

TAGLBIC News

The Newsletter of the Texas Association of Gay, Lesbian, and Bisexual Issues in Counseling (A Division of Texas Counseling Association)

Volume 2, Issue 1, Spring/Summer 2002

Transitions, Growth, and Continuity: *TAGLBIC's Future*

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My two-year term of office as President of TAGLBIC will end on June 30th. As a result, I would like to take time to reflect on the past two years, and look forward as we co-create TAGLBIC history.

Forming divisions aimed specifically at GLBT in counseling remains important. Although AGLBIC began the process in 1975, it only became an "official" ACA division in 1997. (For a history of AGLBIC, please see page 2). TAGLBIC emerged two years ago as one of XXX state ACA divisions in the nation.

During the last two years, the new division of TAGLBIC was formed, bylaws and mission statement created, and sufficient membership achieved to become a voting entity in TCA. TAGLBIC established strong ties with other divisions, chapters, and officers in TCA. We began the dialogue about expanding the bylaws to include those who are transgendered.

TAGLBIC was chartered by AGLBIC at the national conference in the spring. This newsletter is the third in a series, and a website (www.taglbic.org) was created. Furthermore, we established a strong presence at our second state meeting in November.

This 2001 TCA Conference launched our first TAGLBIC Luncheon, which was small but of substance. It was powerful to sit at a table with enthusiastic new and old friends and spark ideas for the future.

This conference also provided an opportunity for our second annual business meeting. Committees were formed and chairpersons established: Lisa Pearson is acting Chair of the Program Proposal Committee, and Vanessa Schein is Chair of the Membership and Public Relations Committee.

In addition, we are excited to be co-sponsoring a conference with other TCA divisions: Texas Mental Health Counselors

Association, Texas Association of Marriage and Family Counselors, in addition to the Human Rights Committee of the Texas Counseling Association. This conference, Critical Issues for Counselors, is on March 15th (see page 5 for details). Colleen Logan will be presenting on Counseling Issues for Gay, Lesbian, Bisexual and Questioning Adolescents. This coordination with other TCA divisions

increases TAGLBIC's visibility and provides an opportunity to expand knowledge surrounding GLBT issues.

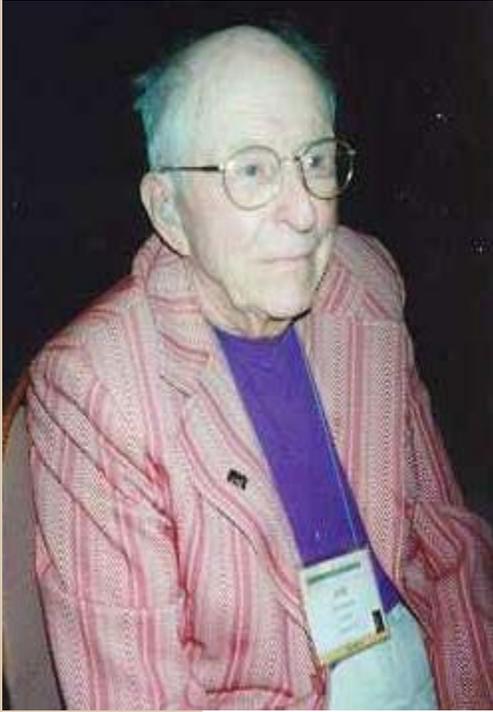
At this time it is vital to create new leaders in order to move this Division to the next level. My term as TAGLBIC President and Colleen Logan's term as TAGLBIC Secretary/Treasurer ends June 30th. We are accepting nominations for the offices of President and Secretary/Treasurer until Wednesday, March 27th (see Call for Nominations on page XXX).

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A condensed history of AGLBIC

By Robert Rohde

AGLBIC began in 1975, when Joe Norton called for interested parties at the New York convention to discuss the feasibility of a lesbian and gay organization within the American Personnel and



Caption goes in here on wonderful photo of Joe Norton, who was instrumental in organizing AGLBIC.

