

College counselors
serve a vital role
in facilitating
personal and
academic adjustment



1204 San Antonio
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PROFESSIONAL COLLEGE COUNSELORS

COUNSEL • EMPOWER
SUPPORT • ENCOURAGE



The Texas Counseling Association is dedicated to providing leadership, advocacy and education to promote the growth and development of the counseling profession and those who are served.

The Texas Counseling Association

IT'S ABOUT PEOPLE



College Counselors are Qualified Professionals

Professional college counselors in Texas must complete a

- Masters or Doctoral degree in counseling or a related field
- Supervised post graduate internship

Additionally, many college counselors are Licensed Professional Counselors and must pass a licensure examination, participate in continuing education, and adhere to a national code of ethics.

College counselors are trained to address the needs of the individual student, helping them make informed choices and set goals. Services provided include:

- Assessment
- Career decision-making
- Personal counseling for relationship and mental health concerns
- Referrals to appropriate sources of support
- Disability issues
- Academic counseling

College counselors are educated professionals who work with college students to:

- Increase their academic success
- Promote their health and wellness
- Provide guidance as they develop life and career goals and plans

Counselors are needed on college campuses because students coming to college today are a more diverse group with many needs including:

- Seeking a new career to better care for their family
- Making a life transition and are re-defining their direction and future goals
- Being away from home for the first time, and searching for a new direction
- Returning to school after years of being out of the academic environment
- Developing coping strategies to reduce the symptoms of depression, anxiety or other mental health concerns.

College counselors help students develop skills for working through these challenges.

College counselors recognize that a student's development during the college years is multi-dimensional:

- interpersonal
- social
- physical
- emotional
- intellectual
- spiritual

As a result, many college counselors take a holistic approach, emphasizing the growth and development of the whole person in all of his/her dimensions.

Today's college students are arriving in greater numbers with a variety of needs and concerns. College counselors stand ready to assist students, recognizing that the students' abilities to effectively cope will have a great influence on academic performance and achievement.



Contact Information

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For Additional Information

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