEGISLATIVE INFORMATION CONTACT**

Cindy Ashby  
TCA Government Relations Coordinator  
316 W. 12<sup>th</sup> Street, #402  
Austin, TX. 78701  
800-580-8144 or 512-472-3403  
Fax: 512-472-3756  
Email: cashby@txca.org



**Join TCA! Support the Texas Counseling Association!  
It Supports YOU!**

### **TexAMCD Officers & Executive Board 2000-2001**



<b>Sadie Woodard</b>	<b>President</b>
<b>Beth Durodoye</b>	<b>President-Elect</b>
<b>Kevin Curry III</b>	<b>Secretary</b>
<b>Janie F. Bramlett</b>	<b>Treasurer</b>
<b>Jamesanna Kirven</b>	<b>Senator/Parliamentarian</b>
<b>Doris Johnson</b>	<b>Past President</b>
<b>Jarry Scales</b>	<b>Director</b>
<b>Coty Anderson</b>	<b>Emerging Leader</b>





## **TCA Conference – November 8-11, 2000**

### **Houston, Texas**

### **“Special Thanks to All”**

Special thanks to all the members of the Texas Association for Multicultural Counseling and Development for attending our luncheon, visiting the exhibits booth, and participating in the tour of Texas Southern University during the Texas Counseling Association Conference in Houston. It was a delightful experience to see representation of many different cultures in attendance at all the TexAMCD activities. We certainly looked like a multicultural group. I am pleased that we continue to have participation that reflects the diversity of our membership. Also, special thanks to the following people who contributed to the activities of TexAMCD during the conference:

#### **Dr. Beth Durodye, University of North Texas State**

Thanks for organizing a great luncheon. We had an enjoyable time and your contribution made it all possible.

#### **Dr. Jefferson, Texas Southern University, Dean of Guidance and Counseling**

Thank you for hosting the Texas Association for Multicultural Counseling and Development. We were very impressed with everything that you shared, especially visiting with the doctoral students, touring the outstanding exhibits in the Texas Southern University library, and, last but not least, having the opportunity to see the newly renovated and impressive Education Building.

#### **Dr. Joyce Jones, Texas Southern University**

Thank you for your facilitation of our visit to Texas Southern University. We thoroughly enjoyed our time on the campus with you, Dr. Jefferson, the students and guidance and counseling teaching staff at Texas Southern University.

#### **Ms. Marquita Anderson, Texas Southern University**

On behalf of the Texas Association for Multicultural Counseling and Development, I would like to thank you and your staff for hosting our visit to Texas Southern Universities' library exhibits on African Art, Barbara Jordan collection and the special picture collection of lynchings in the United States.

Texas Southern University would like to invite everyone to come and view their special collections:

- The Barbara Jordan Archives – A collection of Jordan papers, manuscript, and memorabilia spanning the period from 1967 through 1978.
- The Heartman Collection – On African-American life and culture. The original collection consisted of 11,000 items and was purchased from a German-born book dealer, Charles F. Heartman of Biloxi, Mississippi.
- The Gallery of Traditional African Art – Composed of over 200 works of art from many regions in Africa.
- The Mickey Leland Papers – The unpublished papers documenting the work and public service career of the late U.S. congressman Mickey Leland from 1970 to 1989.
- The Texas Southern University Archives – A collection of documents pertaining to the history of the university from 1920 to the present.

## TexAMCD NOMINATION BALLOT

Please observe the following instructions:

1. Nomination ballots must be returned to the nomination committee chairperson and post marked no later than Thursday, March 15, 2001.
2. You may nominate yourself or anyone who is a member of TCA and TexAMCD. Nominees must also be a member of ACA and AMCD.
3. Nomination ballots are to be mailed to the following address:

Doris Johnson  
5102 Brookmeade  
Houston, Texas 77045

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**Please complete the following and return to address above:**

Please indicate your nominee for the following TexAMCD offices:

President-Elect: \_\_\_\_\_

Director: \_\_\_\_\_

If you would like to be considered for committee membership check the committee(s) on which you would be willing to serve.

- Awards
- Membership
- Program
- Human Rights
- Legislative
- Publications
- Nominations/Election

\_\_\_\_\_  
Signature of Nominating Member

(\_\_\_\_\_)\_\_\_\_\_  
Telephone Number

## **Steps for Nominating for TCA and TexAMCD Awards**

Please nominate a working TexAMCD member for one of the awards listed below:

**Outstanding Counselor Award** - Nominee must be actively engaged in counseling/guidance work, be a member of TCA, a local chapter, and at least one division. The nomination packet must include a resume, documentation of professional and personal dedication and a maximum of three (3) sponsor/testimonial letters.

**Layperson Exemplary Service Award** – Nominee must not be in counseling or guidance work. The nomination packet must include a resume, documentation of nominee's support/promotion of counseling and guidance and a maximum of three (3) sponsor/testimonial letters.

**Molly Gerold Human Rights Award** – Nominee must be a TCA member. The nomination packet must document the nominee's contribution to human rights, show evidence of a pattern of continued activity in these efforts and show documentation of, or implications for, change relative to an area of human rights. A maximum of three (3) sponsor testimonial letters are allotted.

**Research Award** – An individual, a chapter, or a division can submit a nomination. The nomination packet should include a resume, the research material, and documentation of how the research was accomplished and how it benefits counseling. (Doctoral dissertations or Master's papers are not eligible for consideration.) A maximum of three (3) letters can be attached.

**Professional Writing Award** – Nominations can come from TCA members, chapters or divisions. The nomination packet must include a resume, and an example of professional writing pertaining to counseling and guidance. A maximum of three (3) sponsors/testimonial letters must be included. (Doctoral dissertations/Master's papers are not accepted.)

Please call Sadie Woodard at 281-897-4054 with the name of the TexAMCD member you wish to nominate for one of the awards listed above. You may download TCA Award forms from our web page under member services.

[www.txca.org](http://www.txca.org)

## **Texas Association for Multicultural Counseling and Development (TexAMCD)**

A Division of the Texas Counseling Association  
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