Guidance Association (ACA's name then). Over sixty people attended and the Caucus of Gay and Lesbian Counselors was born. The group's name changed several times over the next dozen years to reflect the group's issues, and not the sexual orientation of its members. AGLBIC was forged in the furnace of gay activism of the 1970's. The American Psychiatric Association and the American Psychological Association had just removed homosexuality from their list of mental illnesses. The gay and lesbian community was

discovering its roots and own identity, both personal and professional. APGA Senate had passed some supportive resolutions in the early 1970's, and AGLBIC continued to press for relevant resolutions; some ACA presidents, such as David Capuzzi and Brooke Collison, were supportive. Enthusiastic support from the parent organization was not to be expected, and for twenty years, AGLBIC fought for official recognition from ACA, but the group's primary focus was on peer education and increasing the visibility of sexual minority issues in counseling.

Throughout the 1980's, workshops and learning institutes were offered at ACA conventions. In 1984, AGLBIC produced an annotated bibliography for counselors. At every convention, AGLBIC had a reception center, which hosted informal programs and opportunities to reach out to the ACA membership. The first exhibit booth appeared in 1986 in Los Angeles. At that, and future exhibitions, the response from attendees was surprise ("I didn't know you existed!") and support. In 1987, ACA

(then AACD) created the Task Force on Gay and Lesbian Issues in Counseling, with Fernando Gutierrez as chair, which ultimately became a standing committee, led by both Fernando and Sari Dworkin, who were simultaneously AGLBIC co-chairs. The gay community was changing in the mid eighties, however, because of AIDS. The AGLBIC newsletter first mentioned AIDS in its October, 1982, issue and by the middle of the decade many AIDS related programs were presented at ACA. AGLBIC was very concerned, though, that AIDS not divert the counseling community's focus from other sexual minority issues, and this division in focus led Gutierrez to resign from the Human Rights Committee in protest of ACA's continued equation of gay with AIDS. At the 1989 Boston convention there were 5 gay/lesbian programs and 11 AIDS related ones; but by 1990, the ratio had shifted to 8 and 6. It seemed that AGLBIC and the issues it held so dear were beginning to be woven into the fabric of ACA. In 1989, a special issue of the *Journal of Counseling and Development* focused on sexual minority issues and in 1990 ACA updated and published the earlier AGLBIC annotated bibliography; a major landmark was the publication by ACA of *Counseling Gay Men & Lesbians: Journey to the End of the Rainbow*, edited by Dworkin and Gutierrez. Big changes, however, were about to overtake ACA.

A disastrous snow storm crippled the 1993 Atlanta convention and precipitated a financial crisis within ACA. Budgets were drastically cut; the GLB committees within ACA were eliminated, and rather than being able to support AGLBIC's work, ACA itself needed help. The mid-1990's were also a time when AGLBIC's focus broadened beyond issues to organization building. Throughout the first 15 years, there had been efforts to reach out to branches and divisions, with some spotty success in some states, ASCA, ASGW, and NCDA. Michael Hutchins, though, led AGLBIC into a period of bridge building to ACA; Hutchins was awarded the prestigious Kitty Cole Human Rights Award by ACA in 1994. The crisis within ACA also led it to reach out to its constituents and build bases. AGLBIC was to be part of that base. Despite Mel White's keynote

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The ACA's Annual Conference in New Orleans

AGLBIC-related events

AGLBIC GENERAL BUSINESS MEETING

Our general membership meeting will be held at the ACA conference on Tuesday, March 26, from 1:00 p.m. to 2:00 p.m. at the Hilton, Oak Alley Room. Please take this opportunity to meet the AGLBIC Board and get updated on the current state of affairs of the national organization.

AGLBIC GRADUATE STUDENT MEETING

The annual graduate student meeting for AGLBIC members and interested members will be held from 9:00 a.m. to 10:00 a.m. on Tuesday, March 26, at the Hilton, Rosedown Room. This is a great opportunity for TAGLBIC student members to meet other graduate students and expand your vita by volunteering to serve in our organizations.



AGLBIC AWARDS BRUNCH

Our annual awards brunch will be on Tuesday, March 26, from 10:30 a.m. to 12:30 p.m. at the Hilton, in the Oak Alley Room. Brunch tickets are provided at cost for \$33.00 each through your ACA registration. The Awards Brunch provides us with a wonderful opportunity to celebrate our successes and honor the hard work of our many volunteers.

AGLBIC RECEPTION FOR MEMBERS

AGLBIC is pleased to invite all members and guests to a reception at the ACA conference on Tuesday, March 25, from 7:00 p.m. to 9:30 p.m. at the Good Friends Bar in the French Quarter. Please take this opportunity to meet the Board and allow us the opportunity to get to know you better.

AGLBIC-SPONSORED EDUCATION SESSIONS

Sunday, March 24

Comparing Gay and Lesbian Identity Development Theory to Cognitive Development, 8:00 a.m. - 9:30 a.m.

The Life Experiences of Lesbians With Disabilities, 8:00 a.m. - 9:30 a.m.

Gay and Lesbian Identity Development and Psychological Adjustment, 1:30 p.m. - 2:00 p.m.

Counseling Lesbian, Gay, and Bisexual Clients: Exercises That Enliven the Treatment, 1:30 p.m. - 4:30 p.m.

Sexuality, Gender Identity, and Self-Concept of People Born With Intersexuality, 1:30 p.m. - 4:30 p.m.

Adolescent Suicide and Sexual Orientation, 3:30 p.m. - 4:00 p.m.

Group Counseling for Sexual Minority Youth in the Schools, 4:45 p.m. - 6:15 p.m.

Monday, March 25

Difficult Dialogues: Embracing Multisexual Expression, 9:45 a.m. - 11:15 a.m.

Myth, Symbol, and Ritual in Counseling for Spiritual Formation and Integration with Gay Men, 9:45 a.m. - 11:15 a.m.

Coping Responses of African Men Who Have Sex With Men, 11:00 a.m. - 11:30 a.m.

Gender Unity and Sexual Diversity: Lesbian Transitions in a Heterosexual World, 11:30 a.m. - 1:00 p.m.

Tuesday, March 26

Bi-Sexual and Bi-Cultural: Advancing Our Understanding of Bisexuality, 8:00 a.m. - 9:30 a.m.

The Art of Maintaining Equity and Balance in Lesbian Couples, 1:15 p.m. - 2:45 p.m.

Empirical Validation of a Multidimensional Model Assessing Sexual Orientation, 2:00 p.m. - 2:30 p.m.

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TAGLBIC LEADERSHIP

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Colleen M. Connolly

TCA Director:

Colleen R. Logan

Newsletter Editor:

Colleen M. Connolly

Newsletter Asst. Editor:

Melanie Harper

Submissions for publication in TAGLBIC News may be mailed or e-mailed to Colleen Connolly at Southwest Texas State University.

ACA in New Orleans

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Facilitating Spiritual Wellness With Gay, Lesbian, and Bisexual Clients, 3:00 p.m. - 4:30 p.m.

Issues with Gay and Lesbian Clients: Counseling Implications, 1:00 p.m. - 2:30 p.m.

Awareness: Counseling Gay/Lesbian/Bisexual/ Transgendered Youth, 1:00 p.m. - 2:30 p.m.

Transgender Issues for Counselors: Exploring the Human Spirit, 2:45 p.m. - 5:45 p.m.

LGB Client Perceptions of the Therapeutic Relationship: Counseling Implications, 6:00 p.m. - 7:30 p.m.

ACA LEARNING INSTITUTES

March 22

Working Ethically and Professionally with Gay, Lesbian, Bisexual, and Transgendered Clients, 9 a.m. to 4:30 p.m.

Building the Capacity of the School Counselor to Address Health and Mental Health Needs of LGB Youth, 9 a.m. To 4:30 p.m.

March 23

Affirmative Counseling and Psychotherapy with Gay, Lesbian and Bisexual Clients, 9 a.m. to 4:30 p.m.

To Join TAGLBIC

Remember that you must be a member of TCA to join TAGLBIC.

Texas Counseling Association
316 W. 12th Street, #402
Austin, Texas 78701
Phone: (512) 472-3403 or (800) 580-8144
Fax: (512) 472-3756
<http://www.txca.org>
Membership/General Information:
melissa@txca.org

State Division Information

Texas Association of Gay, Lesbian, and Bisexual Issues in Counseling (TAGLBIC) is a Division of Texas Counseling (TCA). You must be a member of TCA to be a member of TAGLBIC.

You may reach TCA as follows:

Texas Counseling Association
316 W. 12th St., #402
Austin, Texas 78701
Phone: (512) 472-3403 or (800) 580-8144
Fax: (512) 472-3756
<http://www.txca.org>

Membership/General Information:

melissa@txca.org

Government Relations: cashby@txca.org

Administrative Services: dstevens@txca.org

National Chapter Information

Association of Gay, Lesbian, and Bisexual Issues in Counseling of Texas (AGLBIC of Texas is chartered as a state chapter under the national division of AGLBIC. AGLBIC is a division under the American Counseling Association (ACA). You must be a member of ACA to be a member of AGLBIC.

You may reach ACA as follows:

American Counseling Association
5999 Stevenson Avenue
Alexandria, Virginia 22304-3300
Phone: (800) 347-6647
Fax: (703) 823-0252
<http://www.counseling.org>

You may reach AGLBIC as follows:

Sue Strong, AGLBIC President
Eastern Kentucky University
428 Combs
Richmond, KY 40475
Office: 859-622-1130
Fax: 859-622-1126
EKUSue@aol.com
<http://www.aglbic.org>

Critical Issues for Counselors

TMHCA Spring Conference

Sponsored By:

Texas Mental Health Counselors Association
Texas Association of Marriage and Family
Counselors
Texas Association for Gay, Lesbian and Bisexual
Issues in Counseling
Human Rights Committee- Texas Counseling
Association

When: March 15, 2002, 8:30 am to 4:30 pm

Where: Dallas, Texas

Center for Community Cooperation
2900 Live Oak Street
(214) 821-0911

Cost: \$30.00 price for pre-registration
(members of Texas Counseling Association)
\$35.00 for non-members and at the door
(if spaces remain)

INCLUDES LUNCH! (What a DEAL!)
Please pre-register early for your guaranteed
reservation!

This is THE CONFERENCE to attend to sharpen your skills and expand your knowledge! You will have access to experts in a variety of specialty area. Choose your sectional workshops for your own needs. Come experience an ethics presentation that will fulfill your professional obligation and won't bore you to death. Take back information to your practice that you can apply immediately. Benefit by your professional organization memberships!

Call Russ White for more information:
(214) 320-9202

Sectional workshops:

Speakers/Topics for Conference:

Essentials in Play Therapy

Mary Lou Padilla, Ph. D. LPC

This sectional will address the need for specialty training in the treatment of children who are having difficulty coping with life and why play therapy works so well. Basic toys needed and the rationale for their use will be covered, along with common situations seen in the play therapy setting. Handouts will be provided. Dr. Padilla, LPC, is a registered

play therapist/supervisor in private practice in Dallas. She has over 24 years experience working with children and families in Play therapy.

Managed Care - History and Present Issues

Marty Jeane PhD, LPC, LMFT.

Executive Director, Center Street Counseling Services, Inc., since 1986. Past President, Texas Mental Health Counselors Association. Member of over 30 managed care and Employee Assistance Program panels, and with an active, diversified managed care practice, he has helped providers all over the state on how to work with managed care.

Counseling Issues for Gay, Lesbian, Bisexual and Questioning Adolescents

Colleen R. Logan, Ph.D., LPC

Dr. Logan is an Assistant Professor at the University of Houston-Victoria. She also maintains a small private practice in Montrose, working primarily with gay, lesbian, bisexual and transgendered clients and their significant others. She is cofounder with Dr. Colleen Connolly of TAGLBIC, the Texas Association of Gay, Lesbian and Bisexual Issues in Counseling as well as Past President of AGLBIC, the Association of Gay, Lesbian and Bisexual Issues in Counseling, the national division of the American Counseling Association. She is currently serving as Co Chair of ACA's National Ethics Committee as well as Secretary/Treasurer and Director of TAGLBIC. She is also co-author with Dr. Bob Barret of a recently published book written specifically for practitioners entitled, " Counseling Gay Men and Lesbians: A Practice Primer."

Geriatric Issues for Counselors

Speaker to be announced

Psychopharmacology Updates For Counseling Children and Adolescents

Jill Bracken, D.O.

Medication issues for treating children and adolescents will be discussed. Updates on new

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TMHCA Spring Conference

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medications and uses for different problems will be shared. Counselors need to be familiar with common psycho tropic medications to help with their client's treatment plans and raise awareness of continuity of care. Dr. Bracken is currently affiliated at Timberlawn Hospital and maintains a private practice in Dallas.

Down Home Ethics: Seriously Funny!

3 hours credit

We'll teach you some principles of ethics that you can actually use in your day-to-day work. And we'll make you laugh while we're doing it. Come and experience this unimagined wonder of nature.

Deborah Beckman, MS, LPC, NCC

Deborah is a founding board member of the Milton H. Erickson Institute of Dallas. She also helped form Uptown Psychotherapy Associates, the successful private practice at which she works with individuals, couples and groups. Specializing in Ericksonian therapy--with and without hypnosis--she primarily serves the gay, lesbian and bisexual community. Areas of expertise include HIV/AIDS and other life-threatening diseases, relationships, domestic violence, trauma, and sleep disorders. Her dedication to the training of other professionals finds expression with the Erickson Institute's expanding educational offerings.

Will Handy, LMSW-ACP

Will had been working with Ericksonian concepts for over 15 years when he discovered Dallas's Erickson resources and jumped in. He practices psychotherapy (the usual: individuals, couples, groups) at Uptown Psychotherapy Associates and Legacy Counseling, a private non profit serving those with HIV/AIDS. During his more than 20 years in practice, he has developed expertise with that and other chronic illnesses, women's issues, gay/lesbian/bisexual concerns, and that vague yet precise region in which mental health and spirituality connect. Having concluded that he at last has something to teach, he is Deborah's founding co-chair of educational programming at the Milton H. Erickson Institute of Dallas.

History of AGLBIC

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address at the 1995 Denver convention, relations between AGLBIC and ACA seemed stalemated. Then, good fortune smiled on our organizations.

In Denver, Robert Barret and Tom Eversole stepped forward demanding to know why AGLBIC was part of ACA but not represented in official bodies and not "at the table." Joined by Colleen Logan, these leaders focused on getting AGLBIC officially recognized. Thanks to a very supportive ACA President Joyce Breasure and Executive Director Richard Yep, the parent organization enthusiastically fostered AGLBIC's efforts to recruit new members, resulting in "organizational affiliate" status in 1996 and the formation of the AGLBIC division in 1997. Since then, AGLBIC continues to promote organization building and strengthening counselors' professional skills relating to sexual minorities. AGLBIC leaders have worked with those from other divisions to steer ACA through the major reorganizations of the late 1990's. Through extremely able leadership on the program selection committee, convention attendees have profited from numerous skill-building workshops related to sexual minorities. In the twenty first century, AGLBIC will hopefully continue to serve the cause of "gay, lesbian and bisexual issues in counseling."

TCA call for programs

We encourage TAGLBIC members, and those interested in this topic, to develop programs pertinent to gay, lesbian, bisexual and transgender issues in counseling and submit a presentation proposal for the upcoming state conference. The theme of the 2002 TCA Professional Growth Conference is Counselors Online for the Future.

The conference is November 13-16 in Austin. TCA's Call for Programs includes Sectional Program Proposals to be presented on November 14 and 15, for 1.5 hours and 3.0 hours, and Pre-Conference and Post-Conference Workshop Proposals, at 3.25 and 6.0 hours.

The deadline for submitting all proposals is April 1, 2002. Notification of acceptance or rejection of program proposals will be mailed June 1, 2002. For more information regarding requirements, contact Texas Counseling Association at (512) 472-3403 or (800) 580-8144.